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Alicante, Spain/

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Practice period: 29.03.2026-11.04.2026

RECEIVING COMPANY: INGEST LEVANTE S.L

Practice tutor: Navarro Sergio

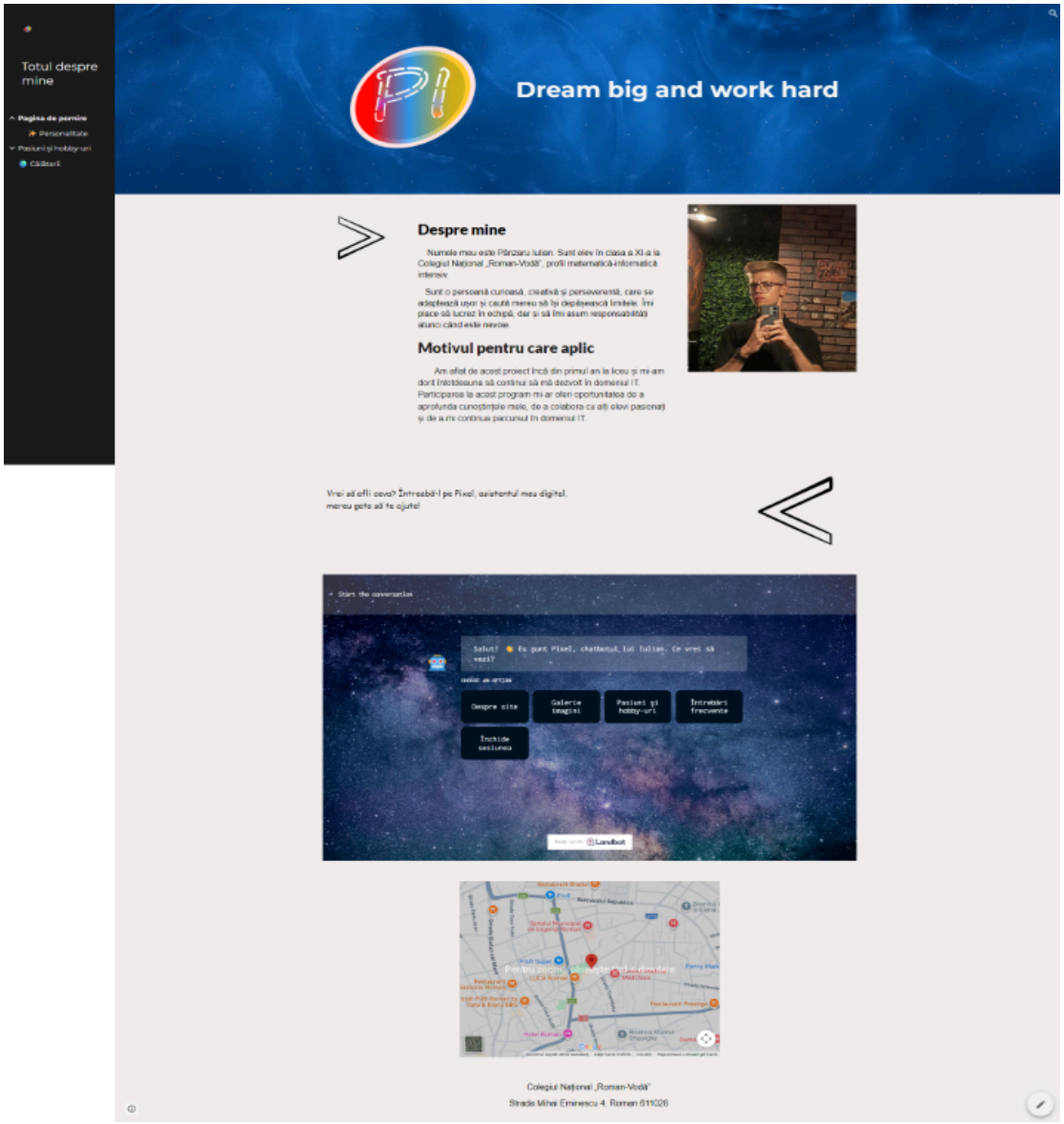
Participant: Pânzaru Iulian

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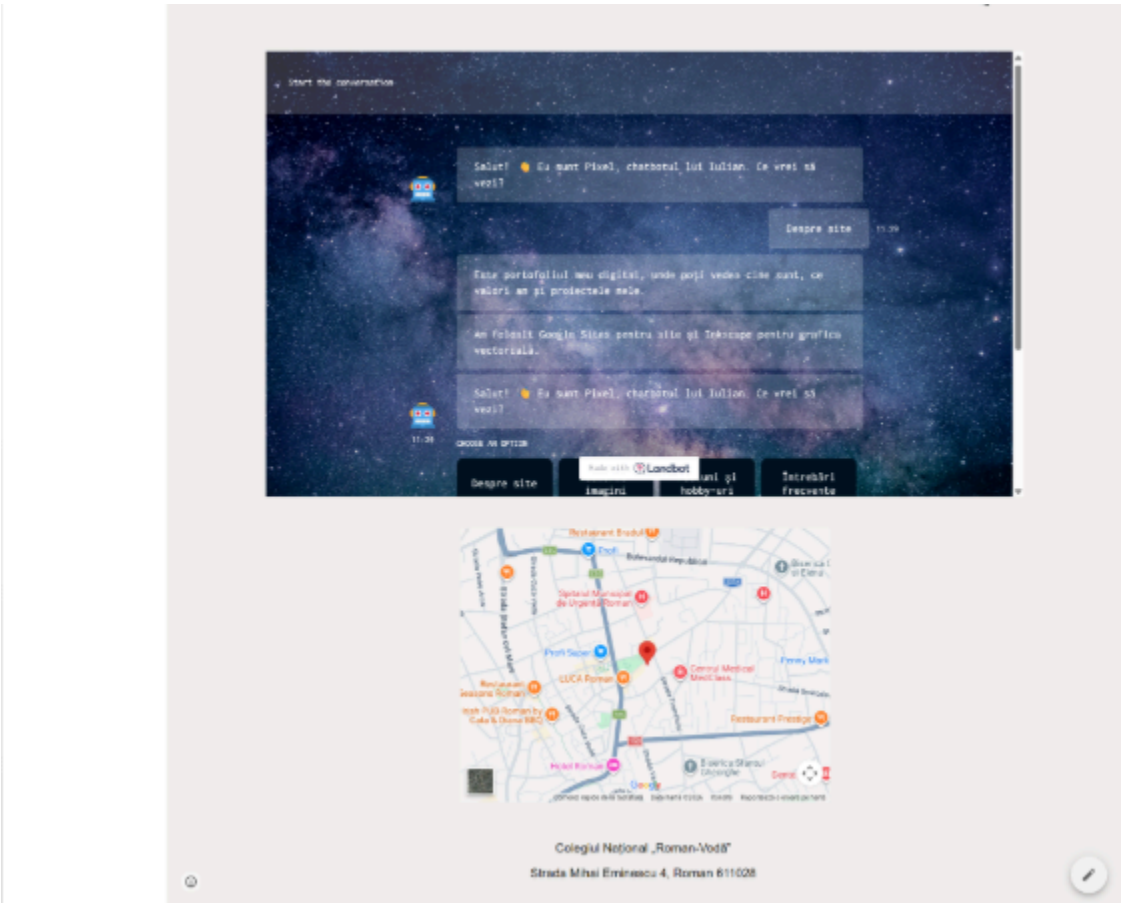
My selection site- Iulian



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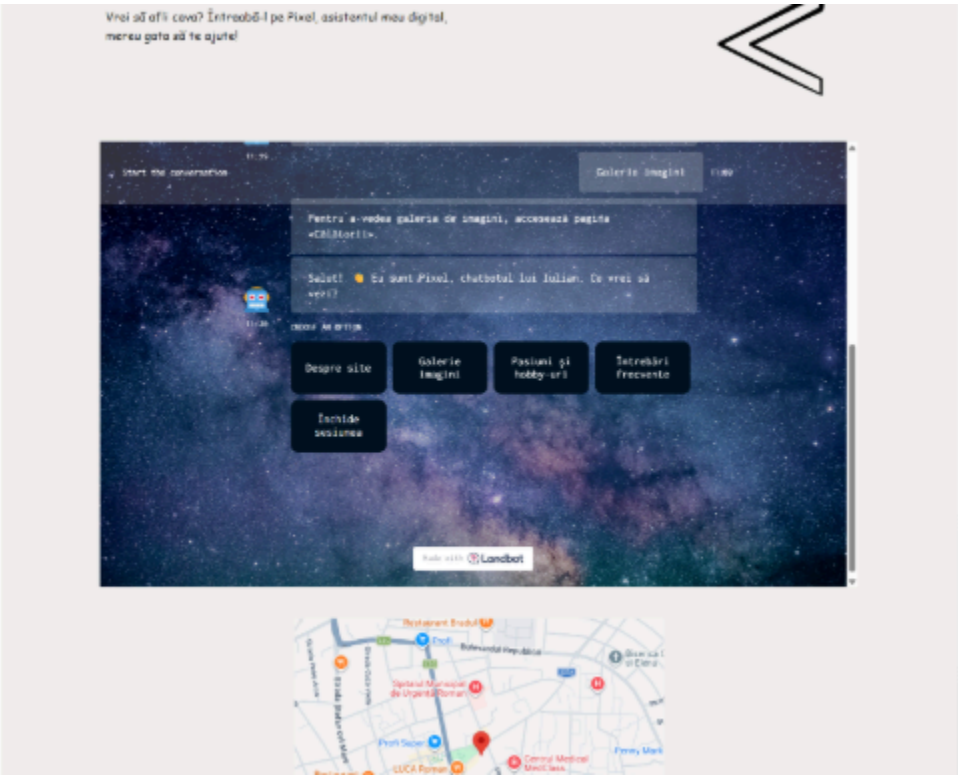
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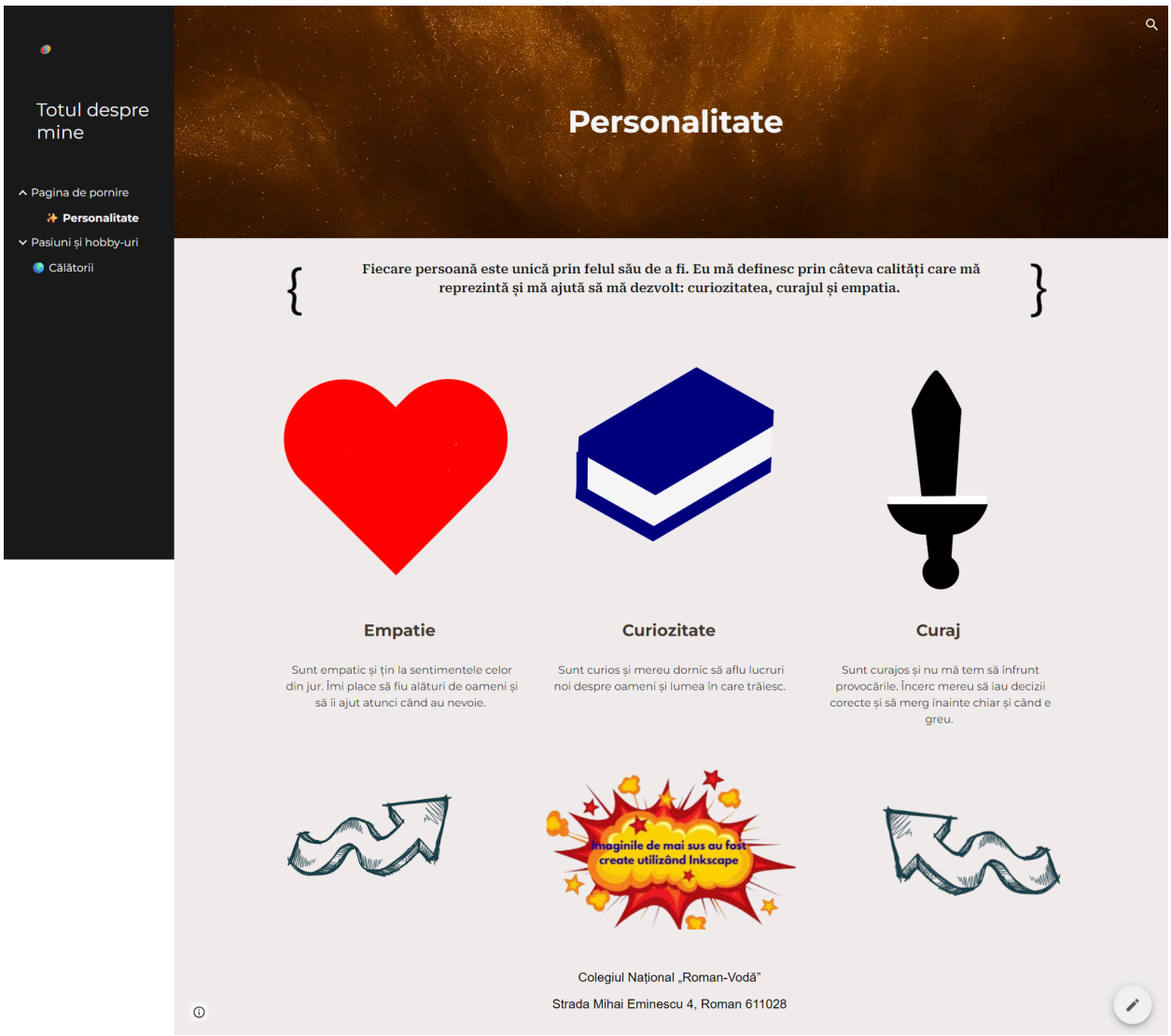
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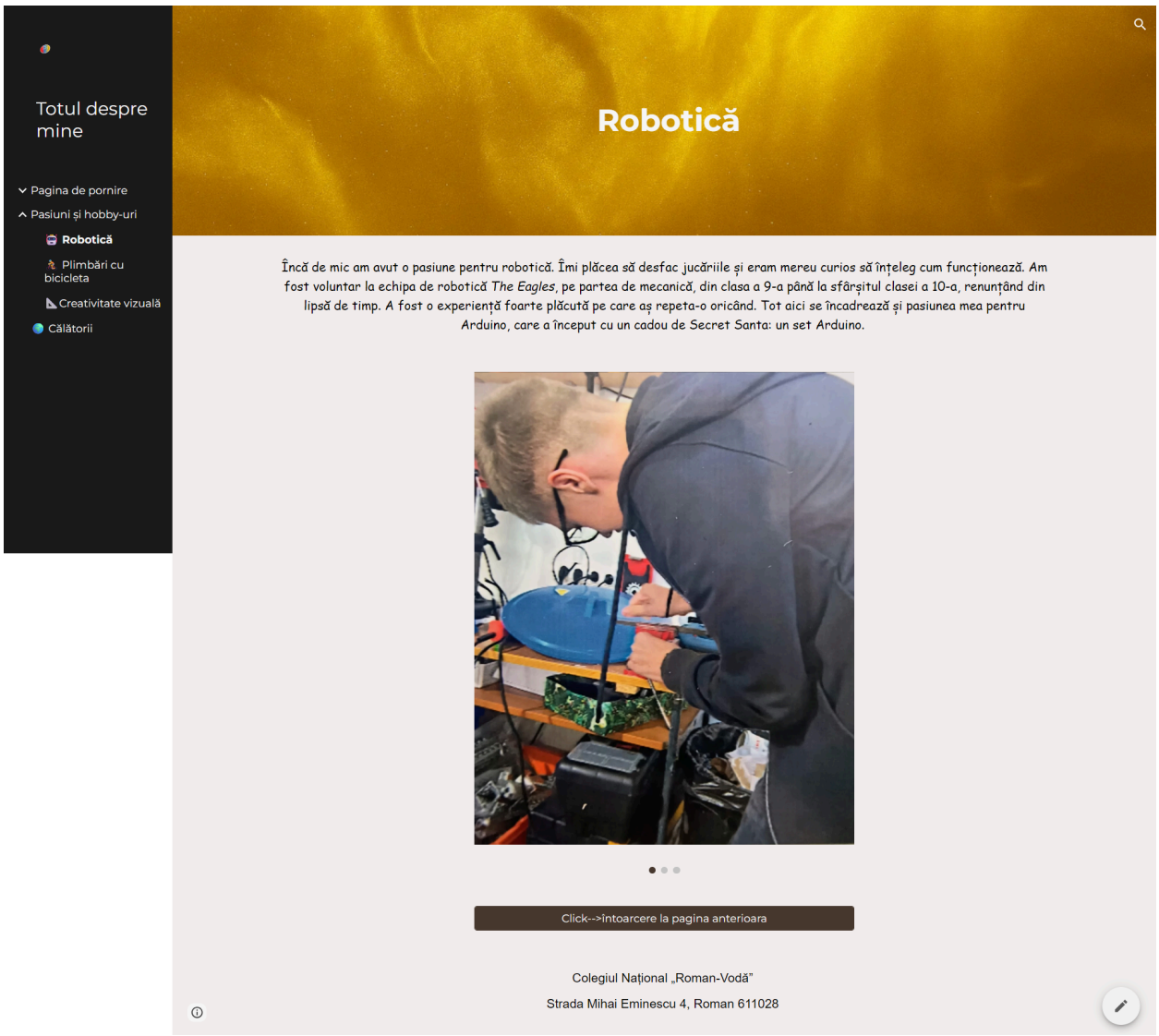
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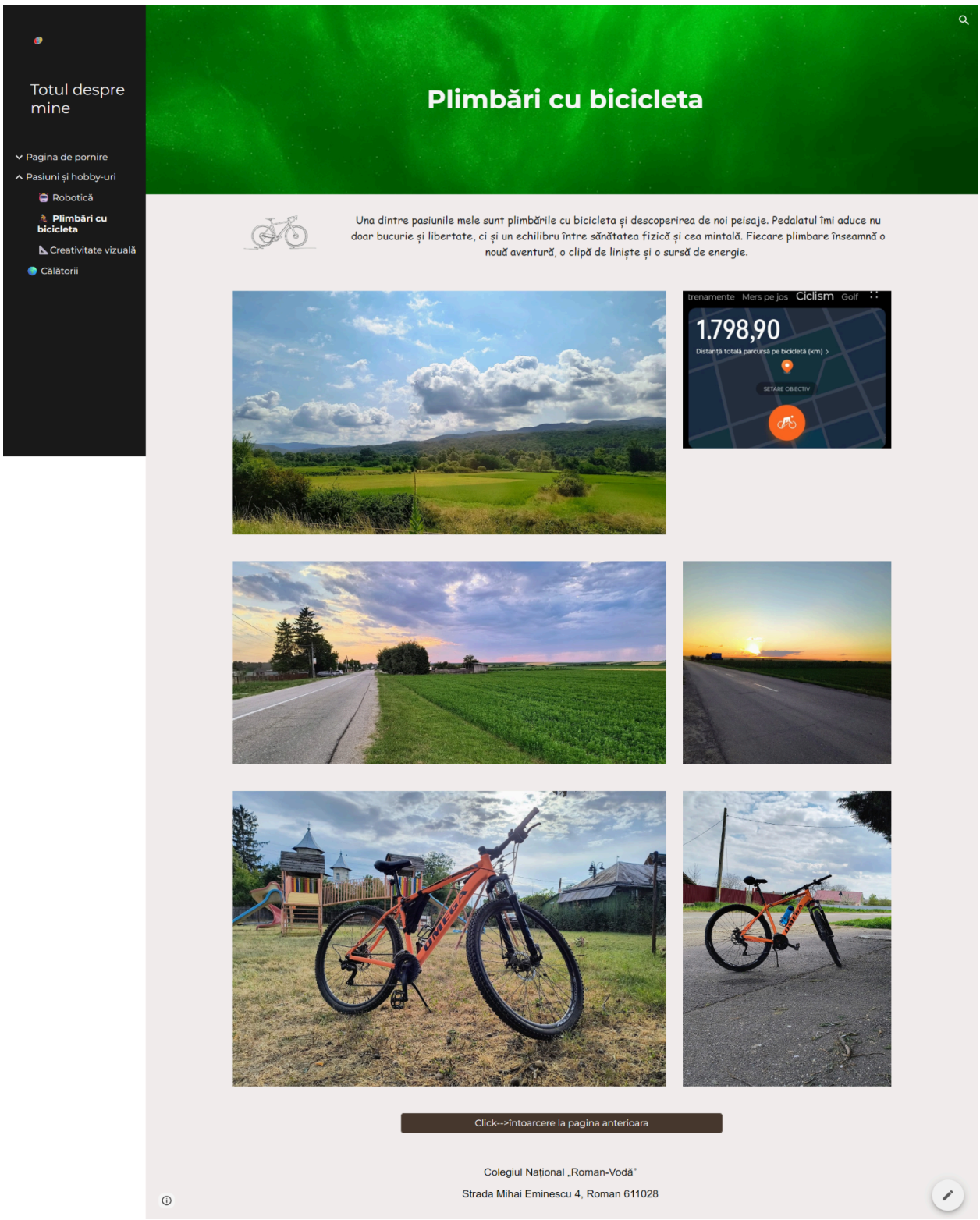
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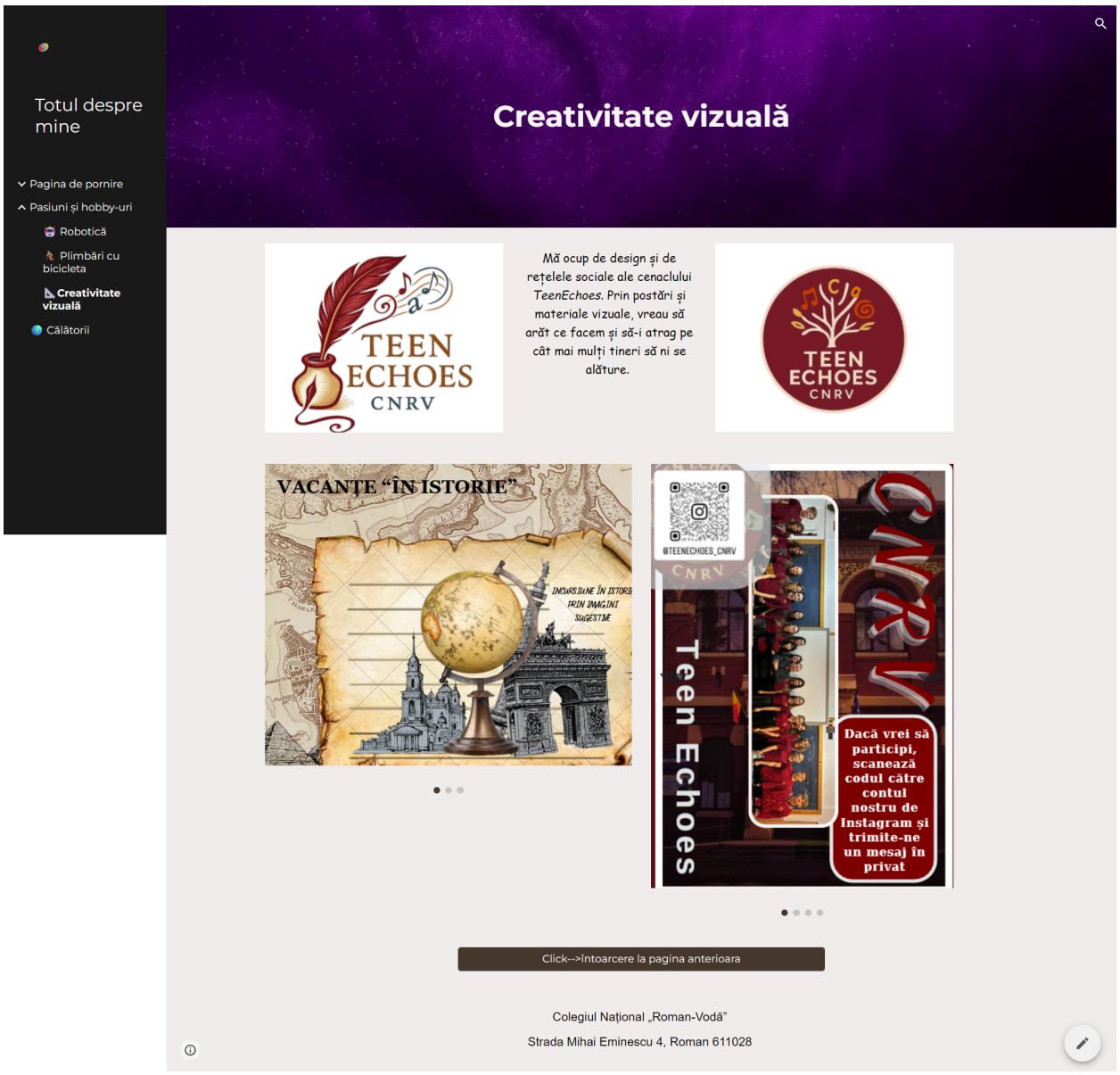
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Adolfo Suárez

Prim-ministrul care a condus Spania spre democrație

de Pânzaru Iulian

2025-1-RO01-KA121-VET-000319082

Cuprins



https://www.biografiasyvidas.com/biografia/s/fotos/suarez_adolfo.jpg

- Introducere
- Biografie și context istoric
- Reformele și tranziția democratică
- Moștenirea politică
- Tradiții ale culturii spaniole
- Personalități ale Spaniei moderne
- Concluzii
- Bibliografie

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Introducere





Adolfo Suárez a fost primul prim-ministru al Spaniei după dictatura lui Francisco Franco și principalul artizan al tranziției democratice. Scopul acestui proiect este de a evidenția rolul său în modernizarea statului spaniol, principalele reforme politice realizate și impactul asupra dezvoltării democrației în Spania

https://www.britannica.com/biography/Adolfo-Suarez.

Adolfo Suárez González s-a născut la 25 septembrie 1932, în Cebreros (provincia Ávila, Spania). A urmat studii de drept la Universitatea din Salamanca și a început cariera politică în cadrul regimului lui Francisco Franco, ocupând funcții în administrația publică.

https://www.biografiasyvidas.com/biografia/s/suarez_adolfo.html

După moartea lui Franco, în 1975, Spania trecea printr-o perioadă dificilă, având nevoie de o tranziție către democrație. Regele Juan Carlos I, dornic să modernizeze statul, l-a numit pe Adolfo Suárez prim-ministru în iulie 1976, deși era considerat o figură surprinzătoare la acea vreme.

https://rspc.voices.wooster.edu/wp-content/uploads/sites/74/2017/10/Transici%C3%B3n.pdf

Scopul său principal a fost inițierea reformelor politice care să pună bazele unui regim democratic, dar fără o ruptură violentă cu trecutul.

https://www.europapress.es/nacional/noticia-biografia-adolfo-suarez-timonel-transicion-20140323152551.html

Contextul istoric și începutul carierei

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Prima sa mare reușită a fost Legea pentru Reforma Politică (Ley para la Reforma Política), votată în 1976 și aprobată prin referendum în 1977. Aceasta a desființat treptat structurile dictaturii și a permis organizarea de alegeri libere.
https://es.wikipedia.org/wiki/Reforma_pol%C3%ADtica_de_Adolfo_Su%C3%A1rez

În iunie 1977 au avut loc primele alegeri democratice din Spania după aproape 40 de ani. Suárez a câștigat alegerile în fruntea partidului Unión de Centro Democrático (UCD).
https://www.europapress.es/nacional/noticia-biografia-adolfo-suarez-timonel-transicion-20140323152551.html

Tot în acea perioadă au fost semnate Pactele de la Moncloa (1977), acorduri între guvern, partidele politice, sindicate și patronat, menite să stabilizeze economia și să evite conflictele sociale.
https://es.wikipedia.org/wiki/Pactos_de_la_Moncloa

Punctul culminant al reformelor sale a fost Constituția Spaniei din 1978, care a consacrat țara ca monarhie constituțională și a garantat libertățile fundamentale.
https://www.britannica.com/topic/Constitution-of-Spain

Deși a condus cu succes tranziția democratică, Suárez s-a confruntat cu mari dificultăți: conflicte între partidele politice, criza economică, creșterea șomajului și atacurile teroriste ale grupării ETA.
https://www.britannica.com/biography/Adolfo-Suarez

În ianuarie 1981, obosit de tensiuni și pierzând sprijinul politic, Suárez și-a dat demisia din funcția de prim-ministru. Câteva săptămâni mai târziu, Spania a trecut printr-o tentativă de lovitură de stat, care a fost înăbușită de Regele Juan Carlos I.
https://www.upi.com/Archives/1981/01/29/Adolfo-Suarez-Resigned-prime-minister-of-Spain/6807349592400/

După retragerea din viața politică, a primit titlul de Duce de Suárez, ca recunoaștere a contribuției sale decisive la democratizarea Spaniei. Moștenirea sa politică rămâne una a dialogului, curajului și moderației.
https://www.biografiasyvidas.com/biografia/s/suarez_adolfo.htm



https://www.alamy.com/stock-photo/king-juan-carlos-and-adolfo-suarez.html?utm_source=chatgpt.com



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Spania este o țară bogată în tradiții culturale, multe dintre ele transmise din generație în generație. Printre cele mai cunoscute se numără dansul flamenco, recunoscut ca parte a patrimoniului cultural UNESCO, coridele (luptele cu tauri), precum și numeroasele fiestas (sărbători locale) organizate în fiecare regiune.



Gastronomia este, de asemenea, o parte importantă a identității spaniole – paella, tapas și churros fiind preparate tradiționale foarte populare.

https://www.spain.info/en/

Tradiții ale culturii spaniole



Concluzii

Am ales să vorbesc despre Adolfo Suárez deoarece a fost o figură esențială în istoria Spaniei moderne, iar acțiunile sale în perioada tranziției democratice oferă lecții valoroase despre curaj, dialog și responsabilitate.

Adolfo Suárez a avut un rol decisiv în transformarea Spaniei într-o democrație modernă. Prin reformele sale politice și prin colaborarea strânsă cu Regele Juan Carlos I, a reușit să asigure o tranziție pașnică de la dictatură la libertate politică. Moștenirea sa rămâne un exemplu de leadership autentic și dedicat binelui comun.

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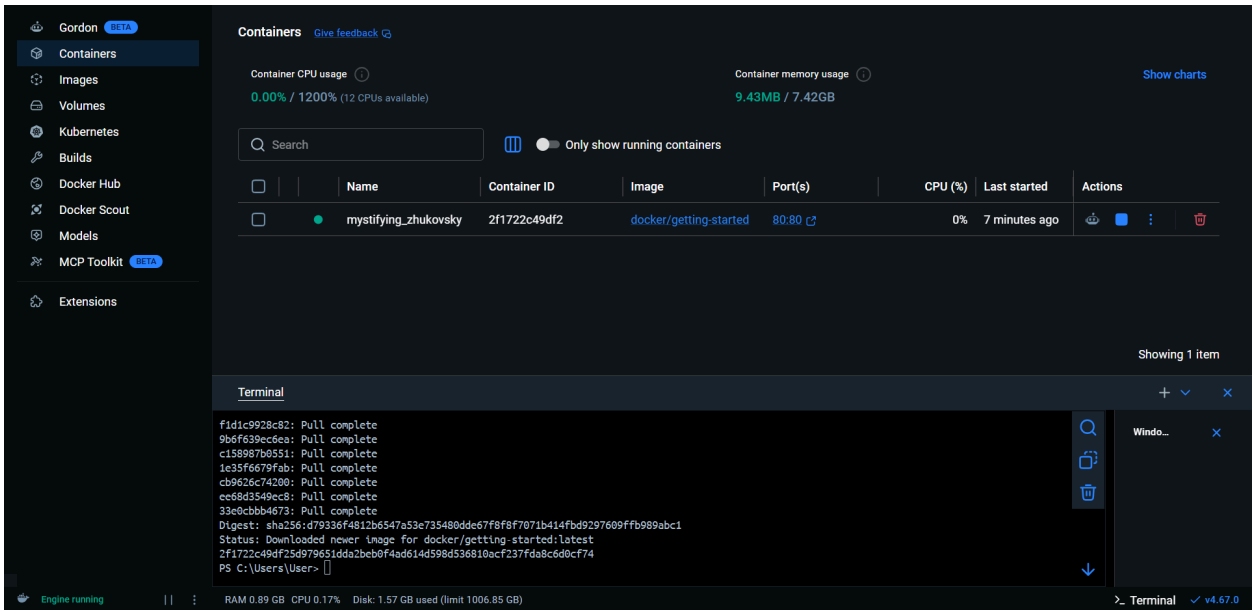
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5. https://www.britannica.com/biography/Juan-Carlos-I
6. https://www.britannica.com/biography/Felipe-Gonzalez

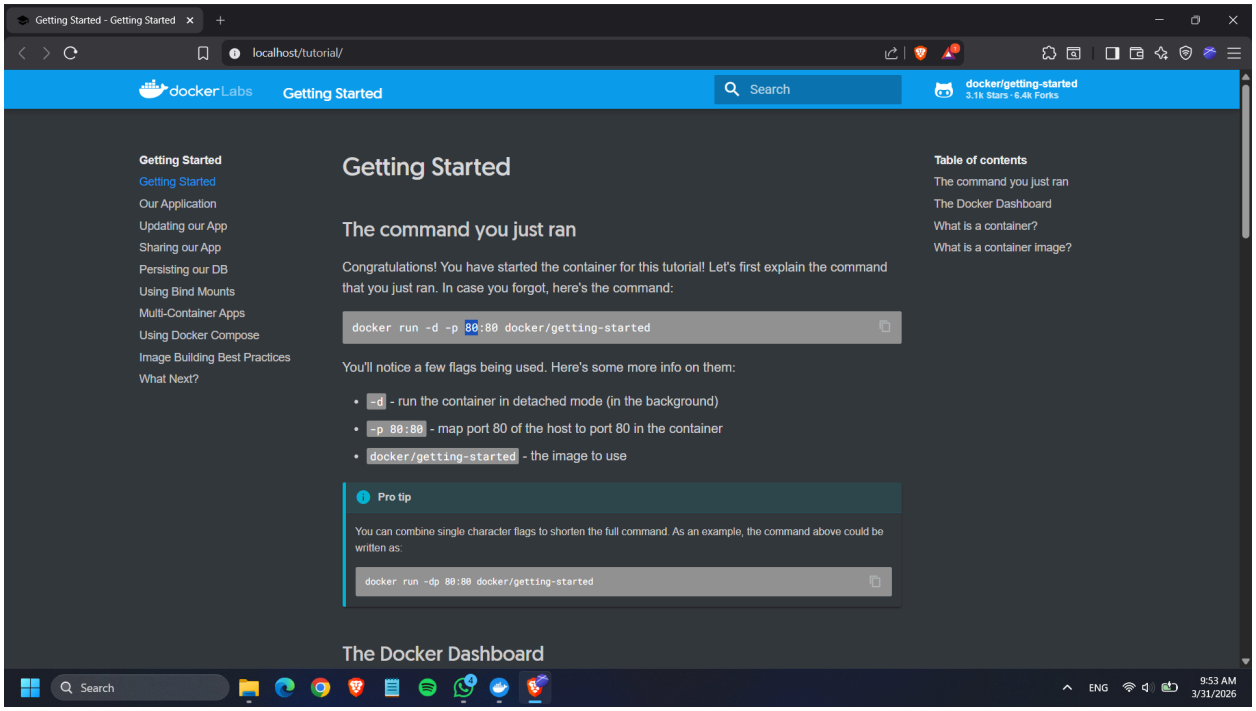
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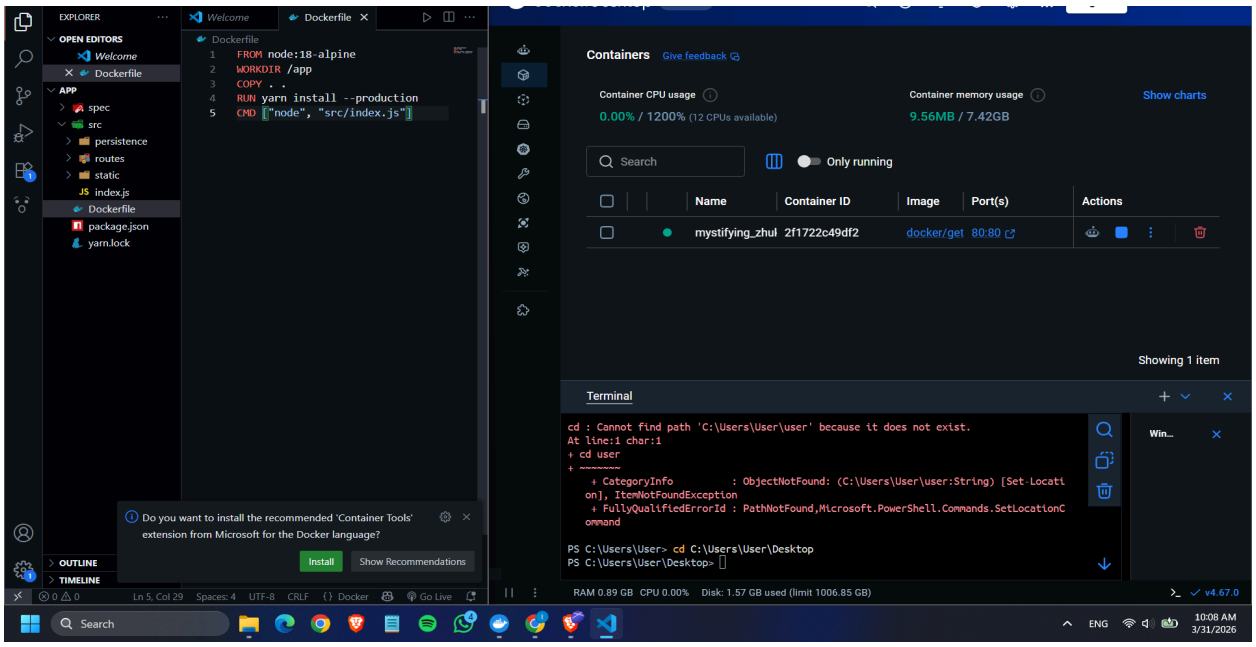


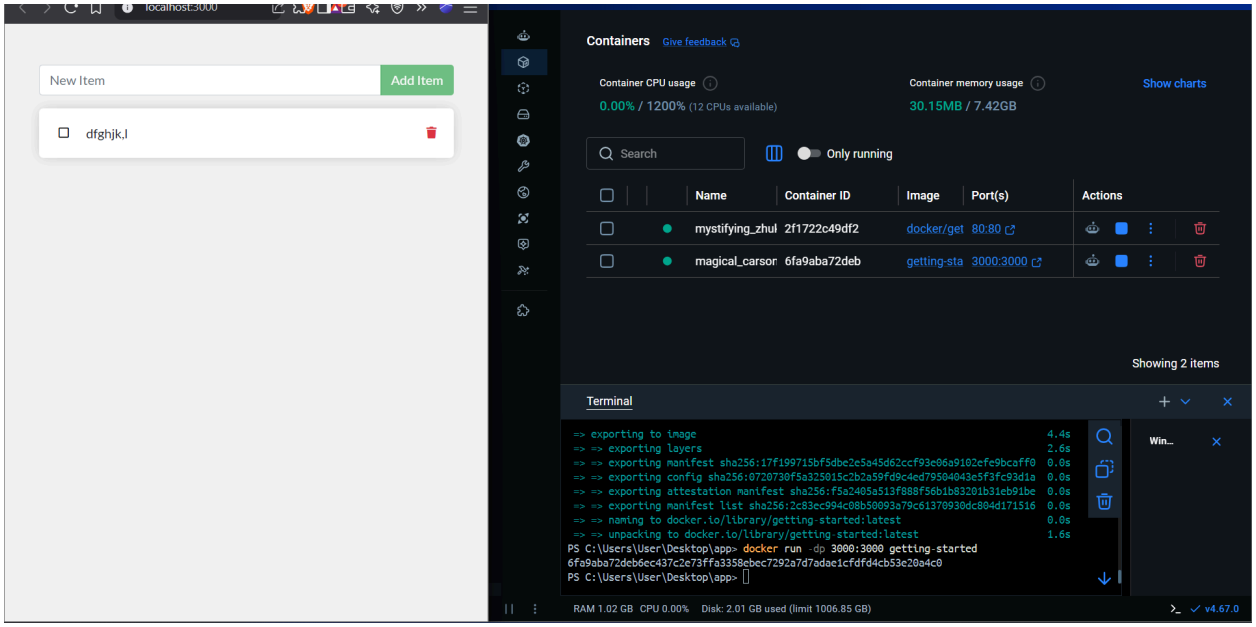
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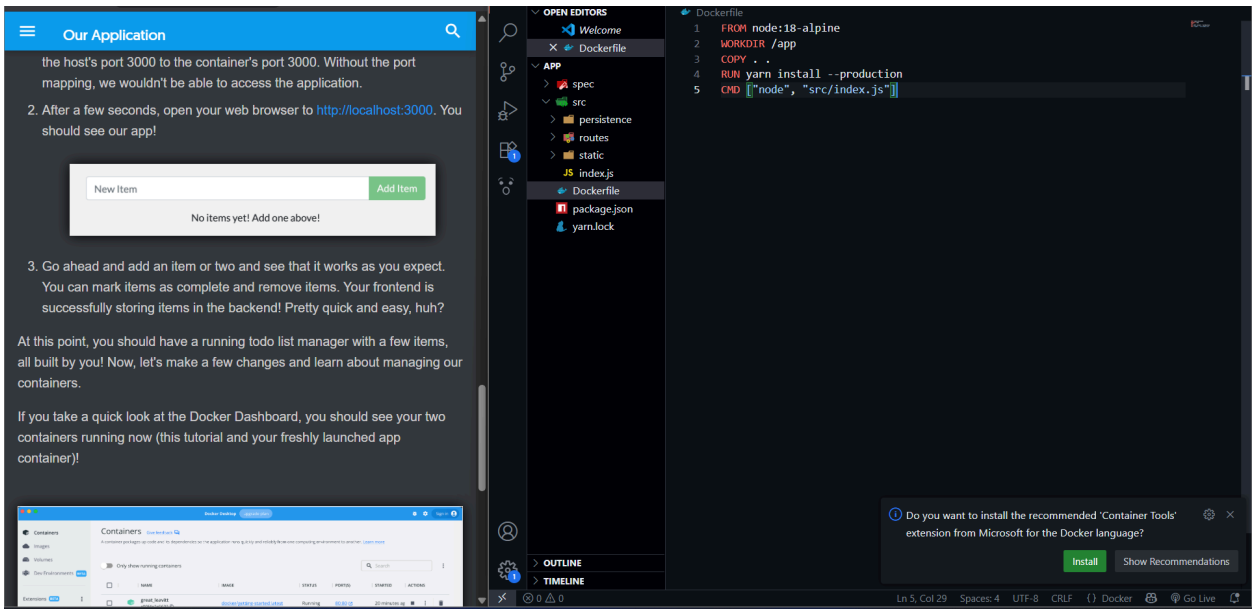


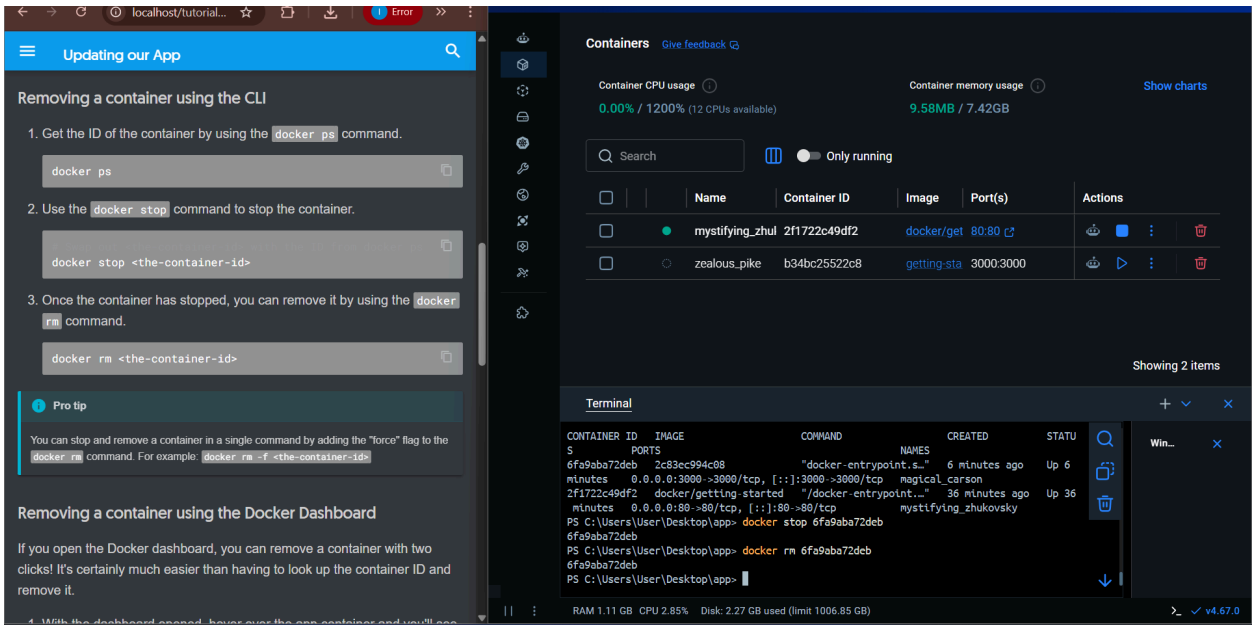
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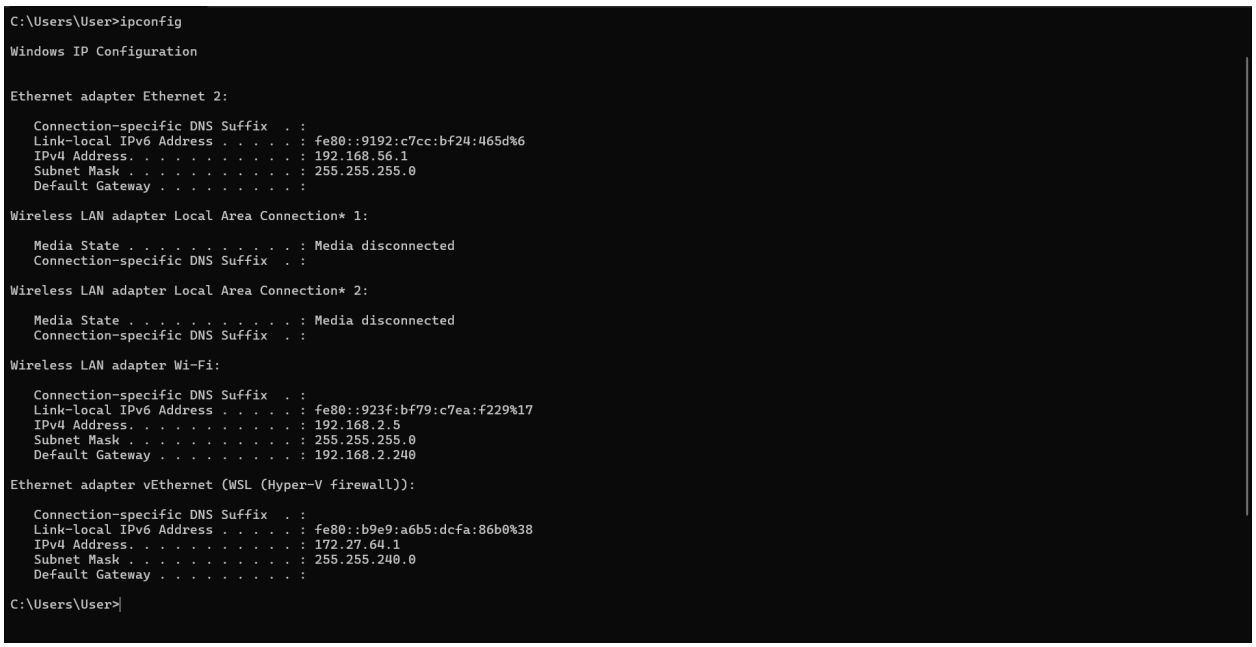


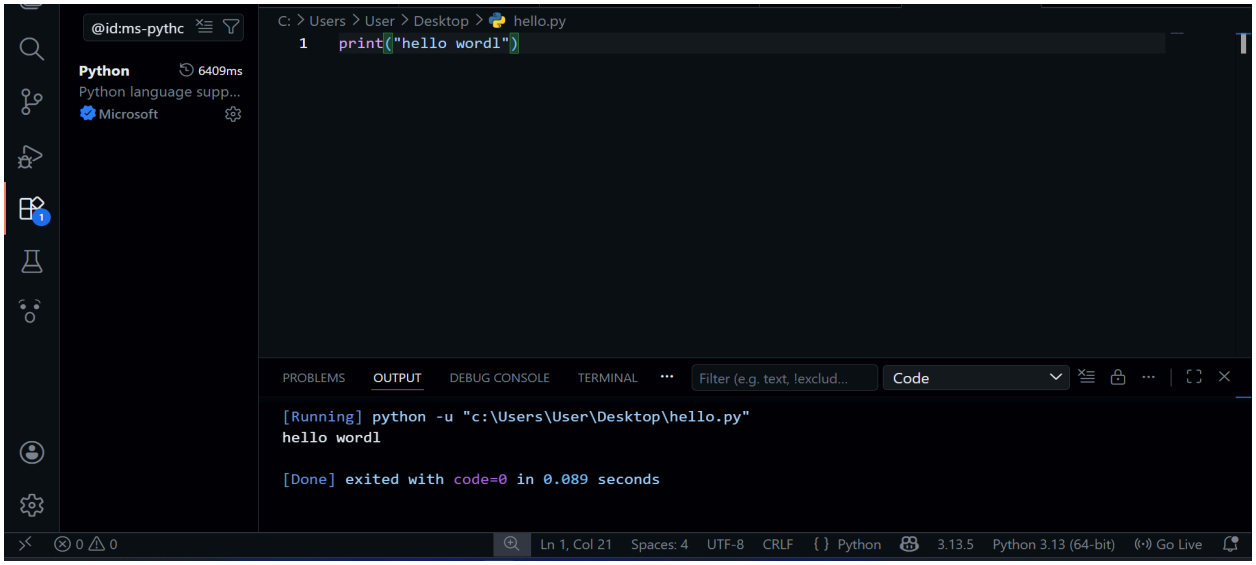


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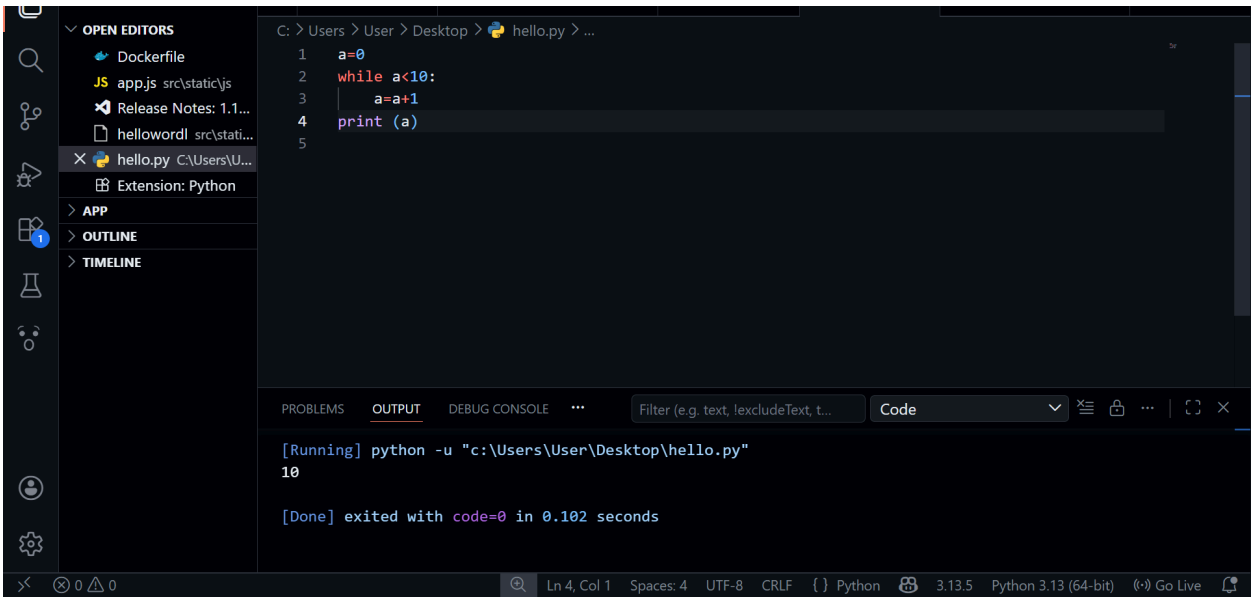


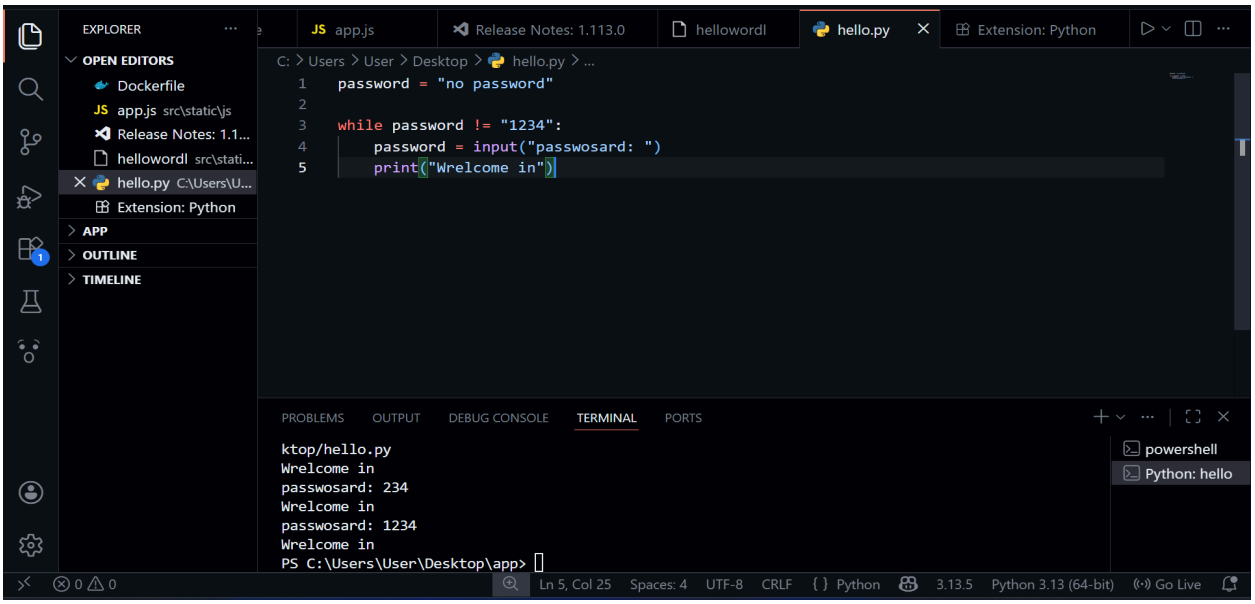
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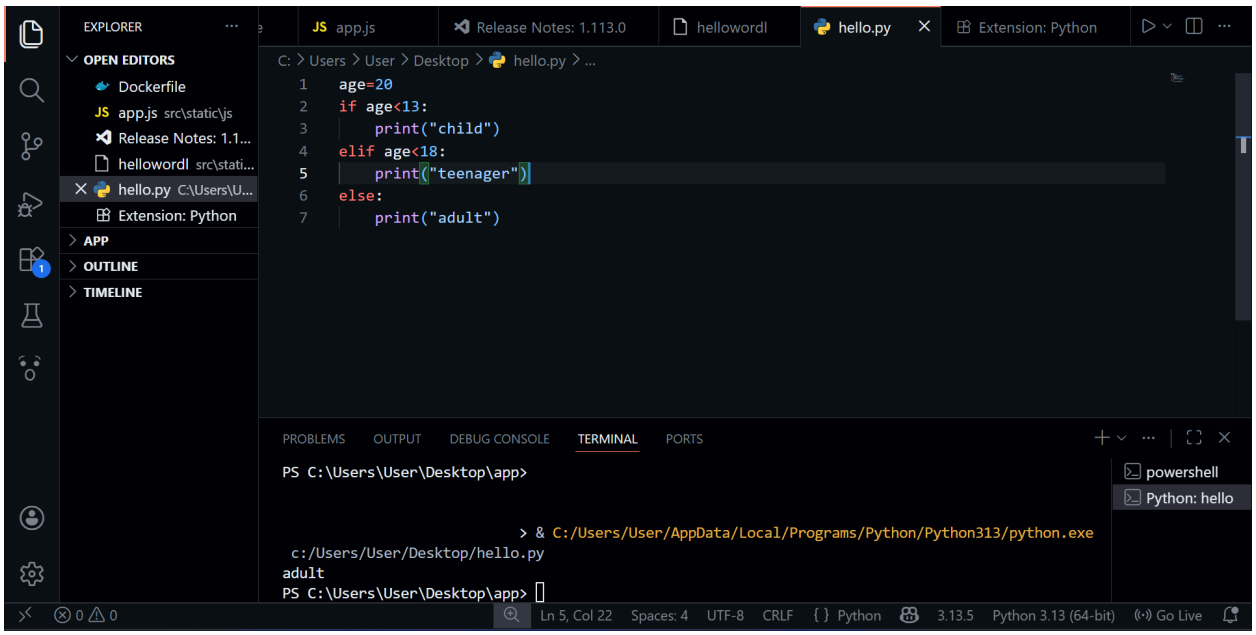


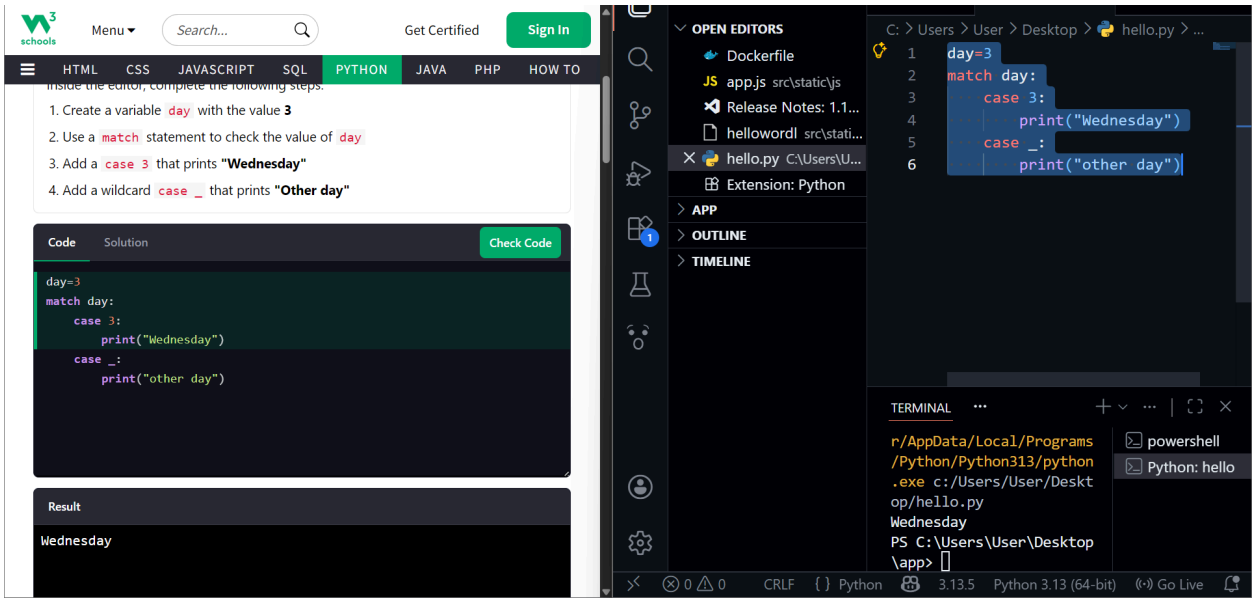
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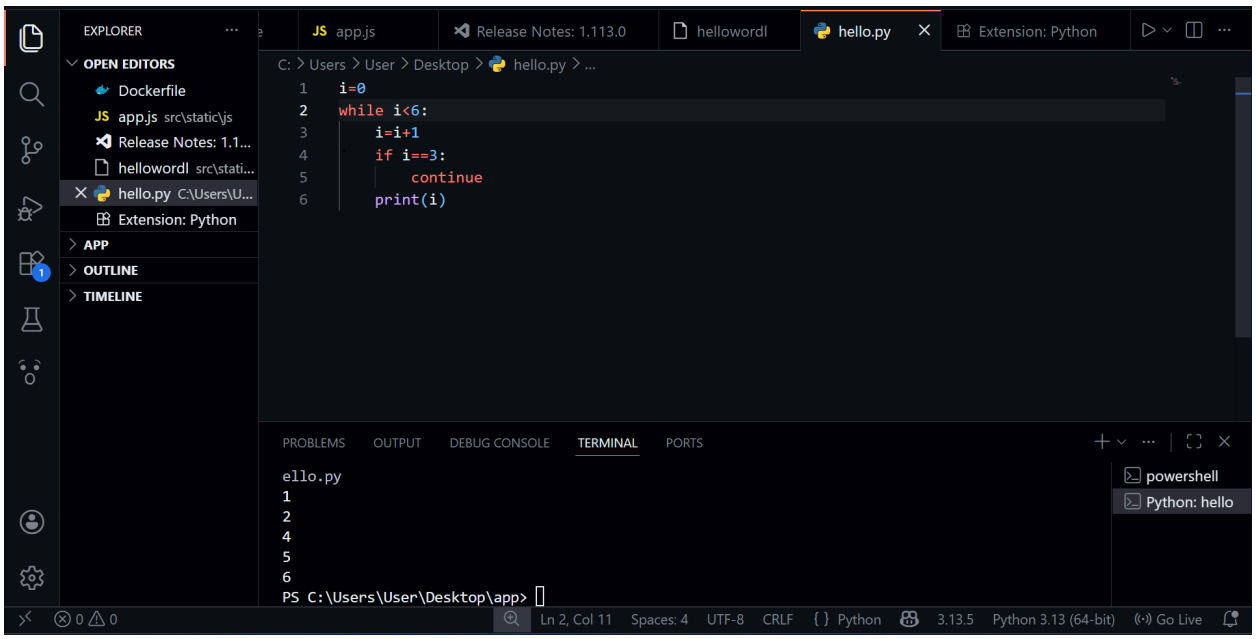


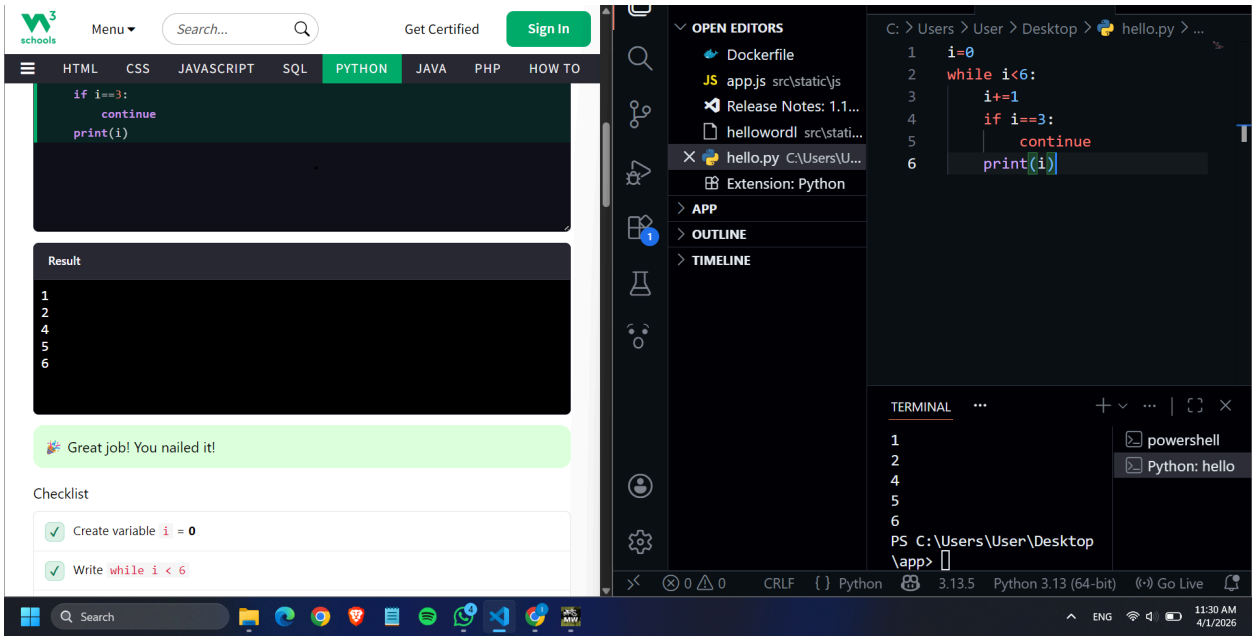
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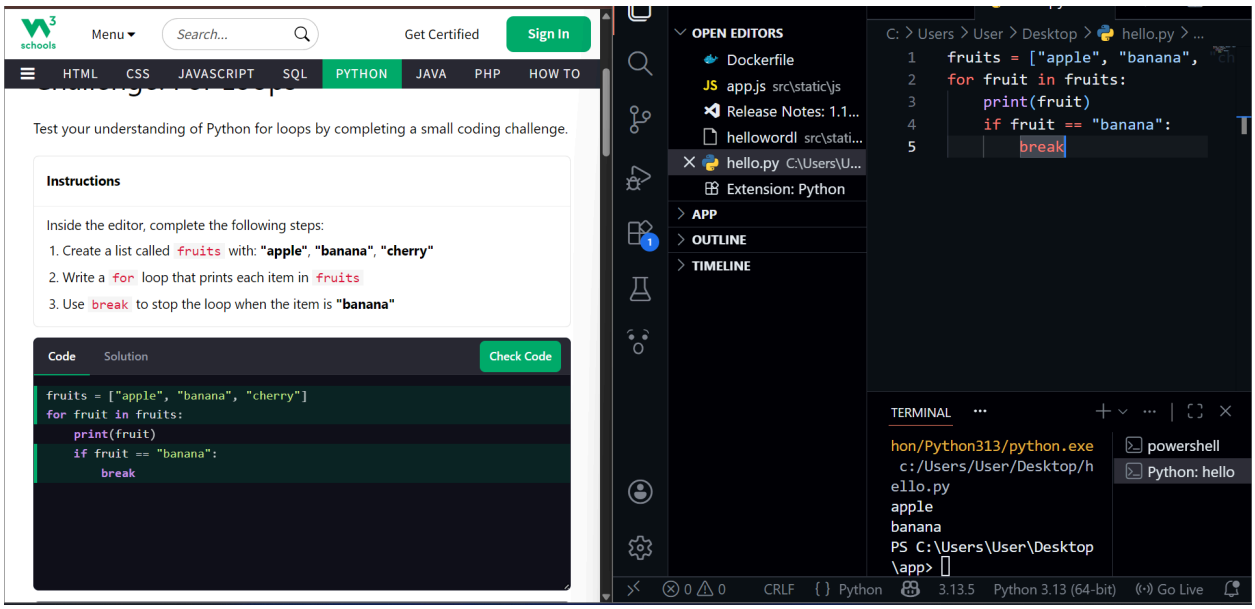


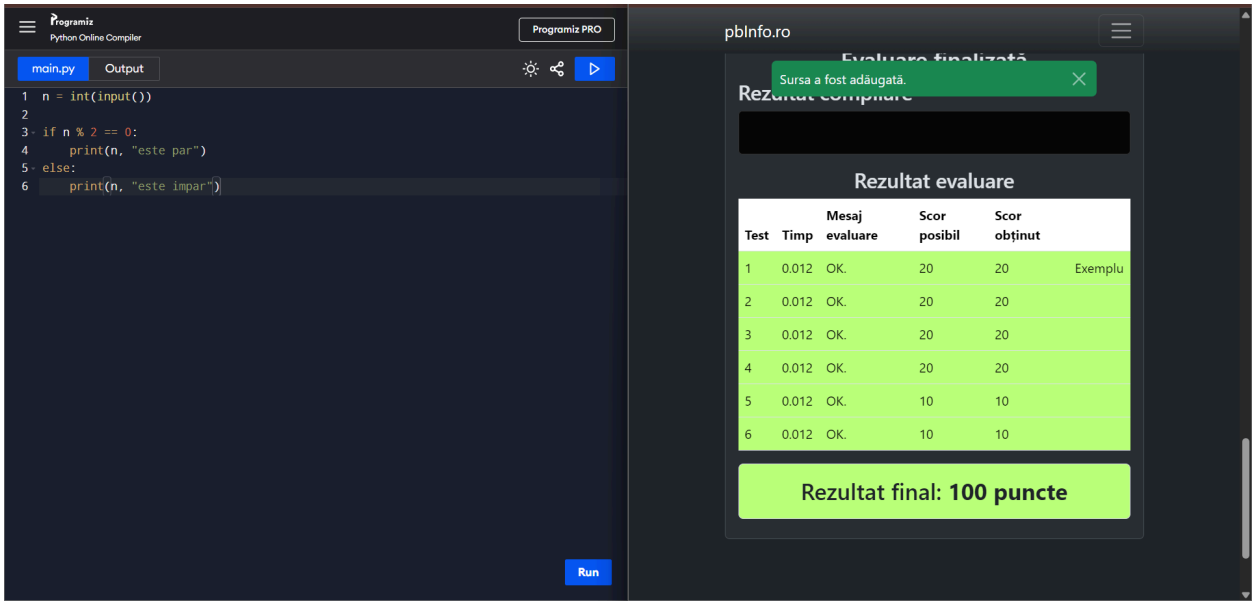
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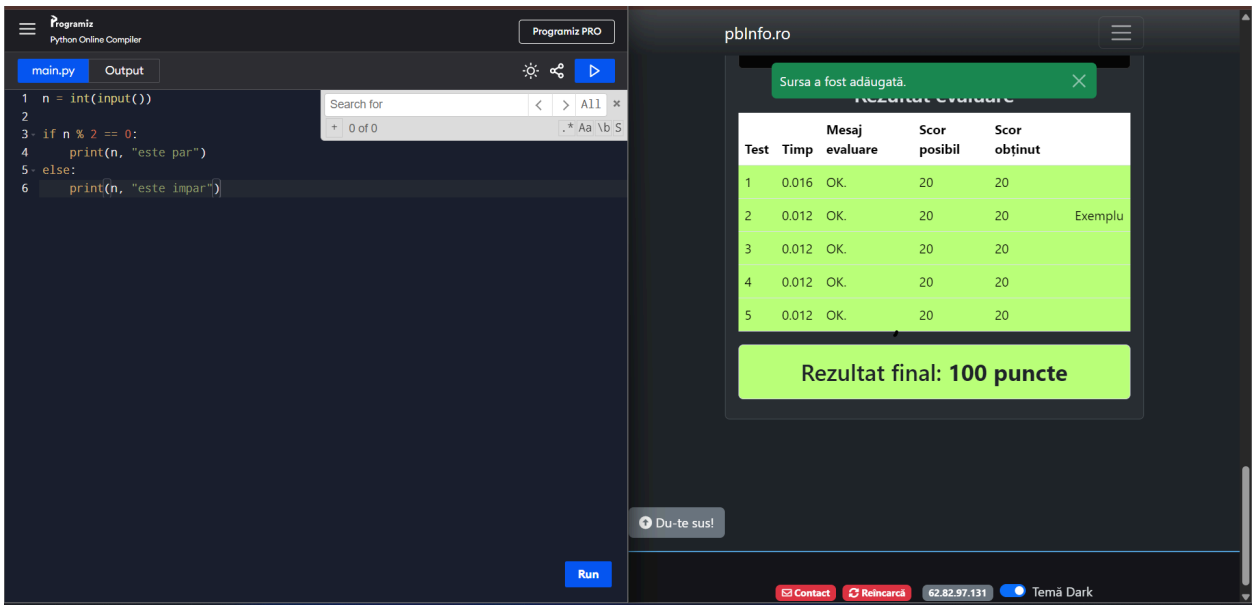


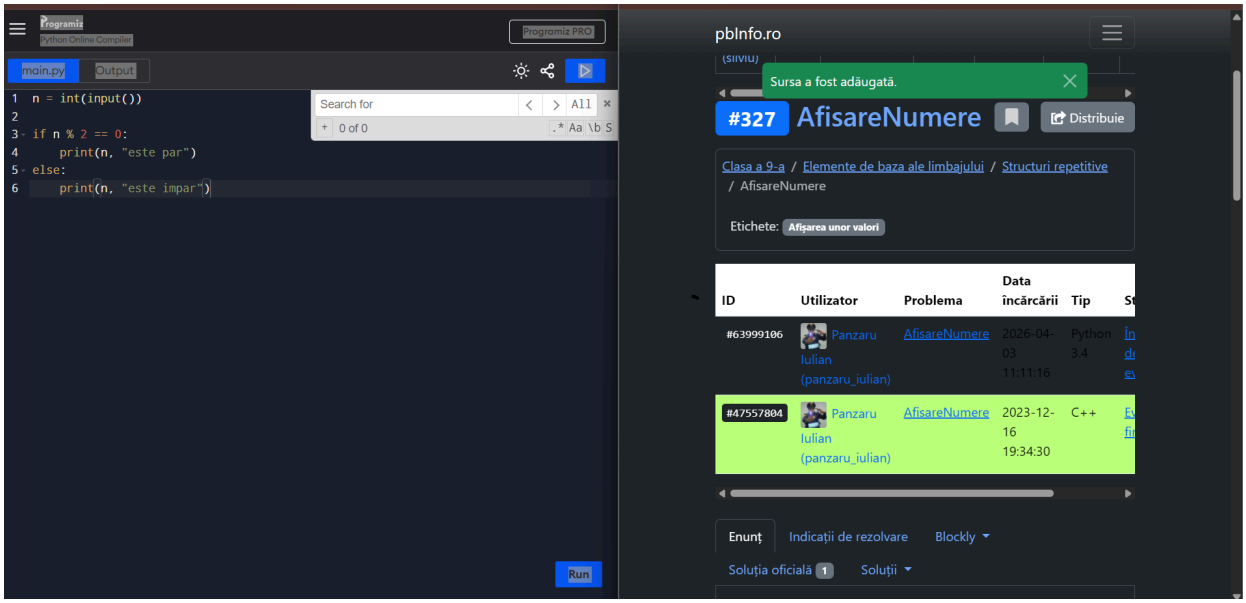
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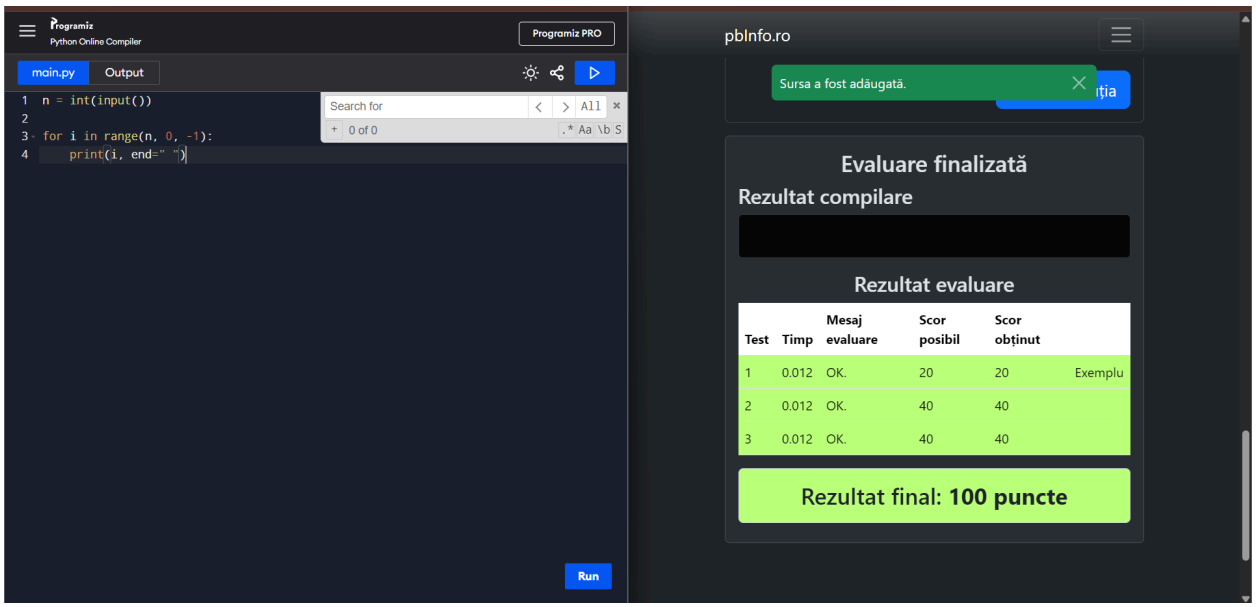


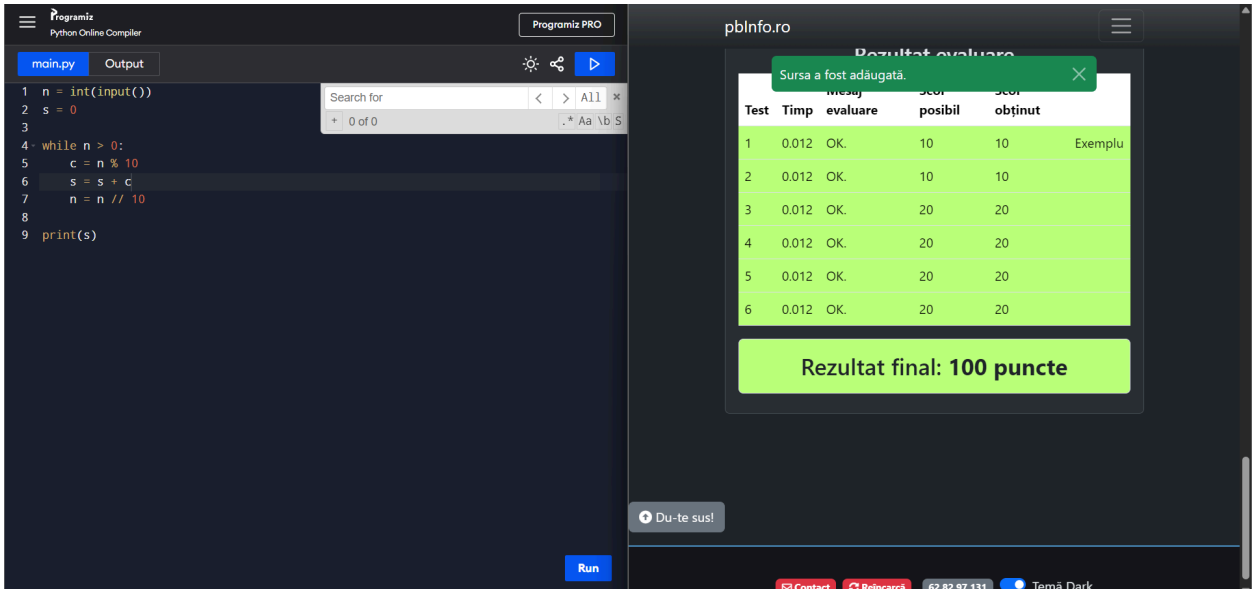
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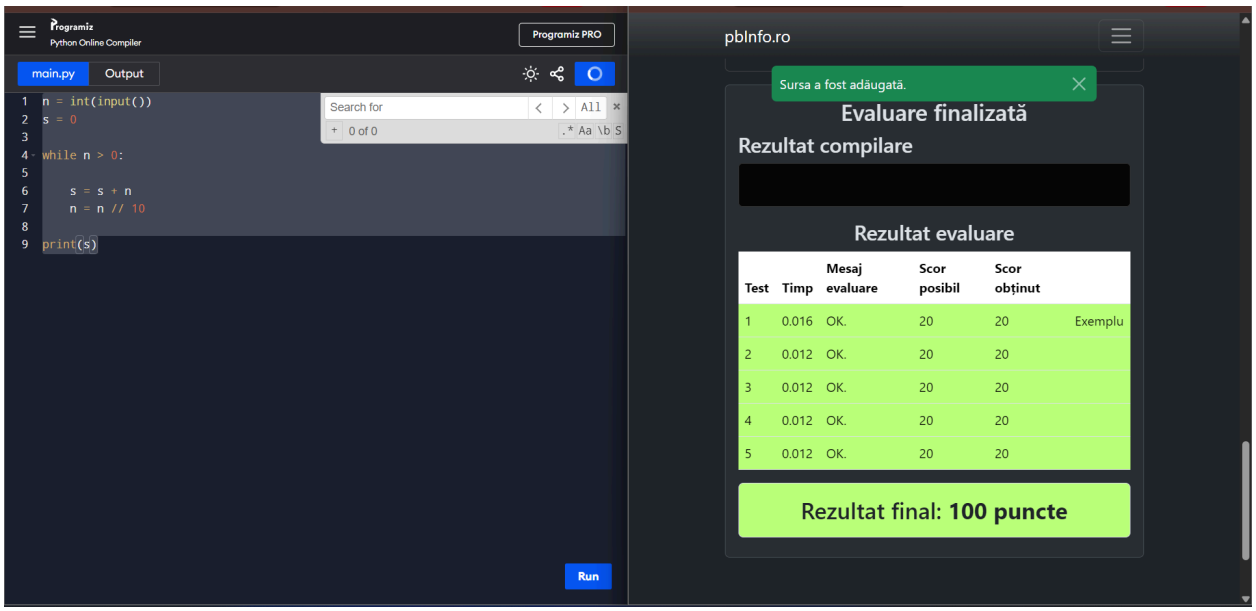


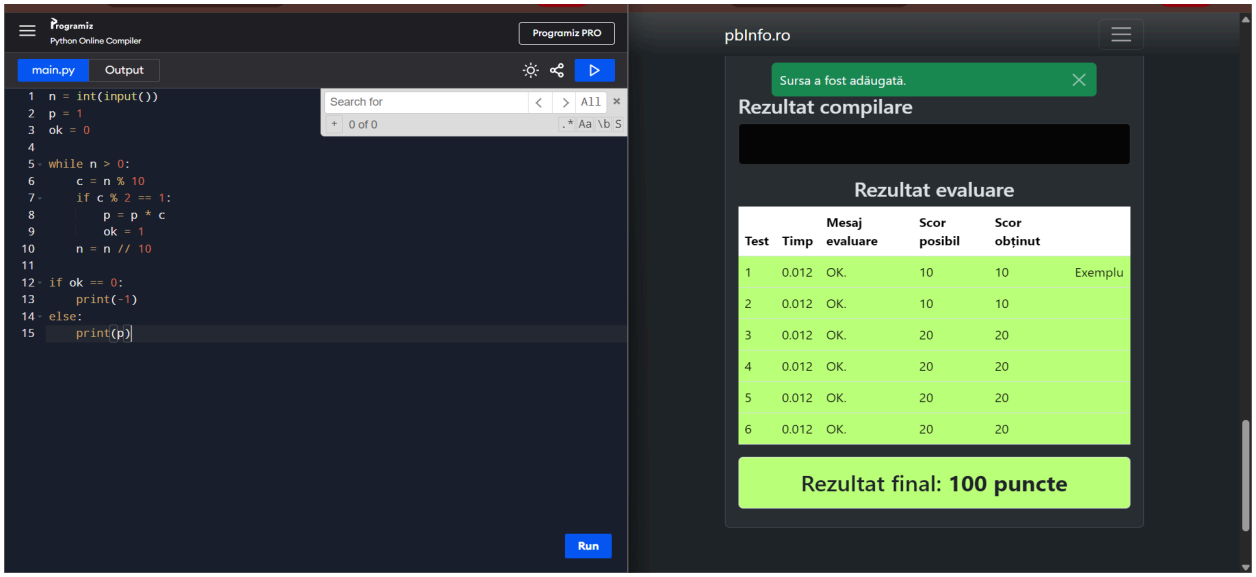


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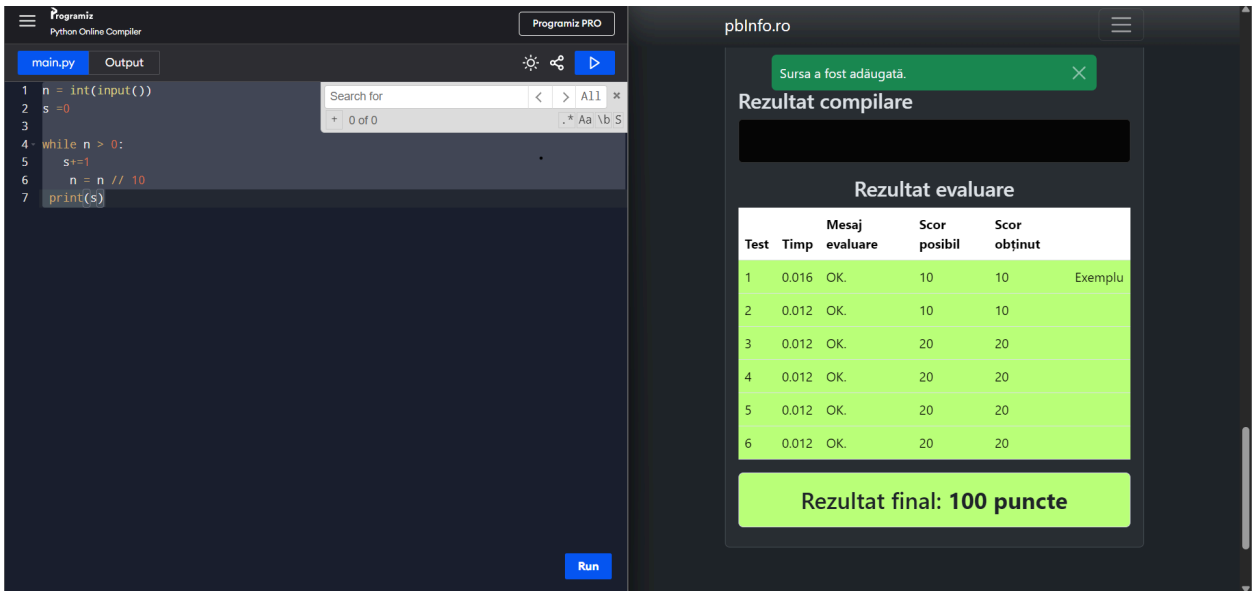


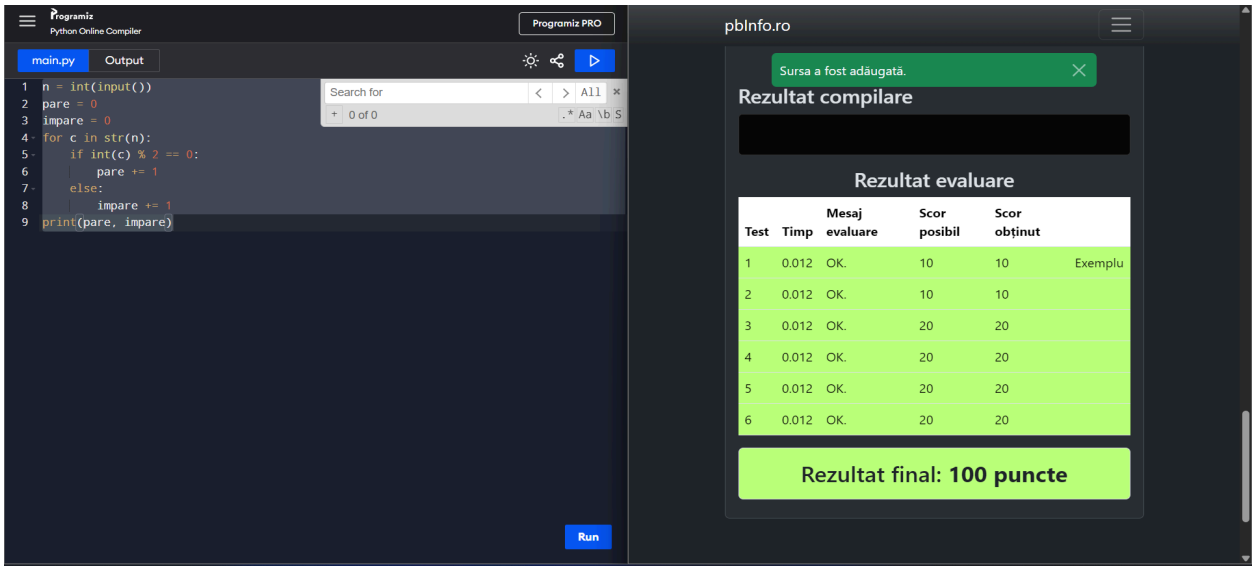


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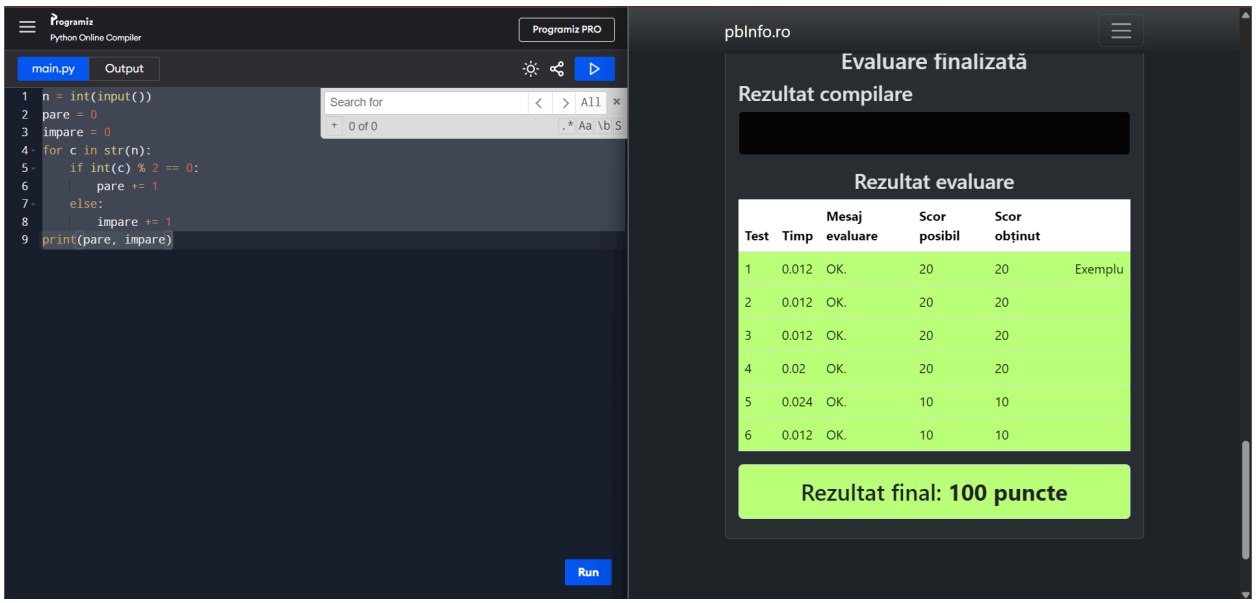


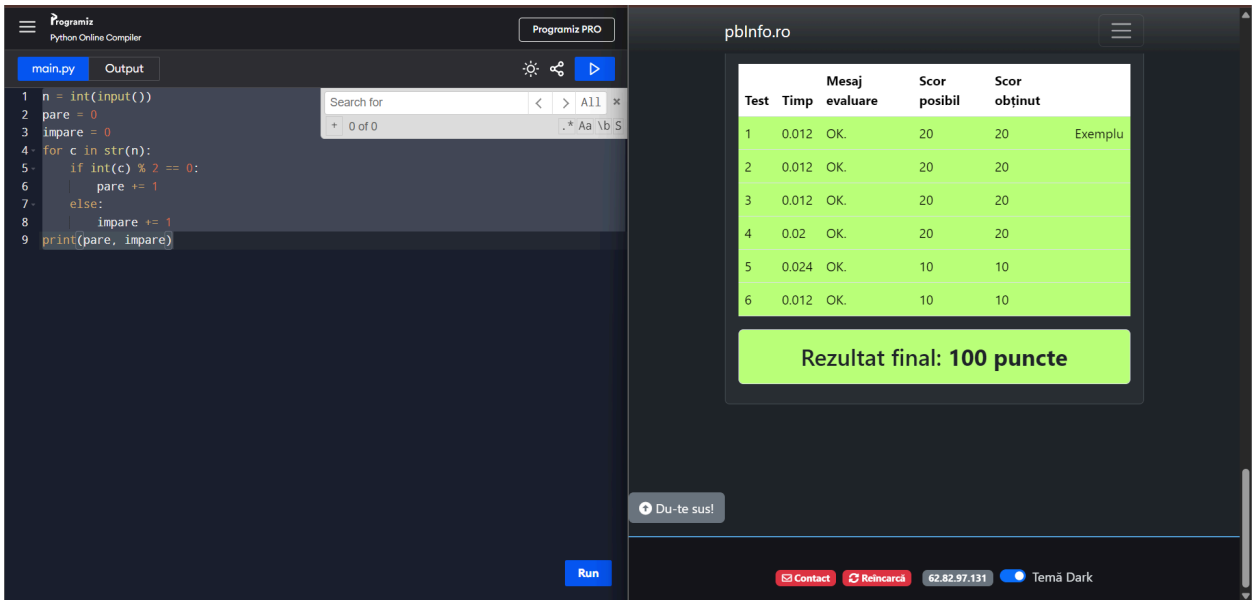
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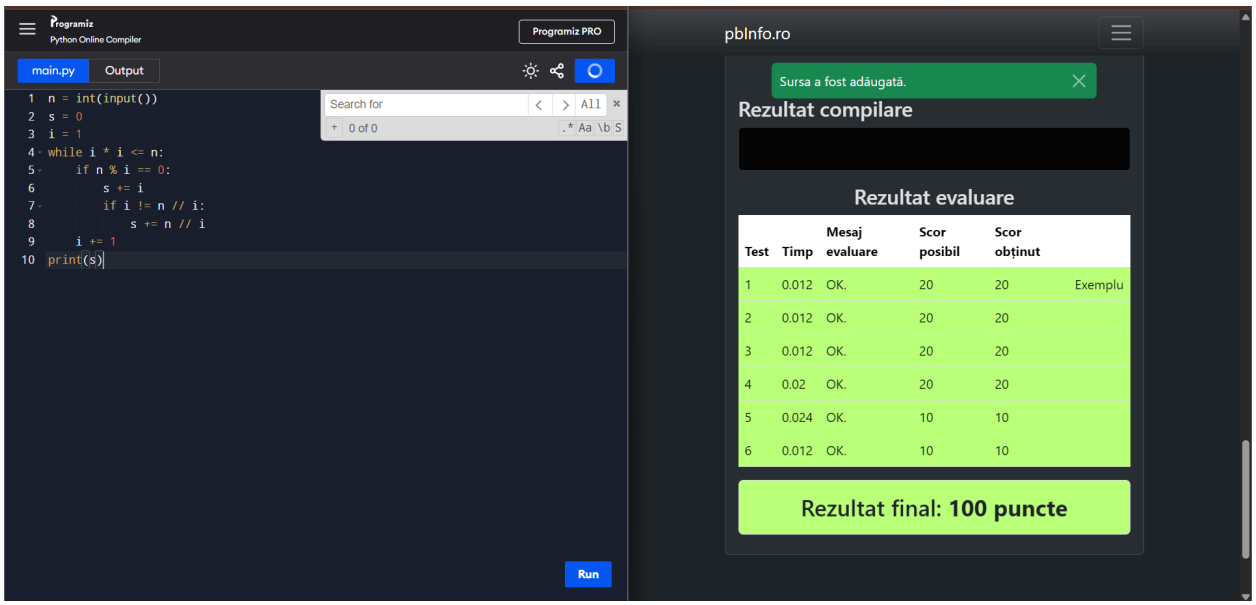


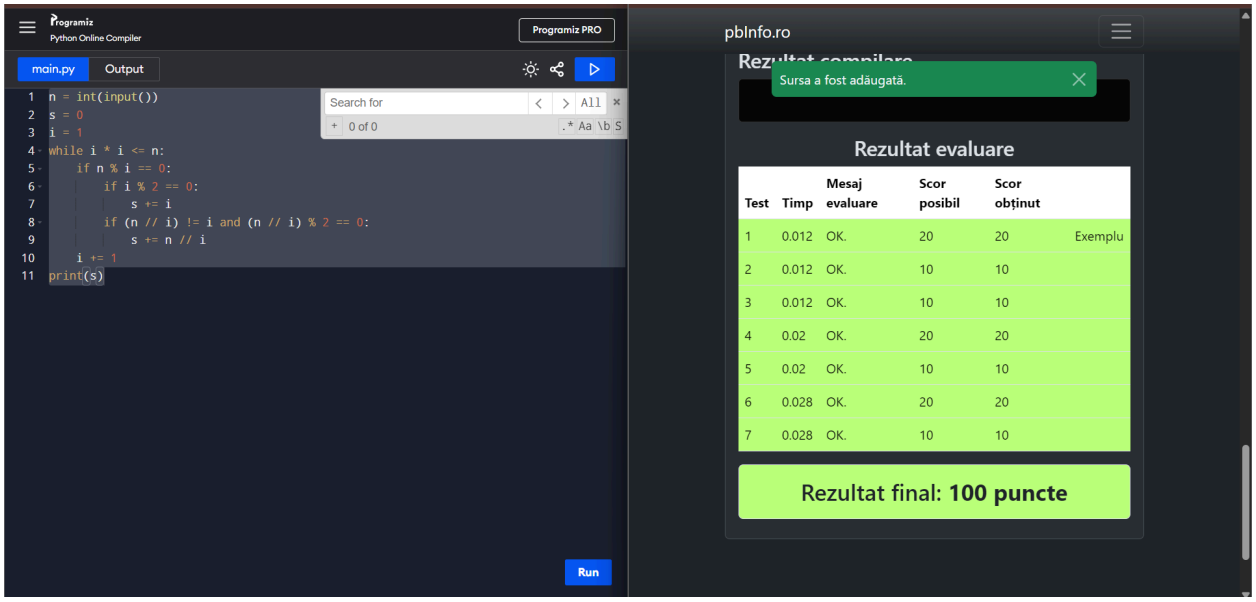
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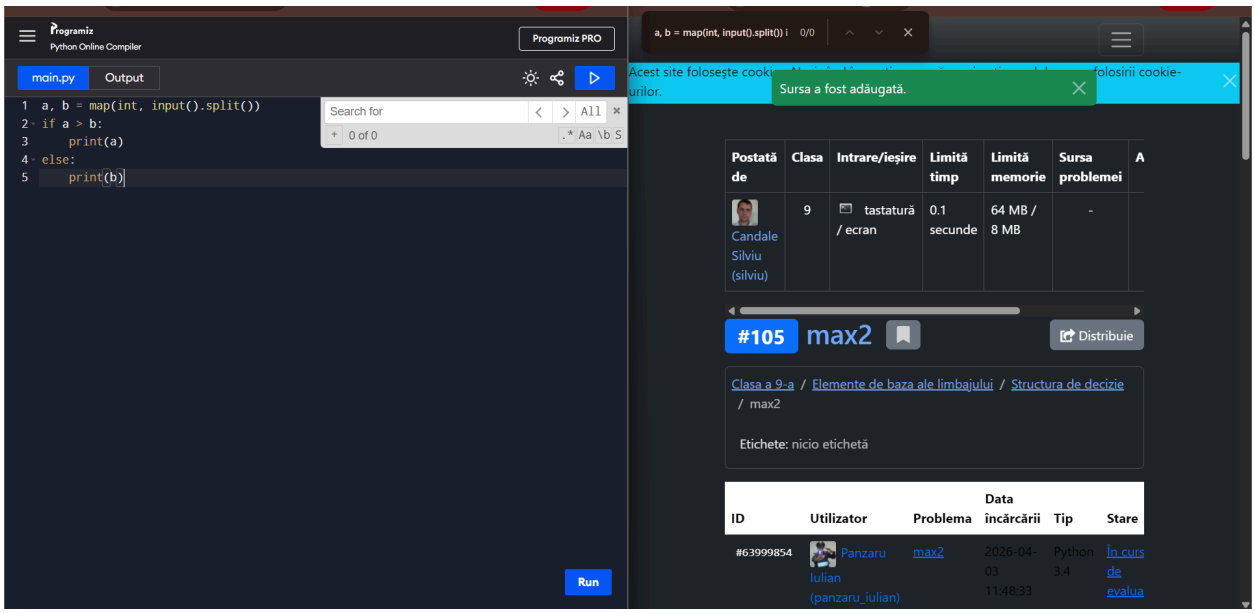


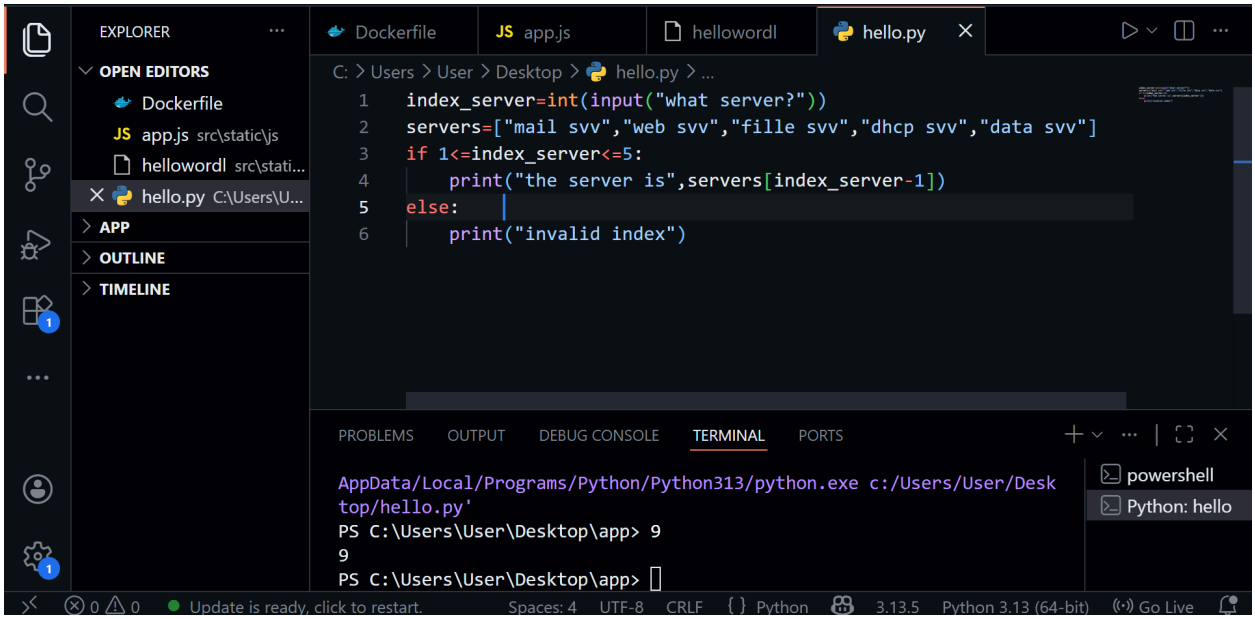
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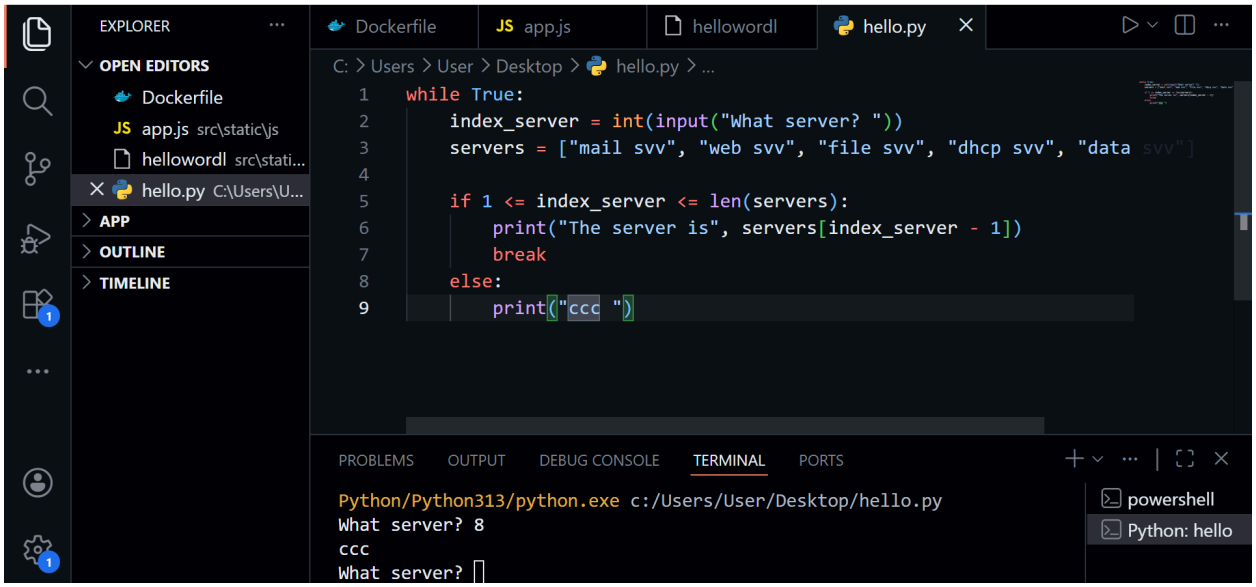


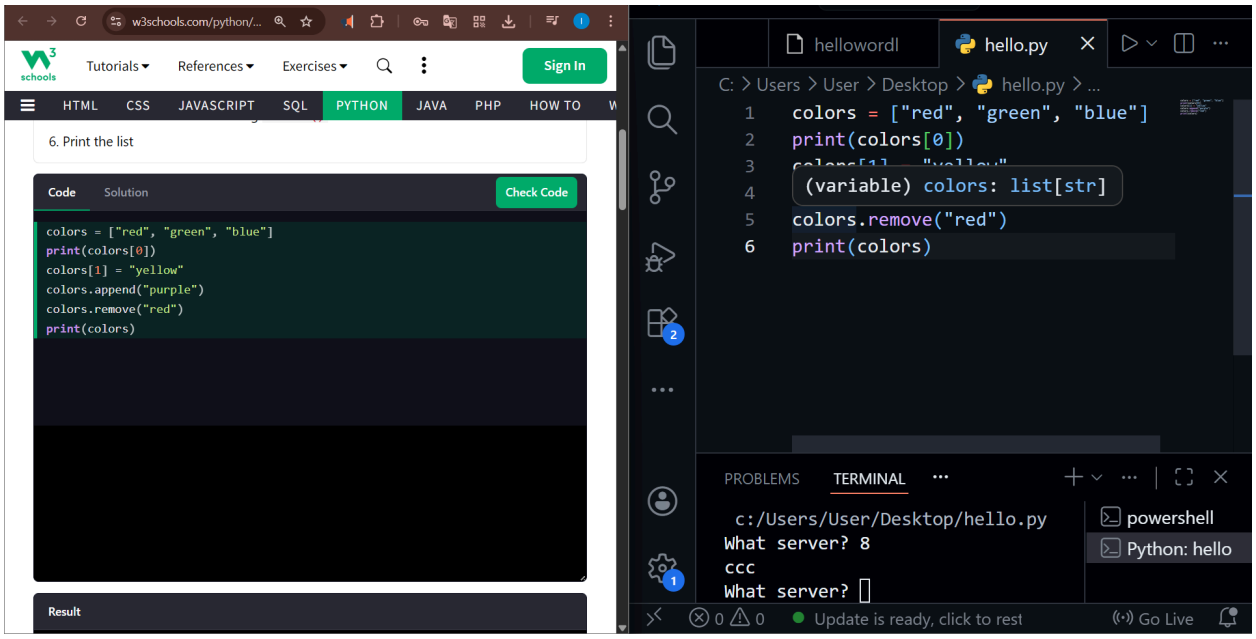


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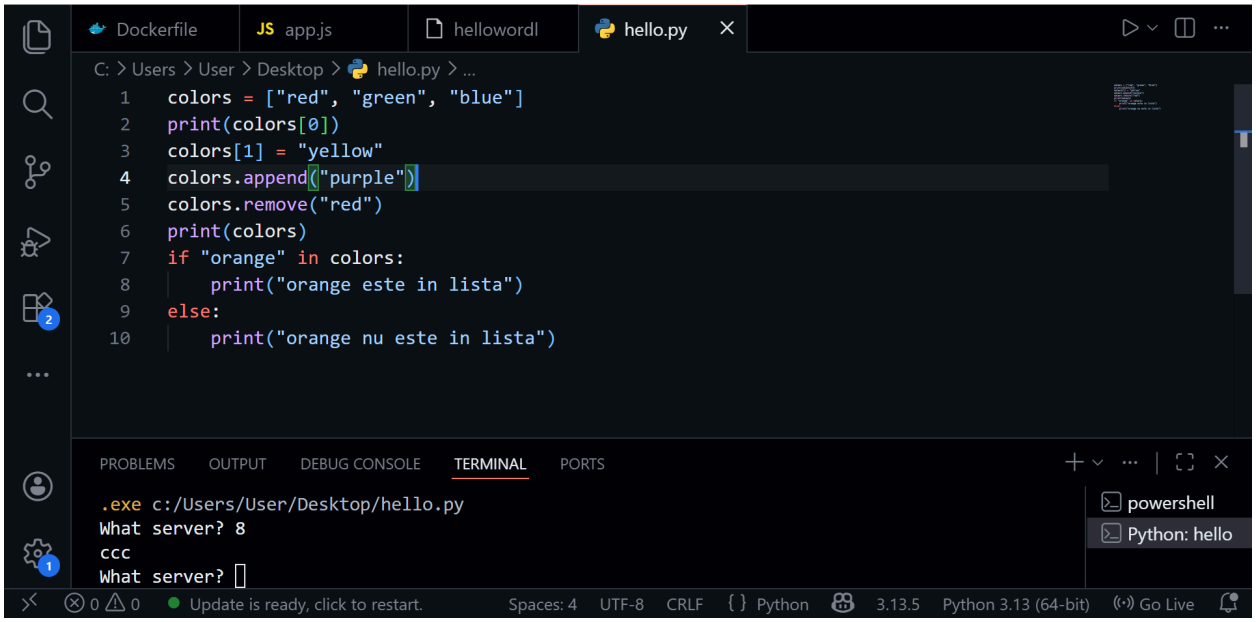
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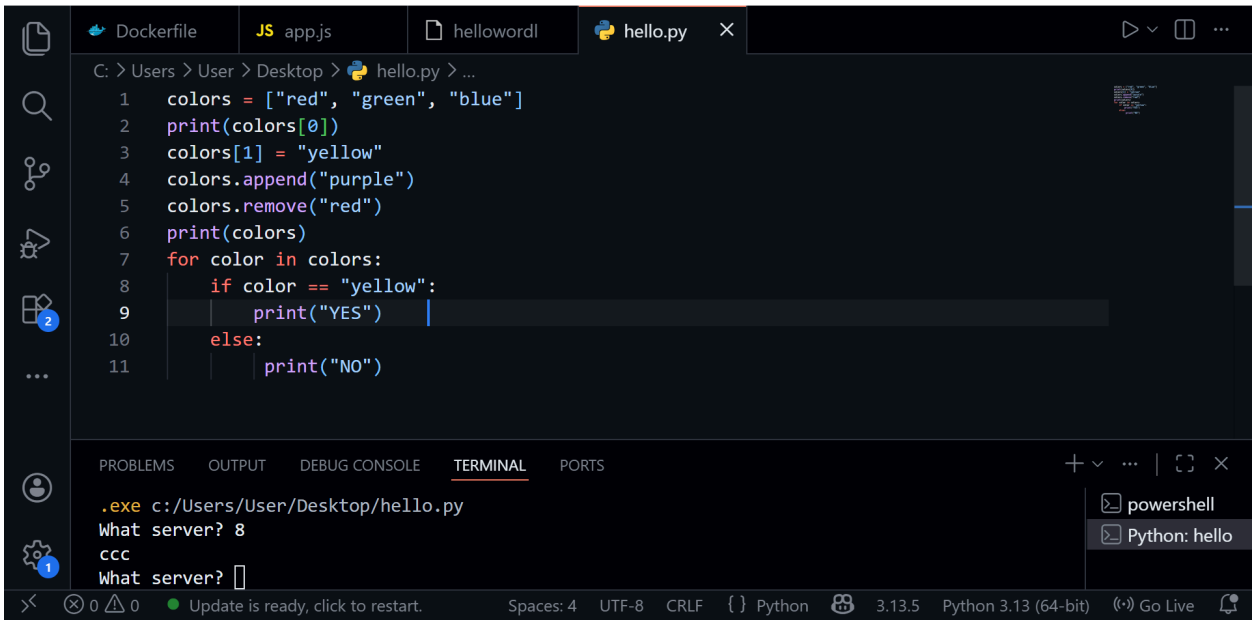
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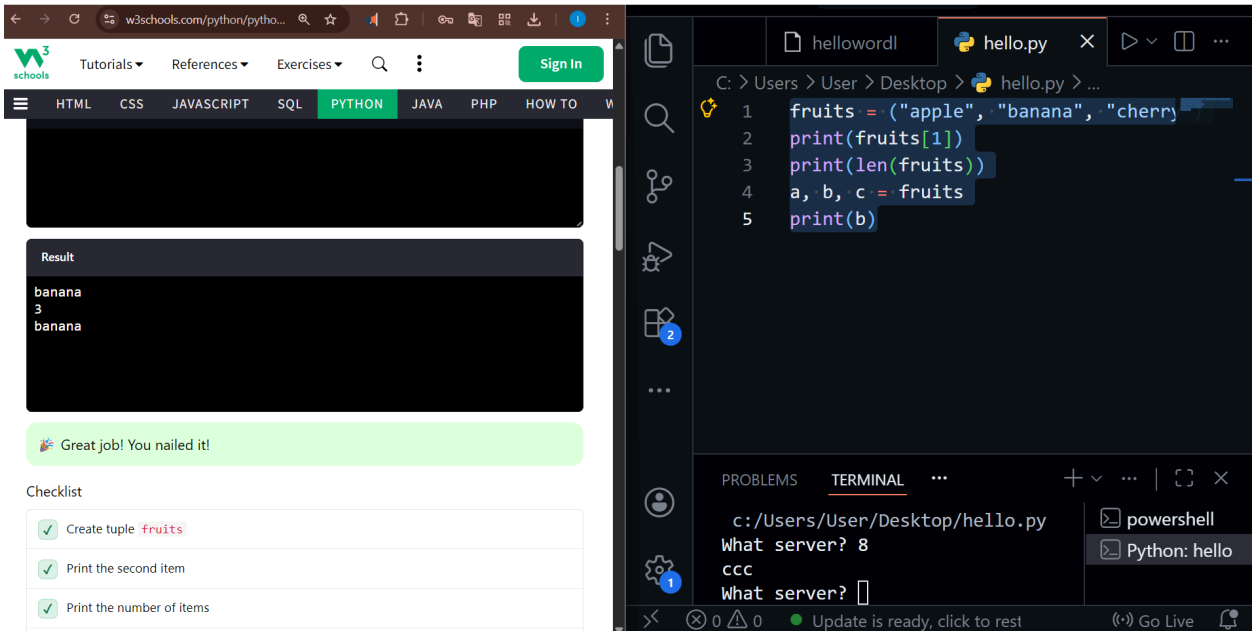


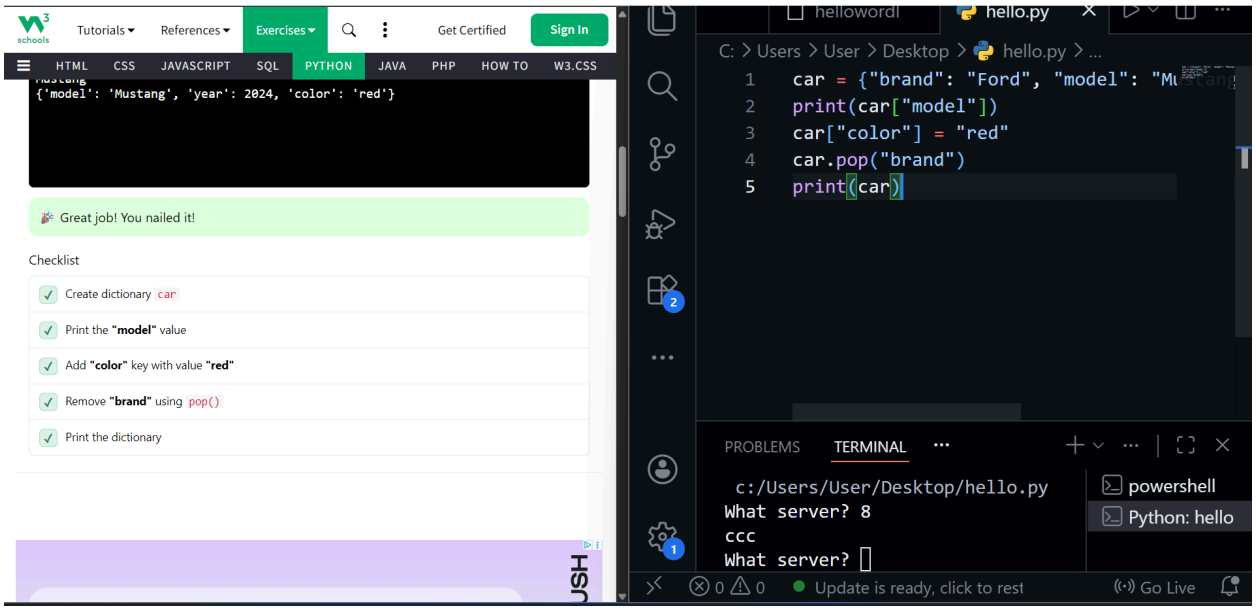


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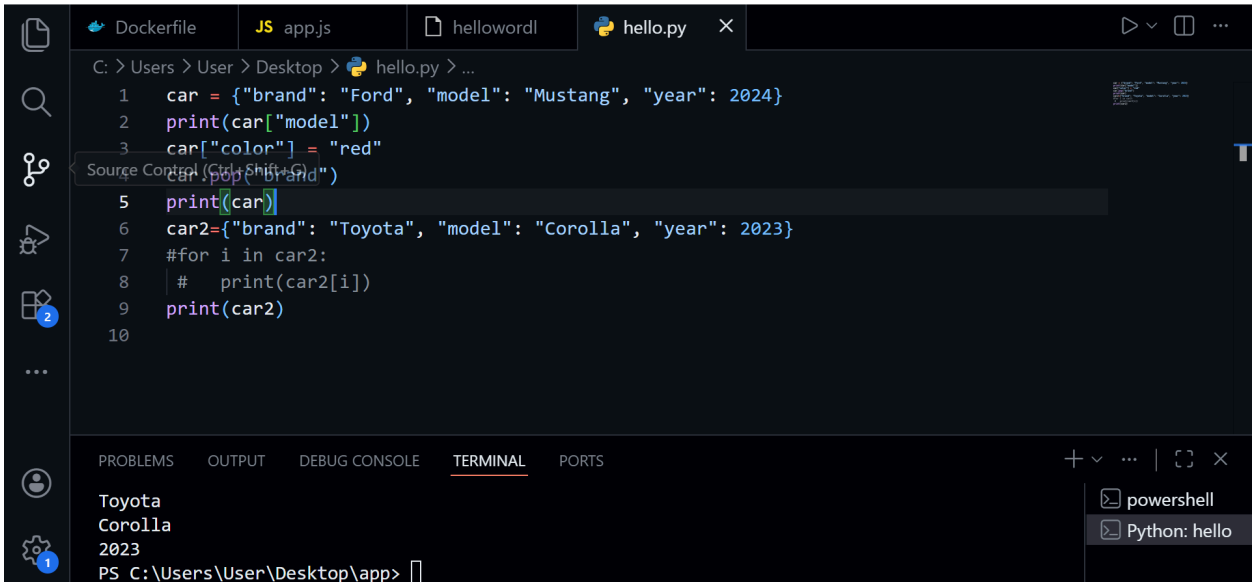


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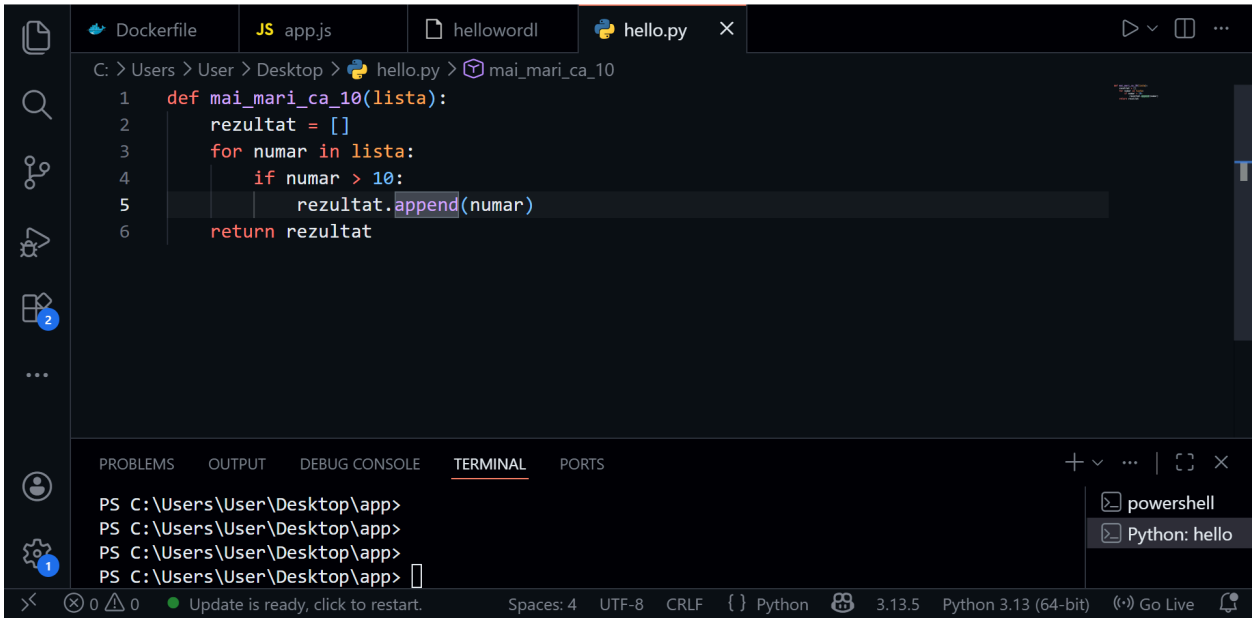
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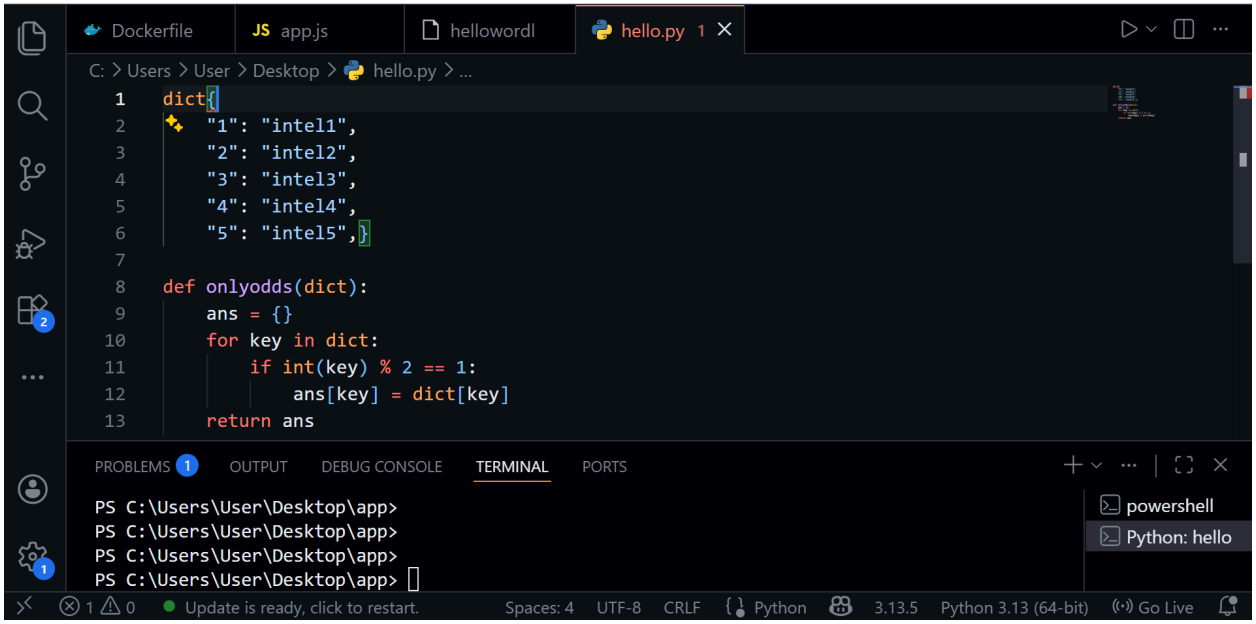




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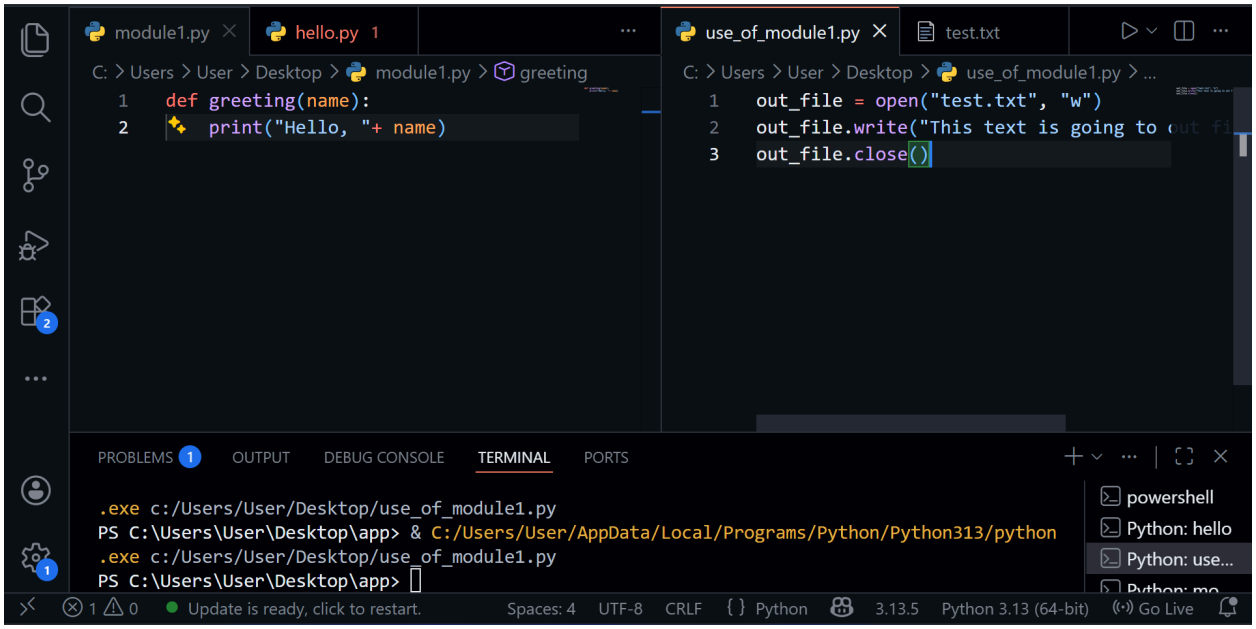
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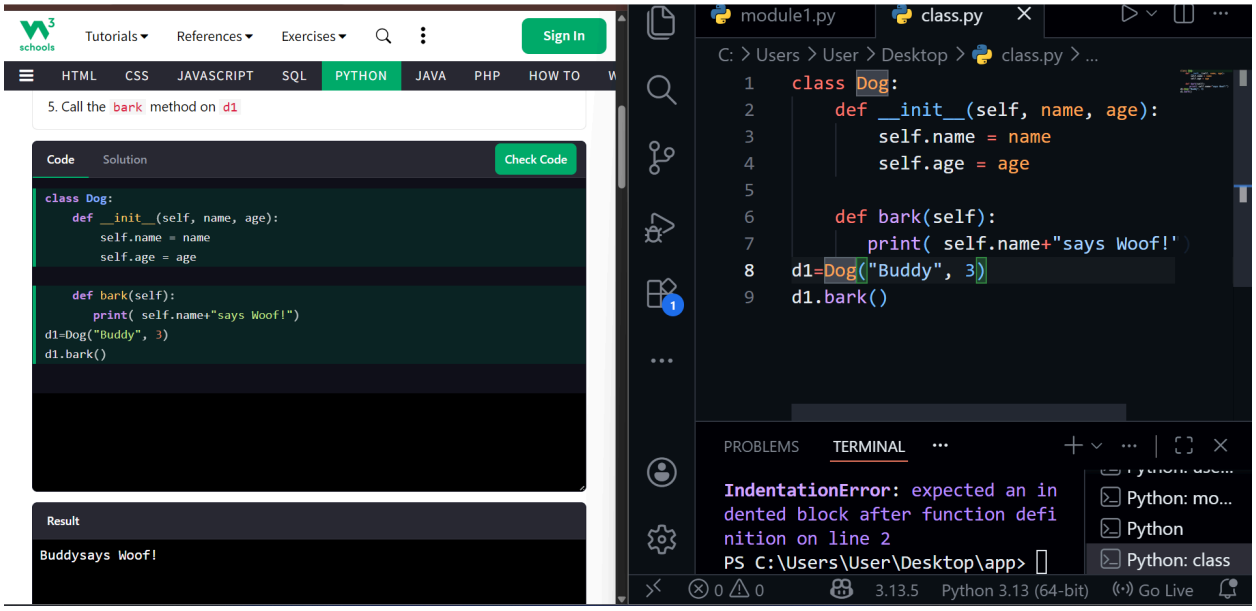
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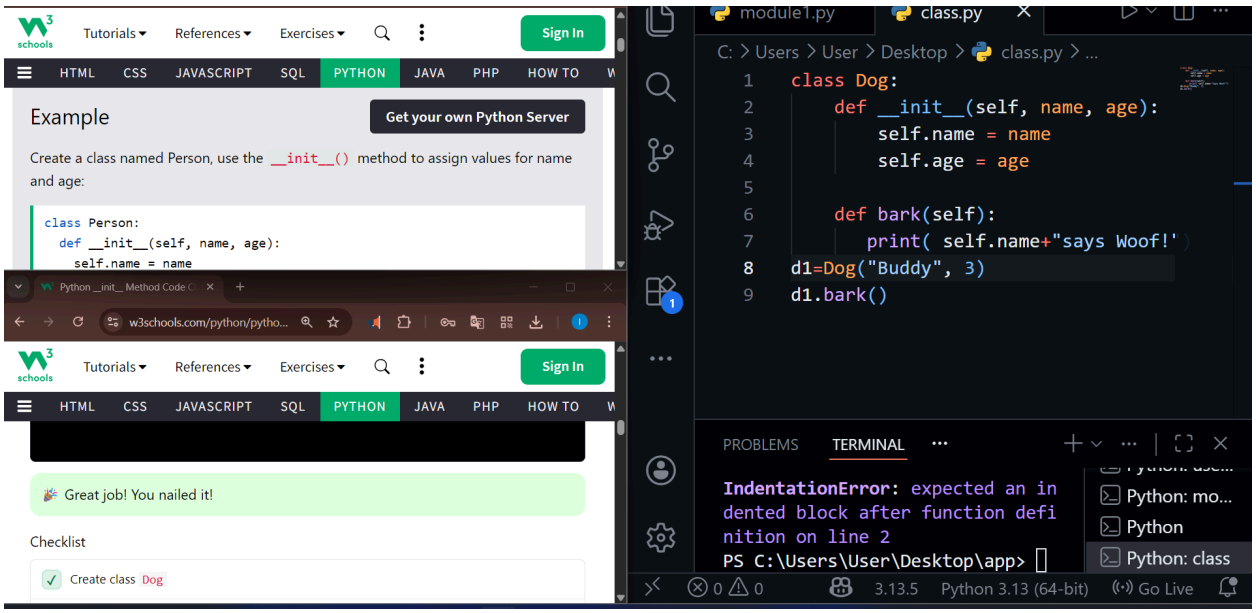


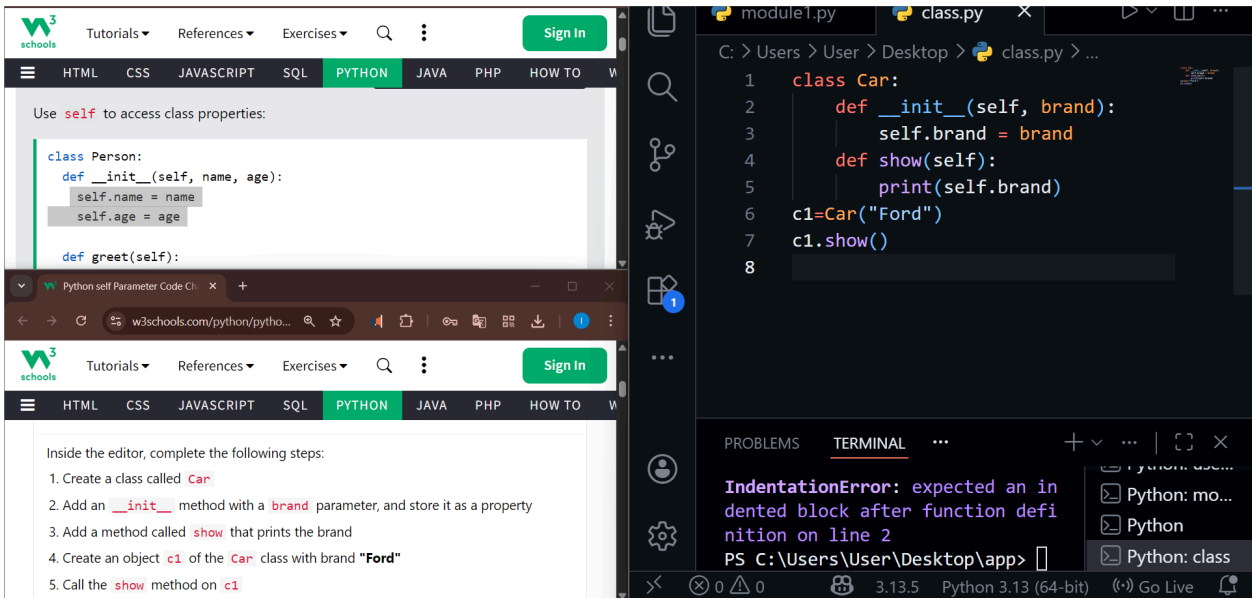
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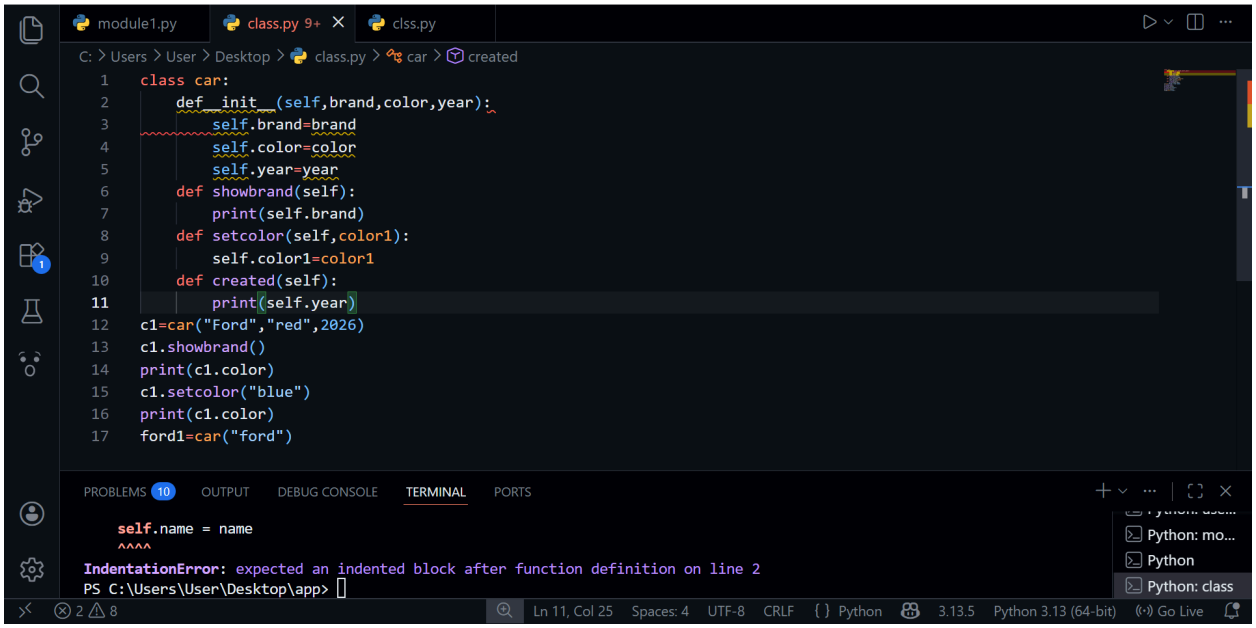


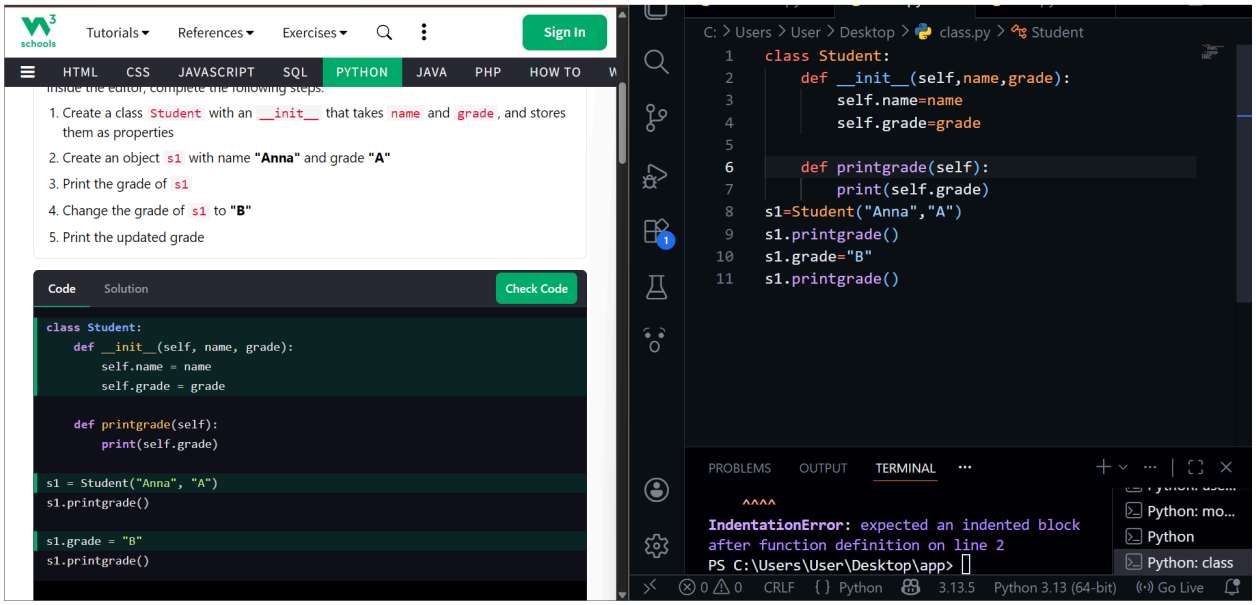
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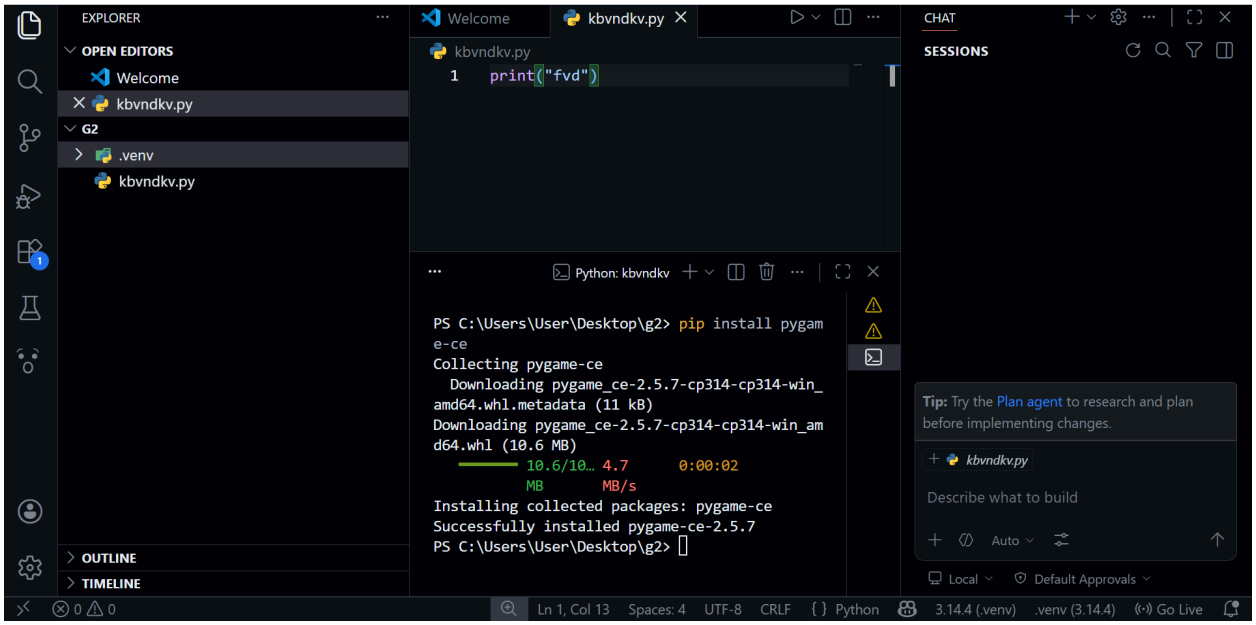
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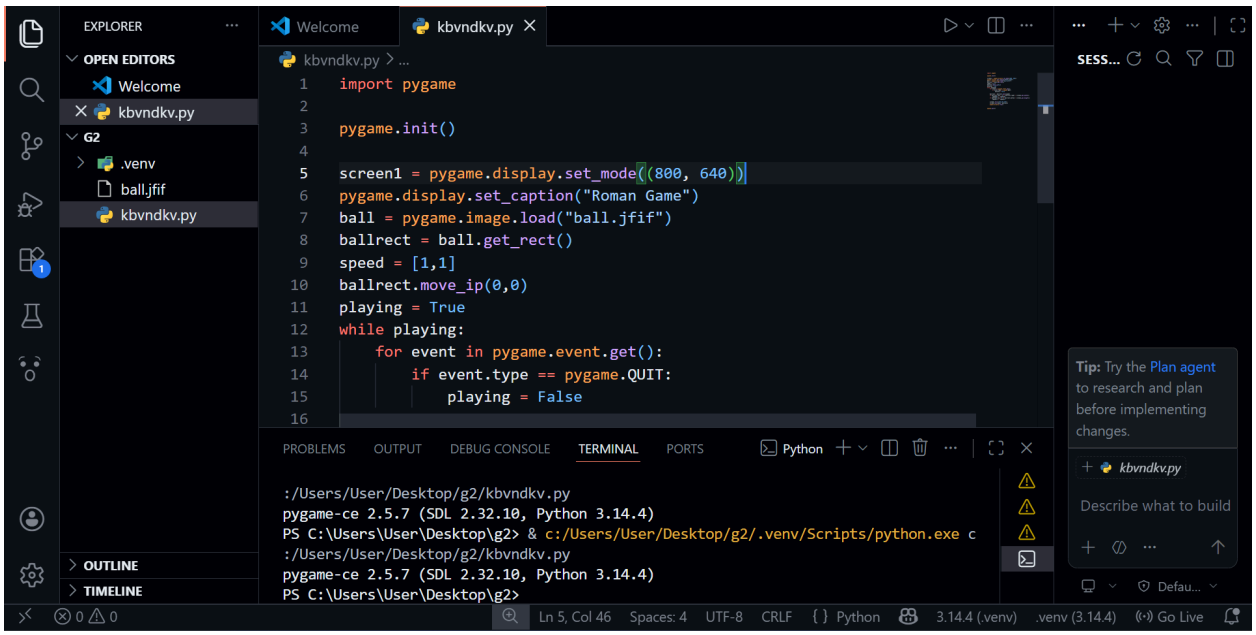


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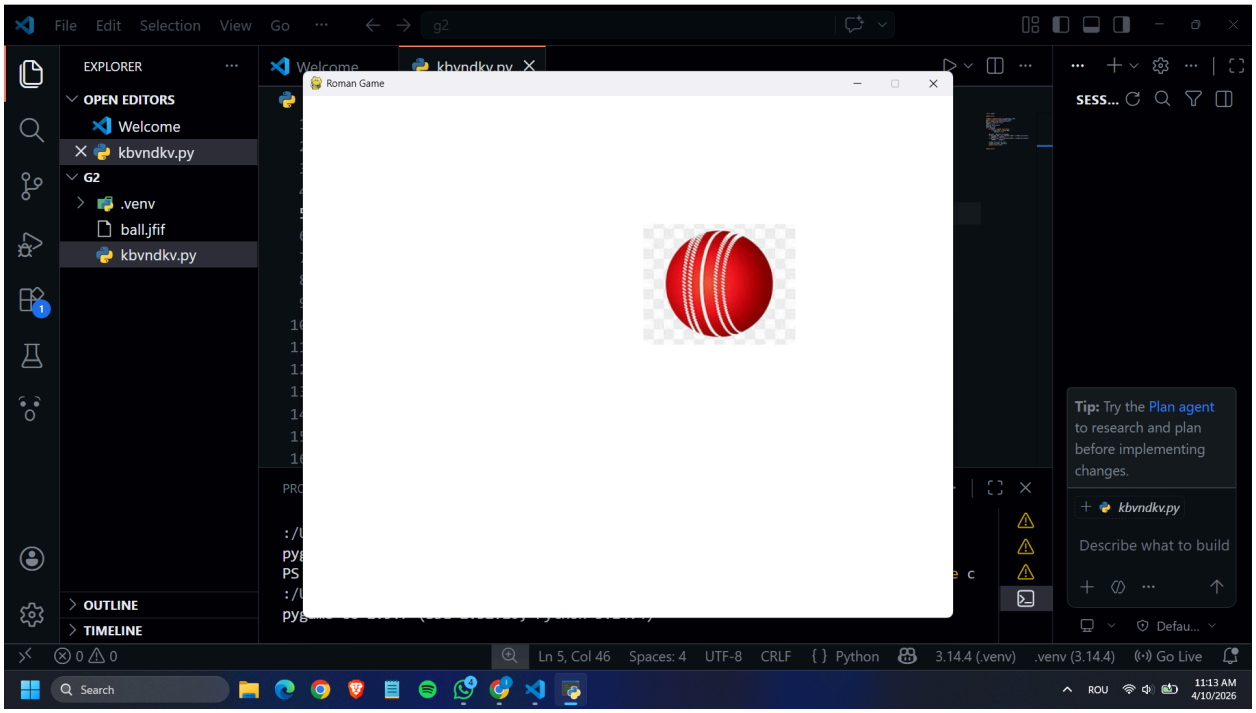
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