2025-1-RO01-KA121-VET-000319082

4IT Erasmus+Project, 2025-1-RO01-KA121-VET-000319082

Beneficiary: "Gheorghe Vranceanu" National College, Bacau

Sending organization: "Roman Voda" National College, Roman

MOBILITY PORTFOLIO

Alicante, Spain

Mobility period 30.03.2026- 10.04.2026

Practice period: 29.03.2026-11.04.2026

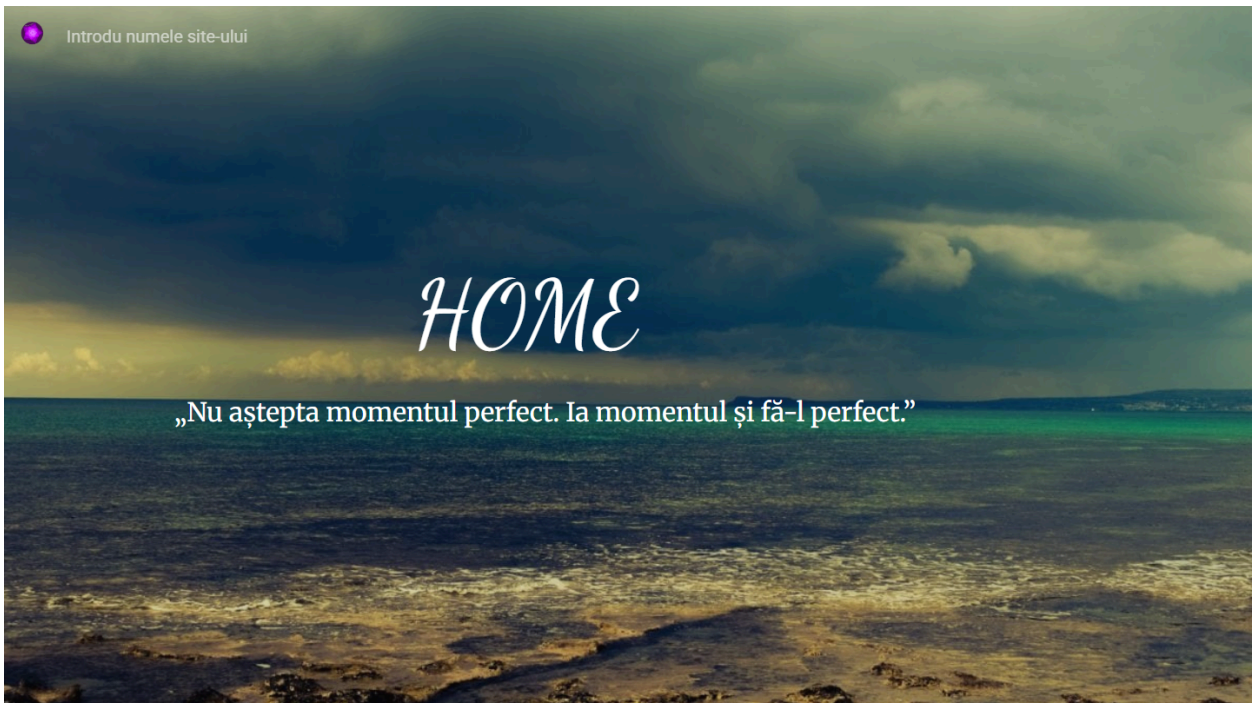
RECEIVING COMPANY: INGEST LEVANTE S.L

Practice tutor: Navarro Sergio

Participant: Antonică Maria-Sabina

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082



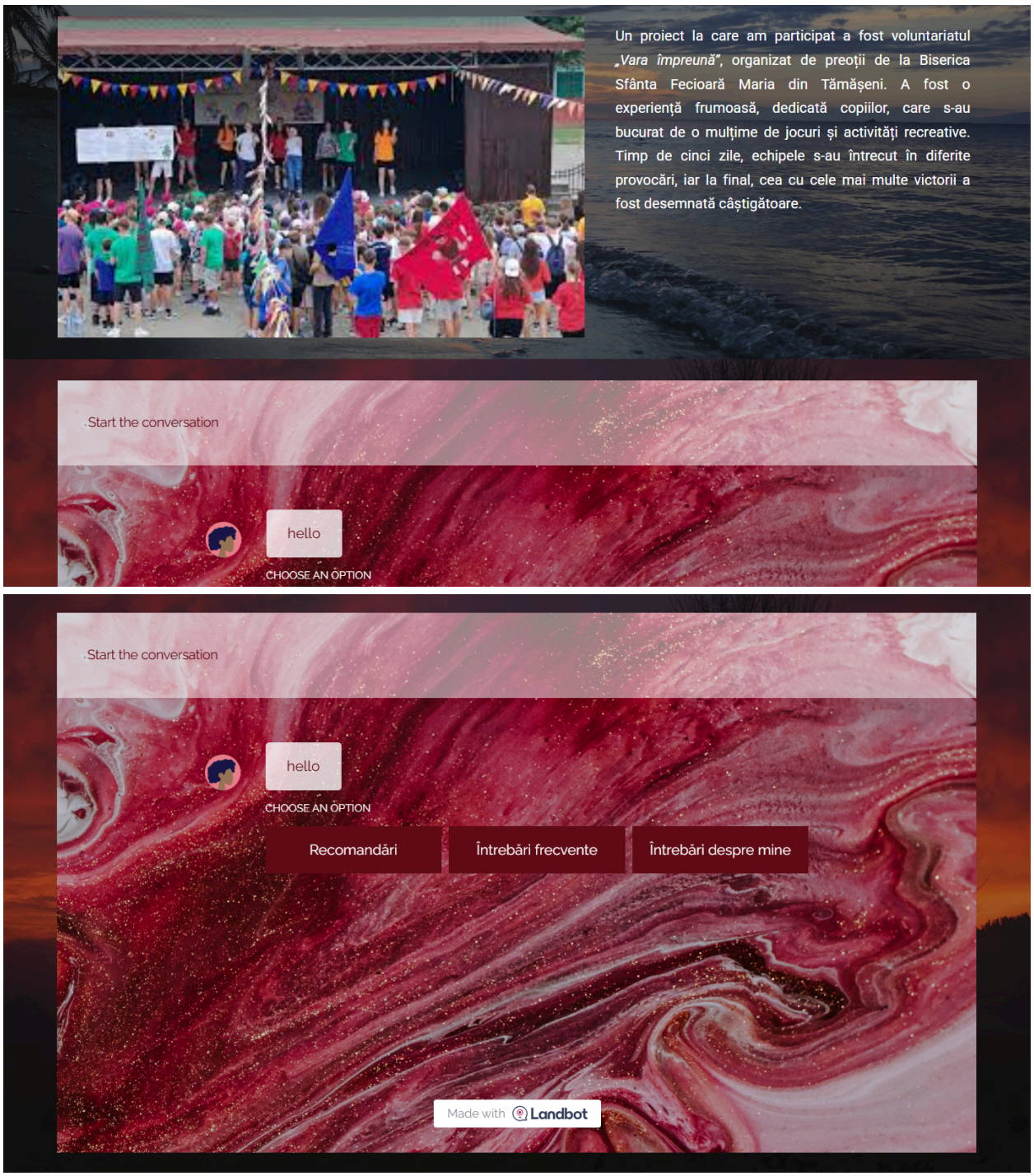


DISCLAIMER: The European Commission’s support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



DISCLAIMER: The European Commission’s support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Despre mine

Sunt o persoană destul de pozitivă și zâmbăreață, încerc mereu să văd partea bună a lucrurilor și să păstrez o atmosferă relaxată în jur. Îmi place să ies afară, fie la plimbări, fie doar să stau cu prietenii, și mă simt bine când petrec timp în natură. Îmi plac mult animalele și îmi face plăcere să am grijă de ele.

De obicei îmi place să ajut când pot și să fiu de folos celor din jur, pentru că mă simt bine când știu că pot face o diferență. Îmi place să învăț lucruri noi și sunt destul de curioasă, dar încerc să rămân modestă și să iau fiecare experiență ca pe o șansă de a crește. Cred că toate astea mă ajută să mă adaptez ușor și să mă înțeleg bine cu oameni diferiți, lucru care contează mult într-un program cum e Erasmus.

într-un program cum e Erasmus.

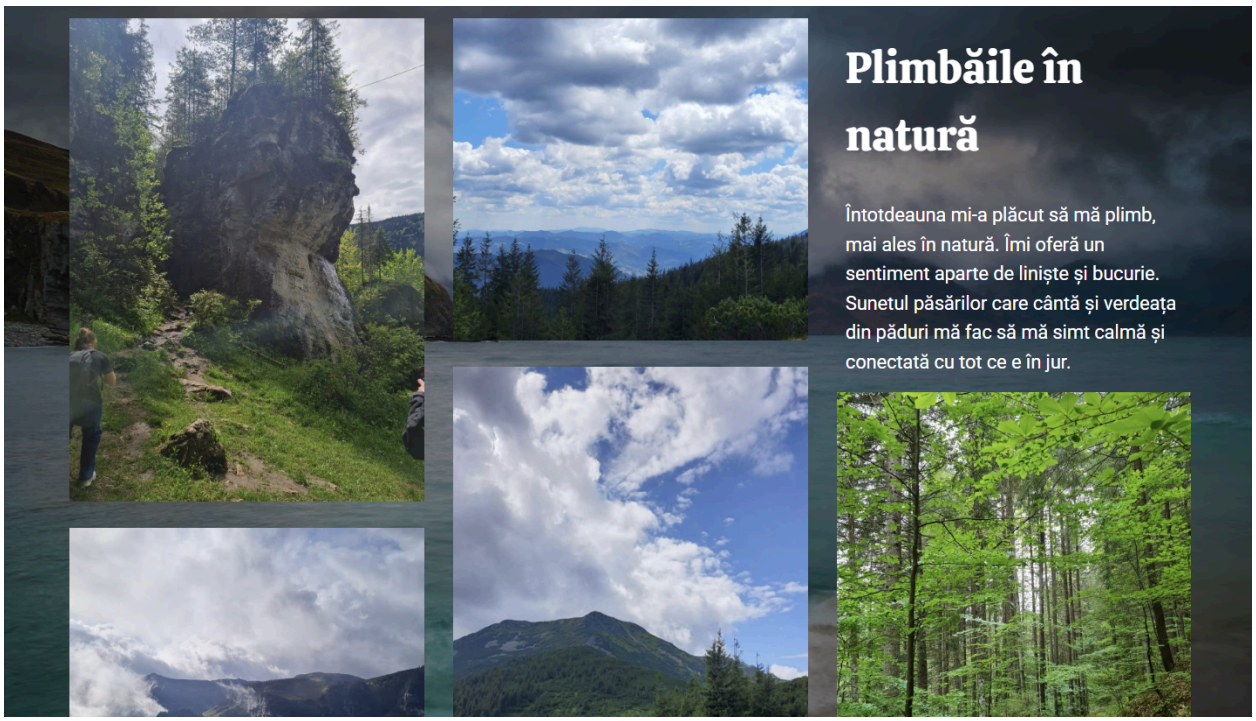
Pasiuni și hobby-uri

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082





DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



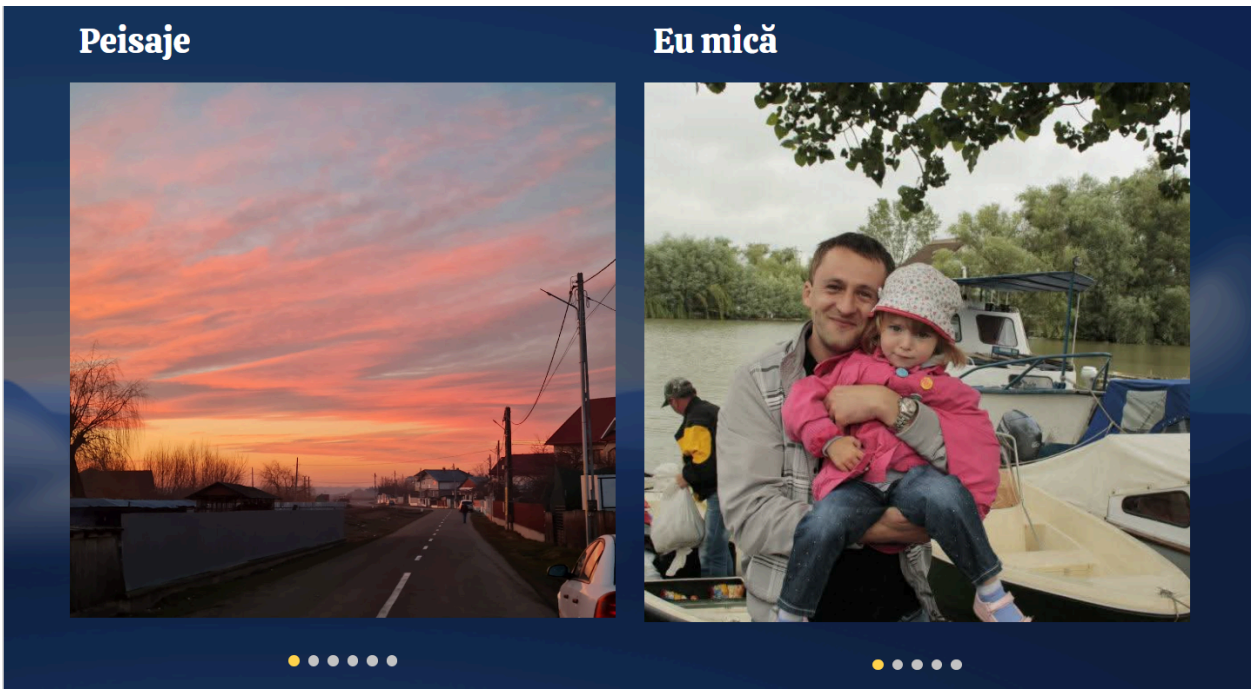


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

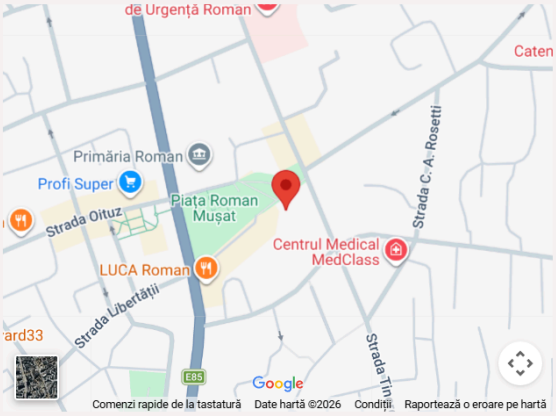
Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



Strada Mihai Eminescu 4, Roman 611028



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082



Cuprins

1.Introducere
2.Originea și migrațiile vizigoților
3.Societatea, cultura și legislația
4.Invazii și relațiile externe
5.Concluzie
6.Cultura generală și patrimoniul
7.Literatură și filozofie
8.Arte plastice, sculptură și arhitectură
9.Muzică, dans și bucătărie
10.Două personalități ale Spaniei
11.Bibliografie



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

Introducere

Originea vizigoților și contextul migrațiilor barbare

Vizigoții, cunoscuți și ca tervingii, erau un popor germanic din ramura apuseană a goților. S-au stabilit în Aquitania și în nordul Peninsulei Iberice, fiind recunoscuți ca federali de împăratul roman Honorius. Etimologic, numele „vizigot" derivă din cuvintele vizi („înțelept") și got.

Prima lor apariție în istorie datează din anul 235 d.Hr., când au invadat Dacia. După invazia hunilor, s-au refugiat în Imperiul Roman de Răsărit, trecând Dunărea. Atacurile lor au contribuit la criza Imperiului Roman, iar după căderea Imperiului Roman de Apus în 476, vizigoții au continuat să joace un rol important în Europa timp de aproximativ 250 de ani. În secolul al VI-lea, împinși de franci, au cucerit Spania de la vandali.

Originea și migrațiile vizigoților

01

Regatul Vizigoților

Regatul vizigoților a existat între secolele V și VIII și a cuprins sud-vestul Franței și cea mai mare parte a Peninsulei Iberice (Spania și Portugalia de azi). Vizigoții au fost un popor germanic care a contribuit la tranziția de la lumea romană la Evul Mediu.

02

Originea și formarea regatului

Vizigoții proveneau din ramura goților și au migrat spre vest din cauza presiunii hunilor. Inițial aliați ai Imperiului Roman (foederati), au primit teritorii în schimbul serviciului militar. Conflictele cu romanii au dus la jefuirea Romei în 410, sub conducerea lui Alaric I.

Sub regele Euric, vizigoții și-au declarat independența, au format un regat propriu și au mutat capitala la Toledo, consolidând controlul asupra Peninsulei Iberice.



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Societatea, cultura și legislația

- Societate: împărțită în nobili, oameni liberi și sclavi; regele avea autoritate supremă.
- Religie: inițial arieni, vizigoții au trecut la creștinismul catolic, unificând populația.
- Legislație: Codul vizigot (Lex Visigothorum / Liber Judiciorum) a unit legile vizigoților și ale romanilor, stabilind reguli pentru proprietate, succesiune și drepturi civile.
- Cultură: artă cu bijuterii, cruci și obiecte decorative, arhitectură cu biserici mici și arcade semicirculare, și scriptura vizigotă.

Exemplu celebru: Tezaurul de la Guarrazar, care conține coroane și cruci de aur, simboluri ale puterii regale și religioase.



Tezaurul de la Guarrazar

Invazii și relațiile externe

- Relații cu Imperiul Roman: inițial aliați (foederati), apoi independenți sub Euric.
- Relații cu alte popoare: conflicte cu francii (pierderi în Galia), Bizanțul (tentative de recucerire a sudului Peninsulei Iberice), și musulmanii, care au invadat în 711.
- Invazia musulmană a dus la căderea regatului vizigot după bătălia de la Guadalete, iar nobilii vizigoți s-au retras în nordul Spaniei, unde au început primele regate creștine.

Concluzie

Regatul vizigoților a avut un rol major în istoria Peninsulei Iberice și în formarea Europei medievale. Prin legile sale, structura socială și religioasă, precum și prin arta și arhitectura vizigotă, acest popor a lăsat o moștenire durabilă care a influențat dezvoltarea ulterioară a Spaniei.

Chiar după căderea regatului, impactul vizigoților a rămas vizibil în drept, arhitectură, manuscrise și tradiții locale. Aceștia au demonstrat cum popoarele migratoare au reușit să păstreze identitatea proprie, dar și să se integreze în societatea existentă, modelând cultura și civilizația unei întregi regiuni.

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



Cultura generală și patrimoniul

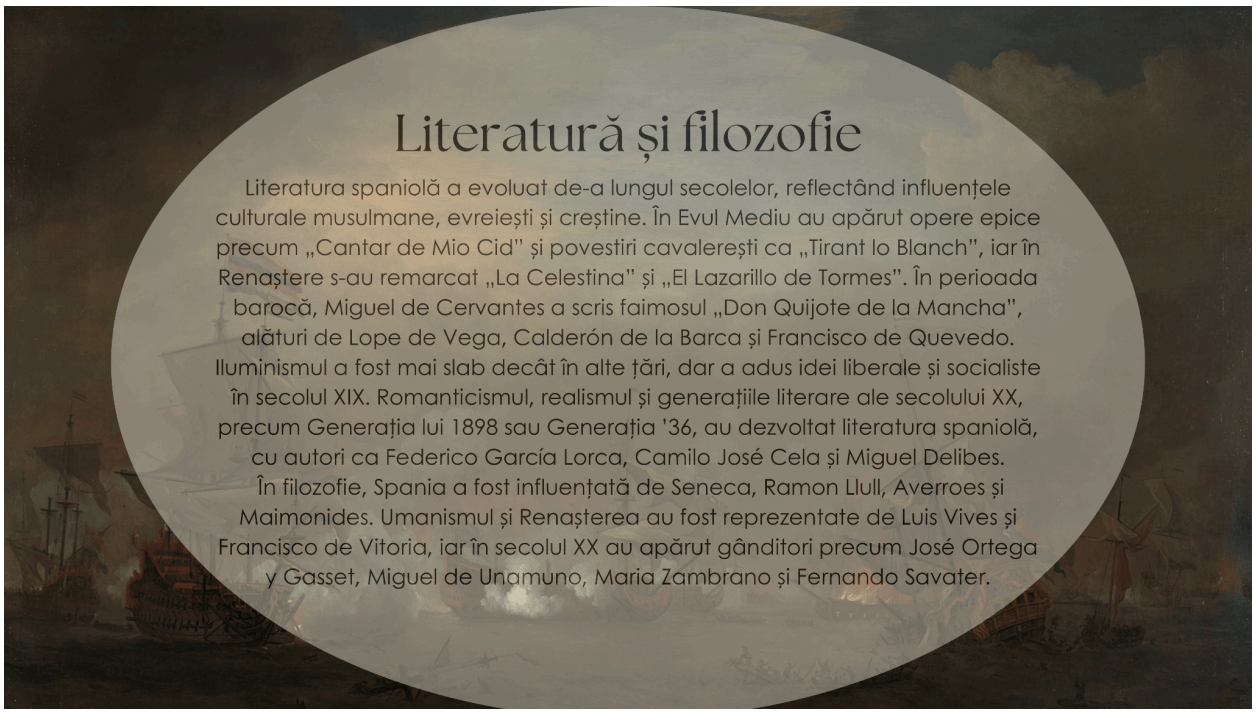
Spania este o țară occidentală, cu o cultură profund influențată de patrimoniul latin și catolicism. Catolicismul a jucat un rol esențial în formarea identității naționale, iar arta, arhitectura, muzica și bucătăria reflectă influențele istorice ale invaziilor străine, precum și particularitățile geografice și climatice ale țării. Epoca colonială a răspândit limba și cultura spaniolă la nivel global și a adus înapoi influențe și produse culturale din imperiu. Spania deține 47 de situri UNESCO, printre care peisaje naturale și monumente istorice, precum Monte Perdido din Pirinei și situri preistorice de artă rupestră, precum și 14 elemente de patrimoniu cultural imaterial recunoscute ca „comori umane".



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082





DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082





DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Miguel de Cervantes

02

Miguel de Cervantes Saavedra s-a născut pe 29 septembrie 1547, în Alcalá de Henares, Spania, și este considerat unul dintre cei mai mari scriitori ai literaturii universale. Este autorul celebrului roman Don Quijote de la Mancha, considerat de mulți primul roman modern și o capodoperă a literaturii. Provenind dintr-o familie modestă, a avut o copilărie marcată de probleme financiare. A luptat ca soldat în Bătălia de la Lepanto (1571), unde a fost grav rănit la mână, motiv pentru care a fost numit mai târziu „ciungul de la Lepanto". În 1575, a fost capturat de pirați și a petrecut cinci ani ca prizonier în Algeria, perioadă în care a încercat de mai multe ori să evadeze.
După eliberare, s-a întors în Spania și a dus o viață dificilă, confruntându-se cu probleme economice și lipsă de recunoaștere. În 1605 a publicat prima parte a romanului Don Quijote de la Mancha, care a avut un succes enorm, urmată în 1615 de partea a doua. De-a lungul vieții, Cervantes a scris și alte opere importante, precum Nuvelele exemplare (1613), La Galatea, precum și piese de teatru, deși acestea nu s-au bucurat de același succes. A murit la Madrid, pe 22 aprilie 1616, lăsând în urmă o moștenire literară colosală. Influența sa este atât de mare încât limba spaniolă este uneori numită „limba lui Cervantes".



Bibliografie

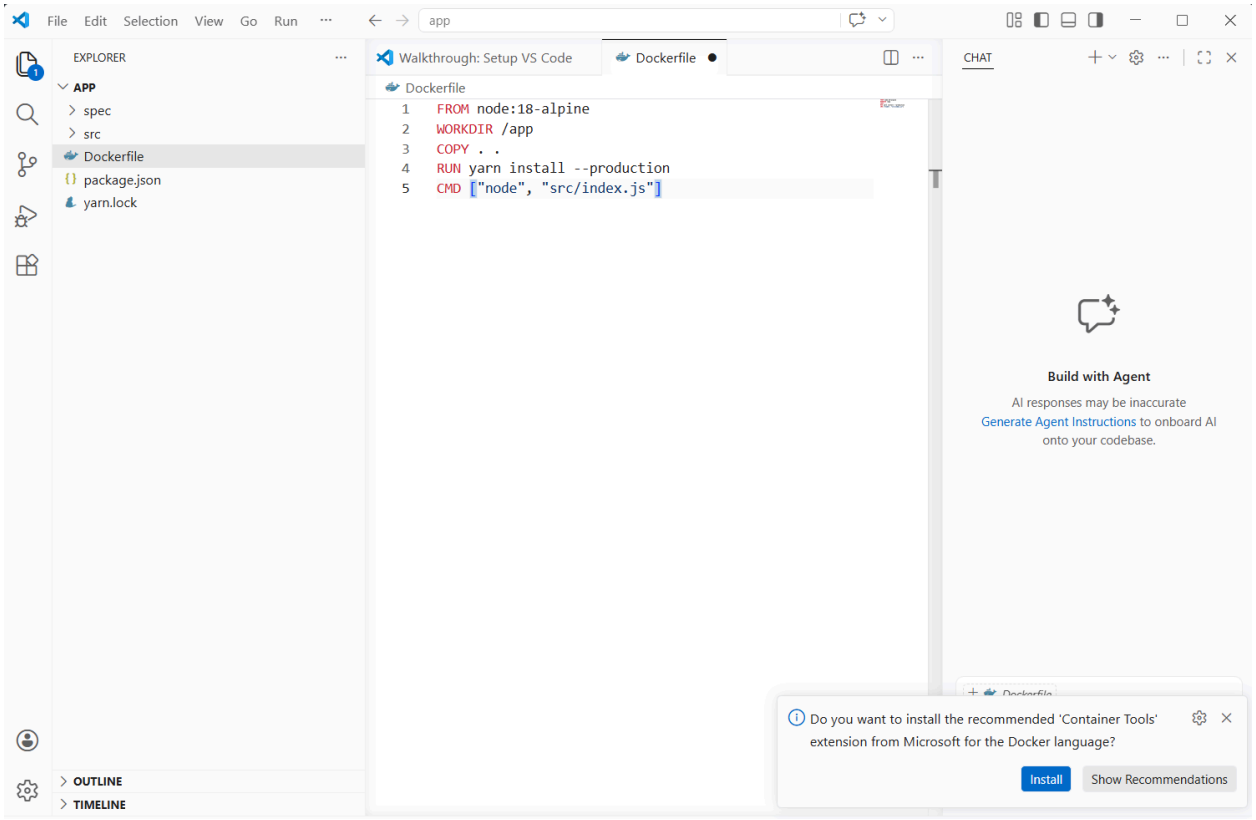
https://ro.wikipedia.org/wiki/Regatul_vizigot
https://en.wikipedia.org/wiki/Visigoths
https://www.hearstnetworks.com/
https://www.britannica.com/topic/Visigoth
https://youtube.com/shorts/qK_d-CbQgNc?si=VObu0xaoKeCZALYL
https://expertdiamant.files.wordpress.com/2011/10/tezaurul-guarrazar.jpg
https://i.pinimg.com/1200x/17/29/0e/17290e0a2ea6b588510ba3a83a6aead9.jpg
https://www.infoescola.com/wp-content/uploads/2011/02/visigodos.jpg
https://4itproject.ro/wp-content/uploads/2022/12/4it-logo.png
https://ro.wikipedia.org/wiki/Spania#Cultura
https://upload.wikimedia.org/wikipedia/commons/thumb/9/98/Pablo_picasso_1.jpg/250px-Pablo_picasso_1.jpg
https://ro.wikipedia.org/wiki/Pablo_Picasso
https://ro.wikipedia.org/wiki/Miguel_de_Cervantes
https://upload.wikimedia.org/wikipedia/commons/thumb/0/09/Cervantes_J%C3%A1uregui.jpg/250px-Cervantes_J%C3%A1uregui.jpg
blob:https://web.whatsapp.com/2e2d58e5-03cf-4933-a5cd-af3d1253c1d1
blob:https://web.whatsapp.com/67cb00f9-51db-486d-8d03-e27808f7afca
https://www.fundatiacaleavictoriei.ro/wp-content/uploads/2022/01/Pictori_spanioli_curs-760x500.jpg
https://cdn.g4media.ro/wp-content/uploads/2023/12/Sculpturi-de-Antonio-Roldan-1024x495.jpg
https://www.artline.ro/files/gItems/image/5/cath2.jpg
https://theskydance.ro/wp-content/uploads/2016/03/Spaniol-Flamenco-The-Sky-9-1030x687.jpg
https://d11jxtftm29knk.cloudfront.net/images/blog/11/Paella.jpg

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



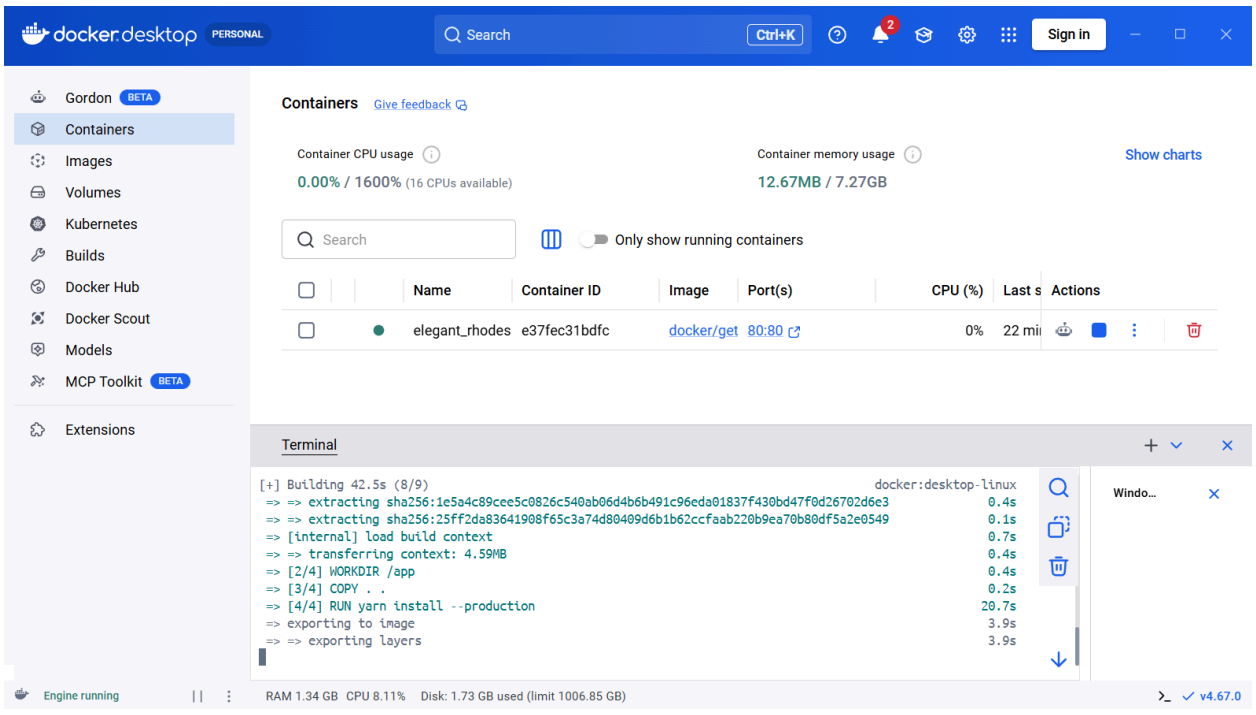


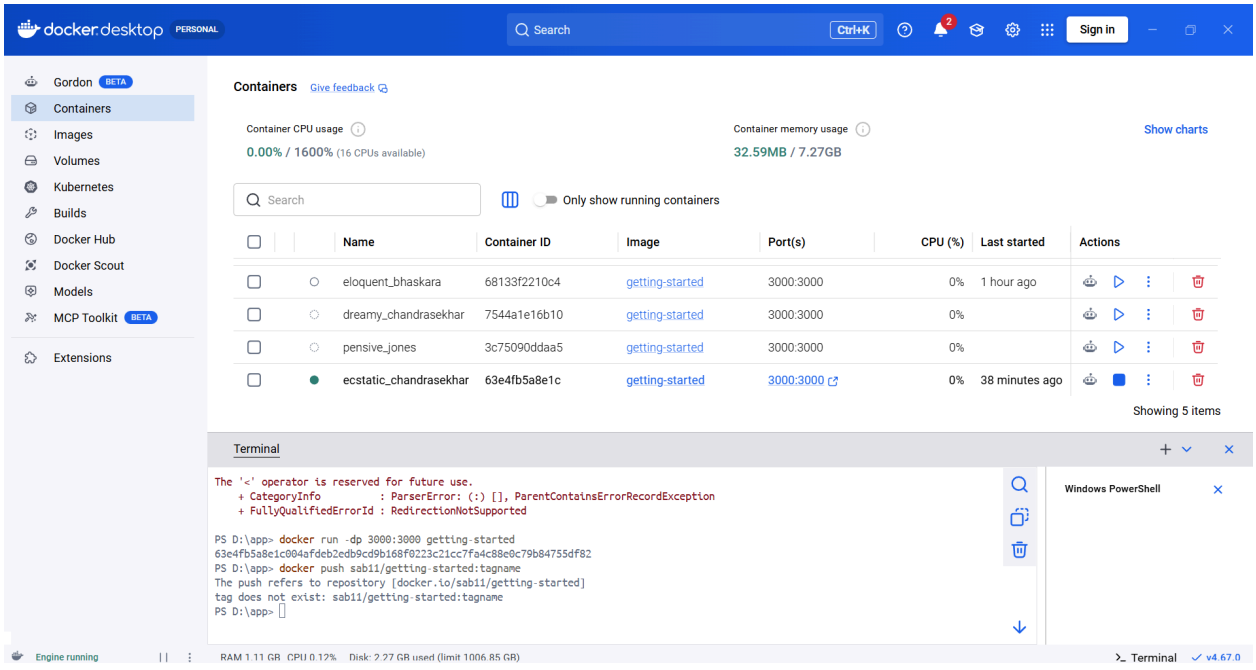
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



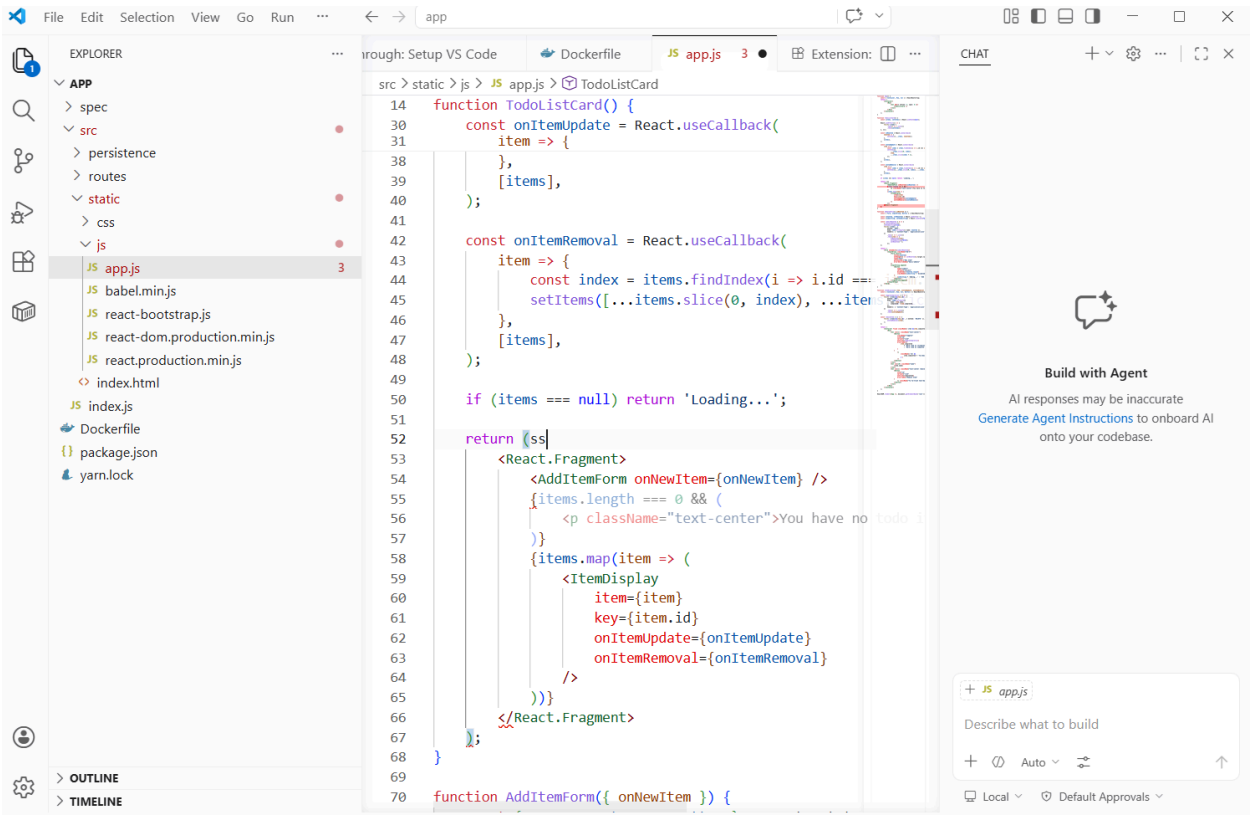


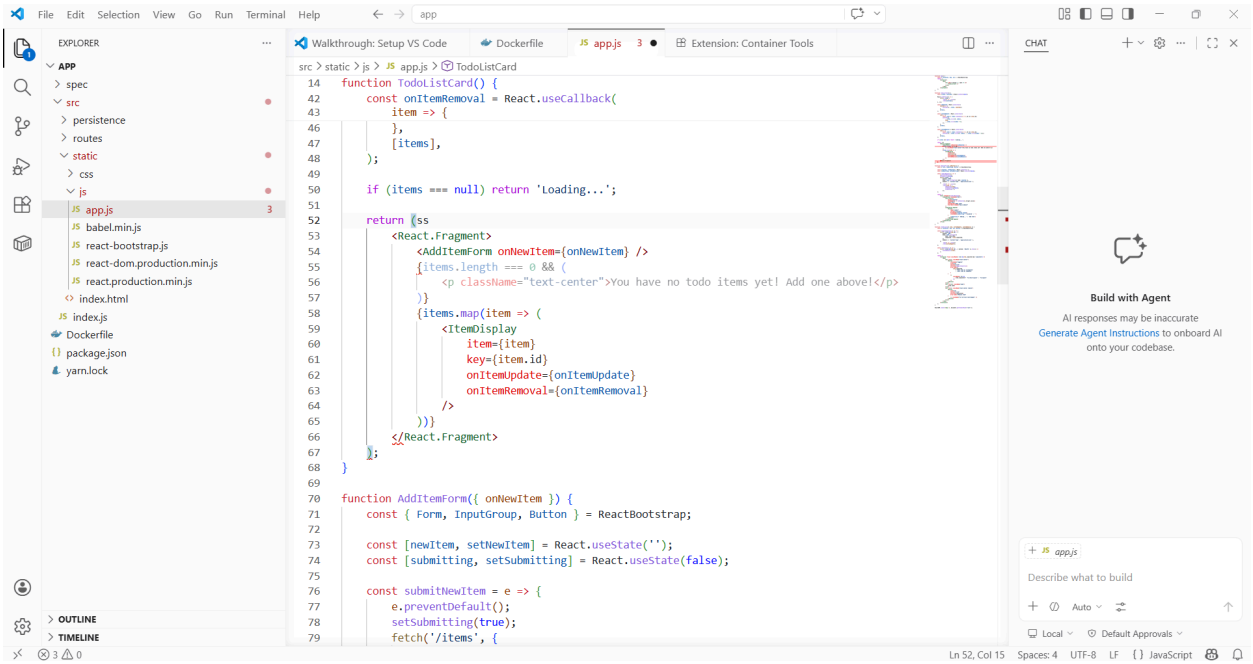
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



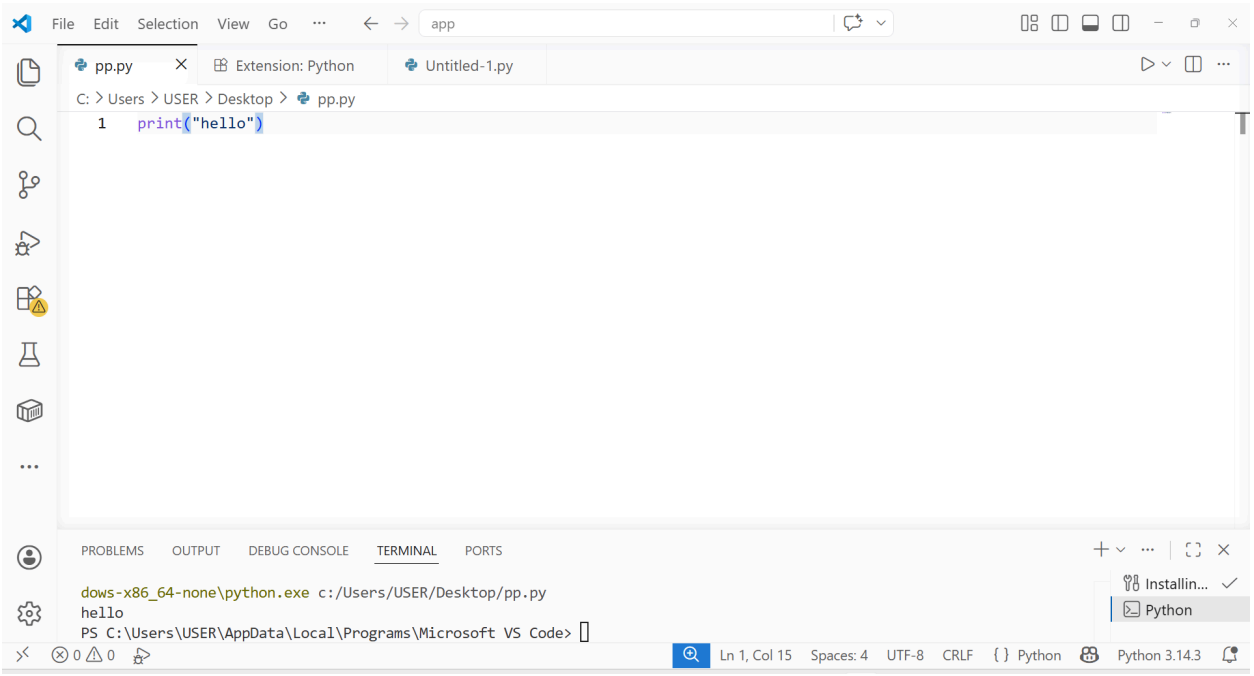


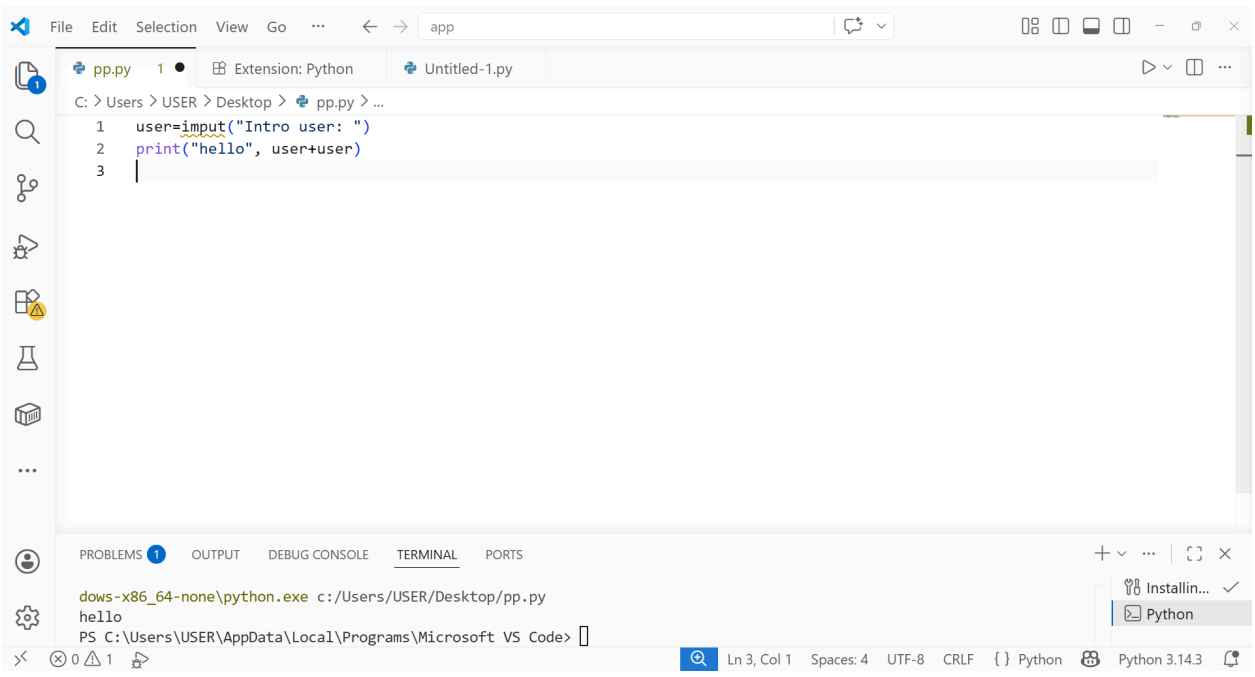
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



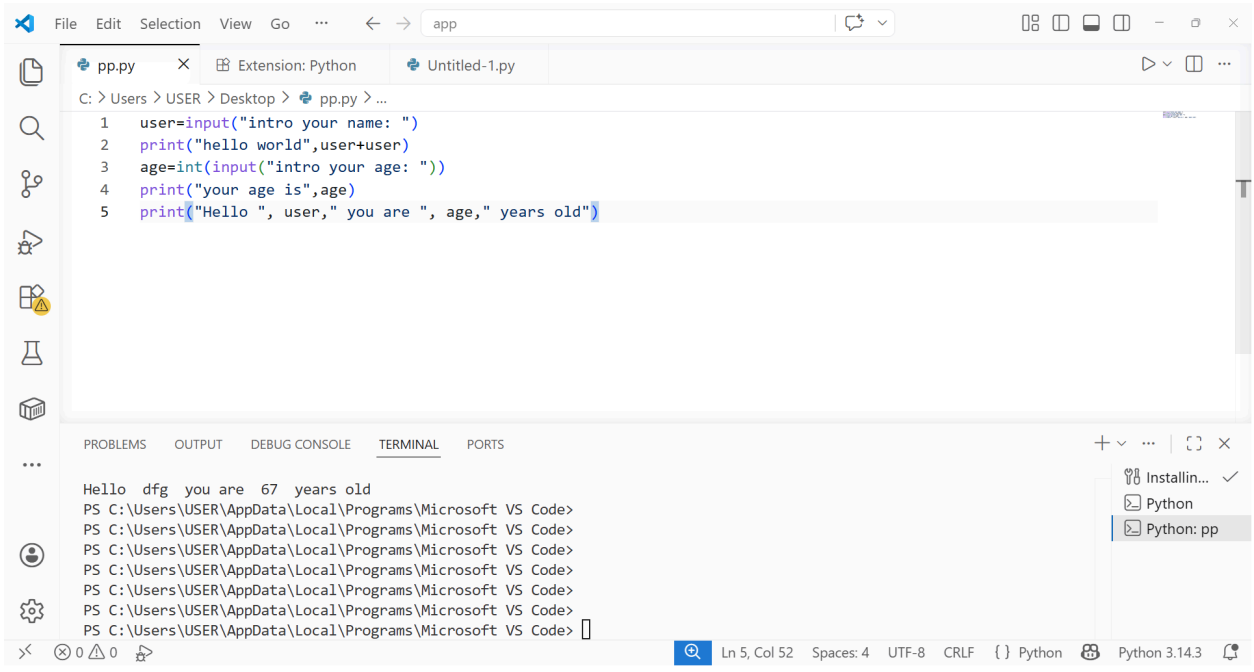


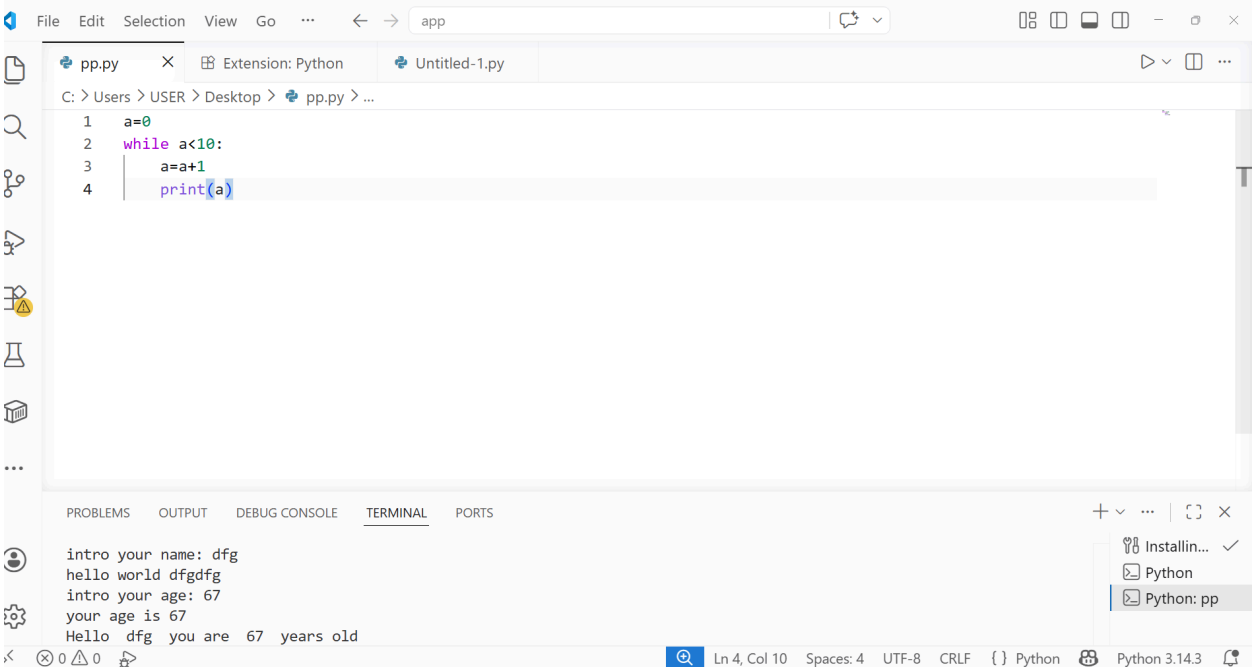
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



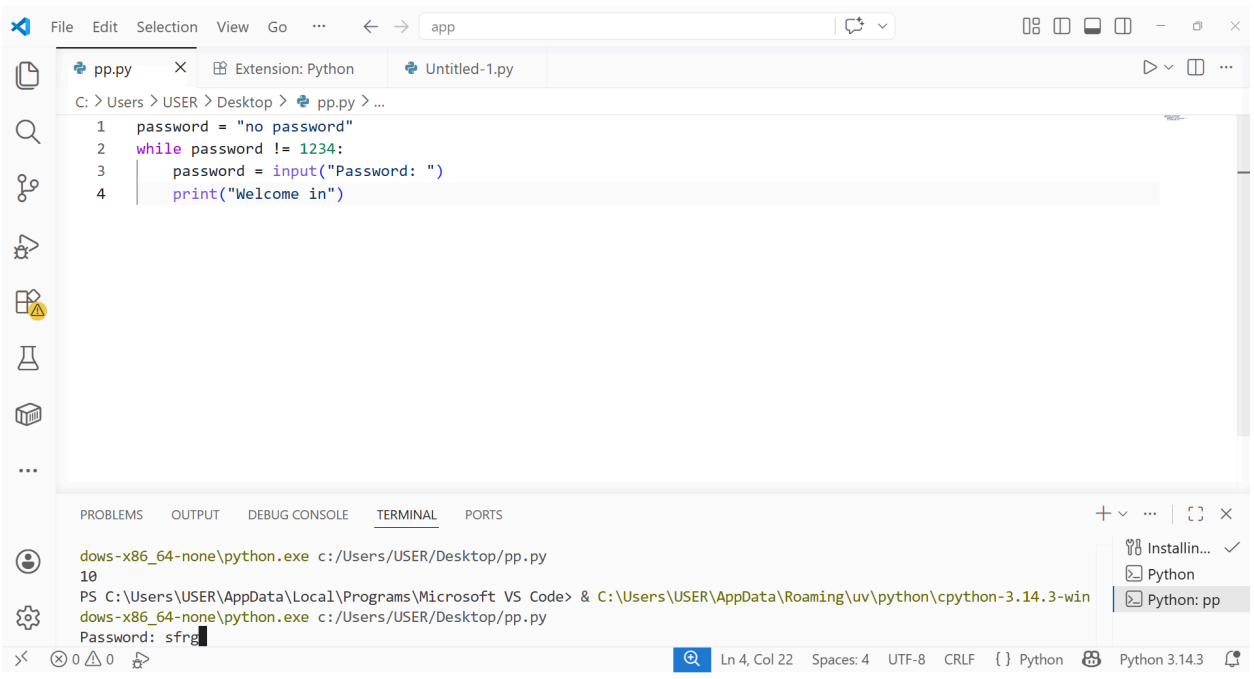


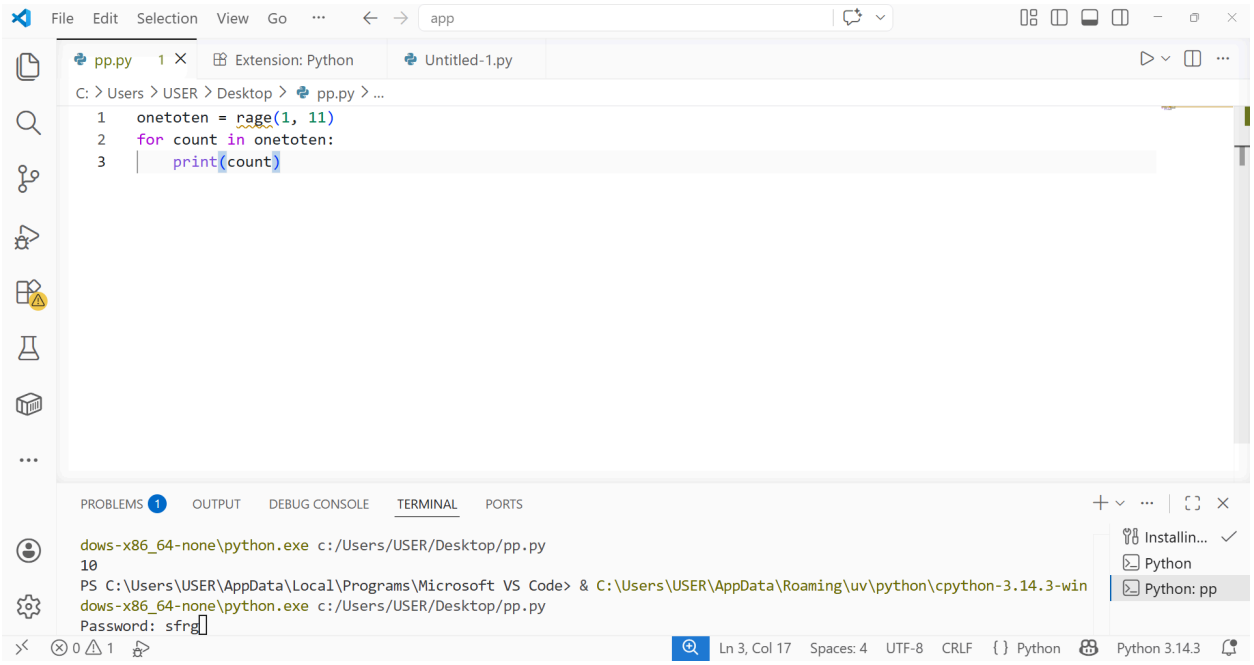
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

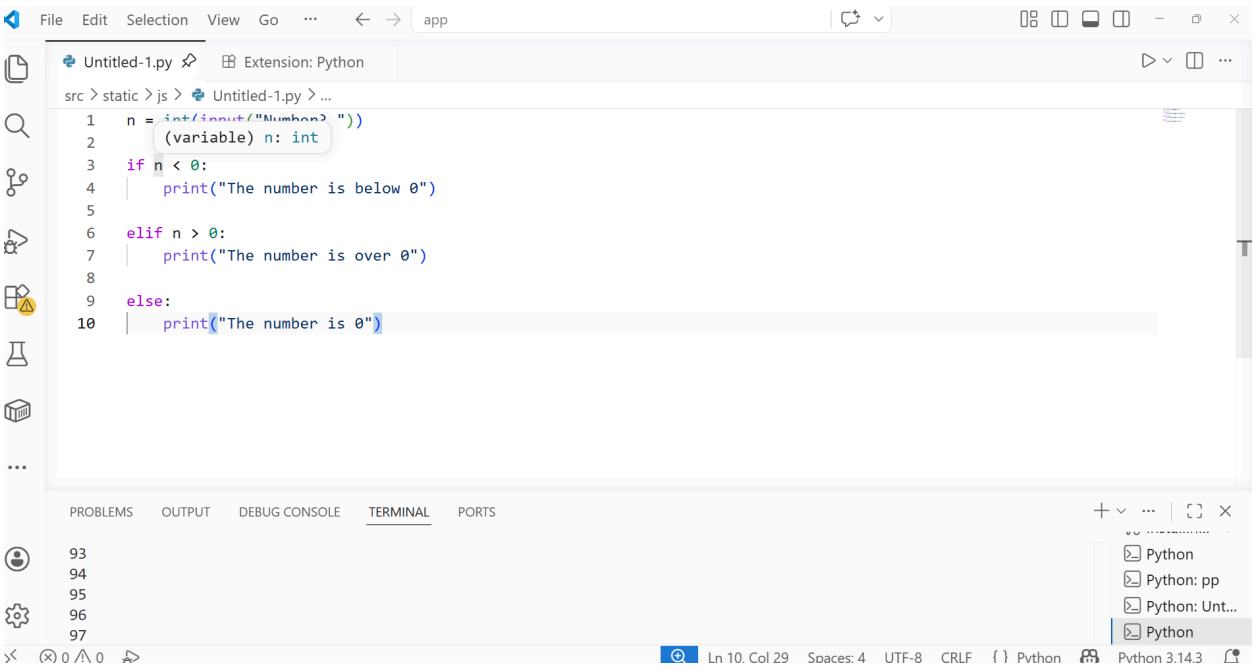


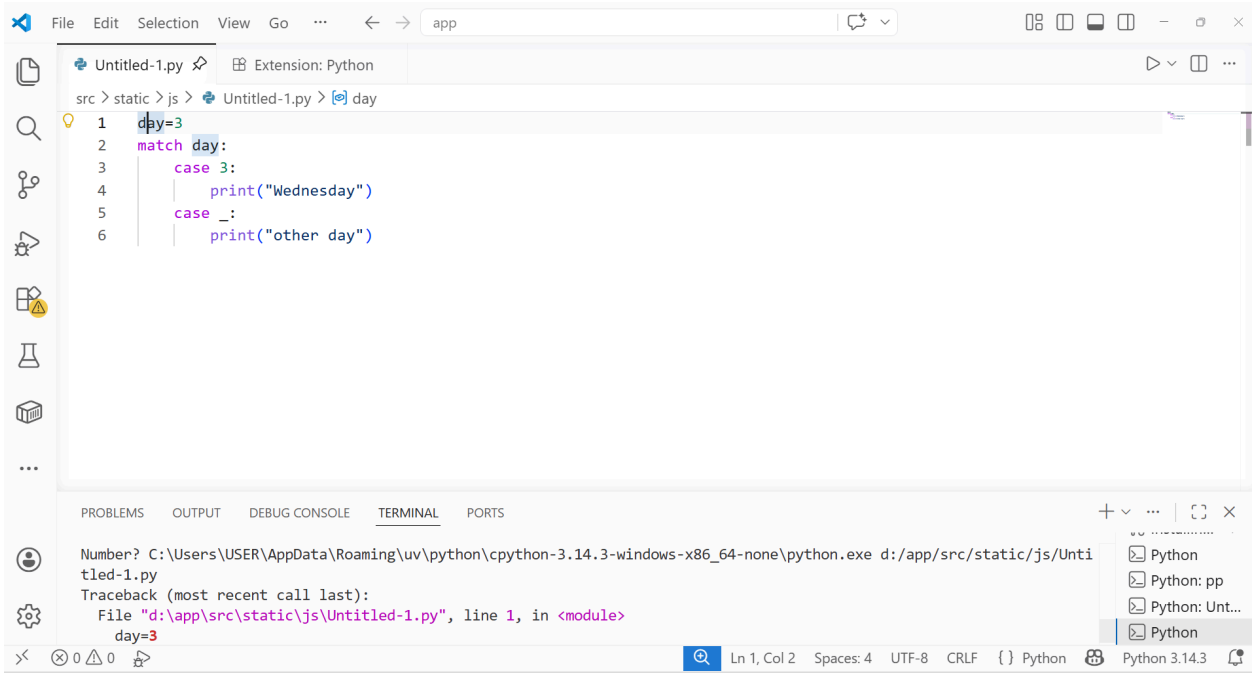


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082

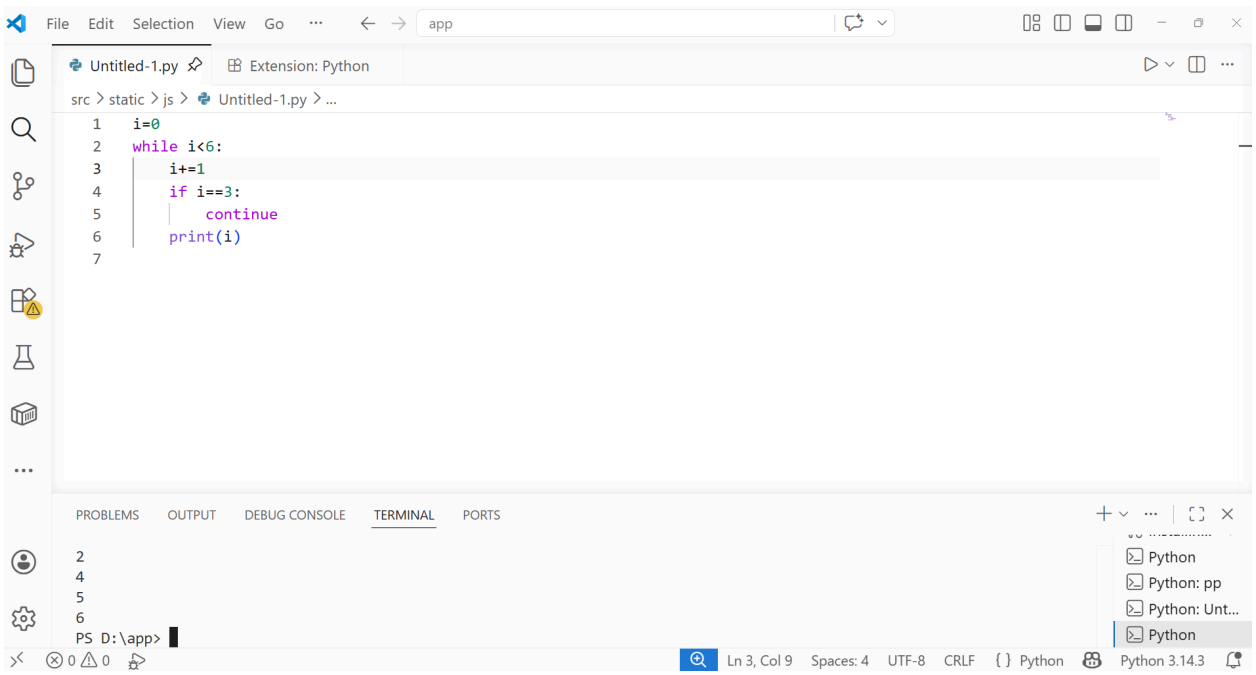


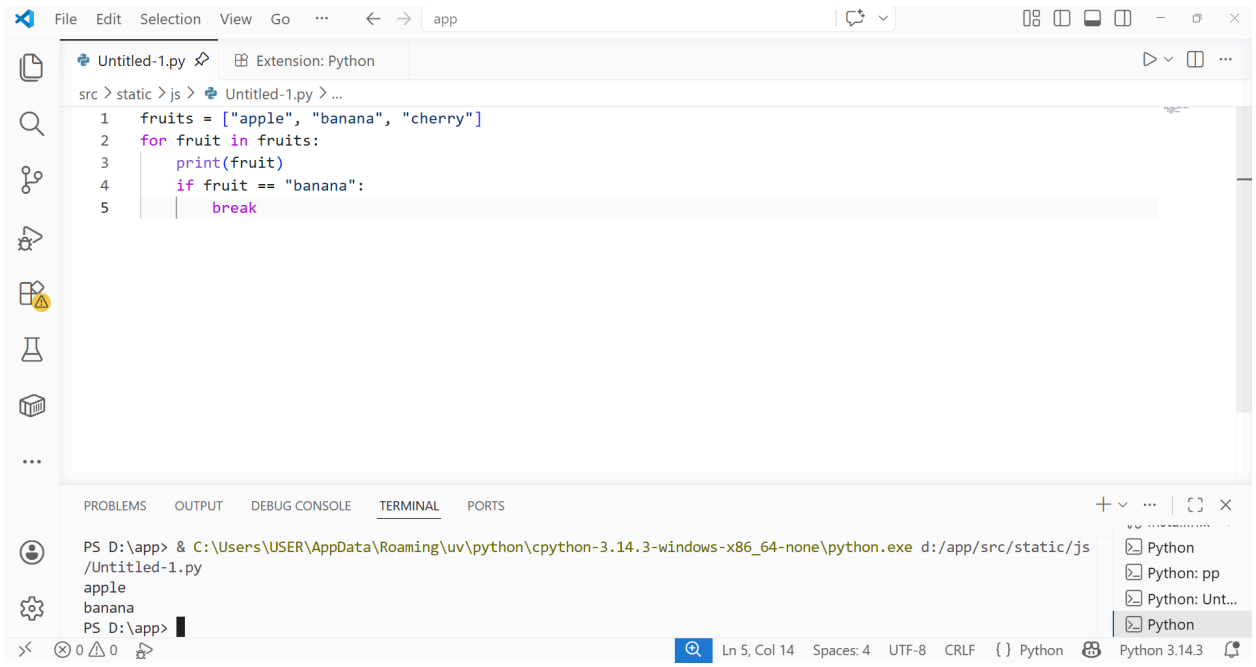


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



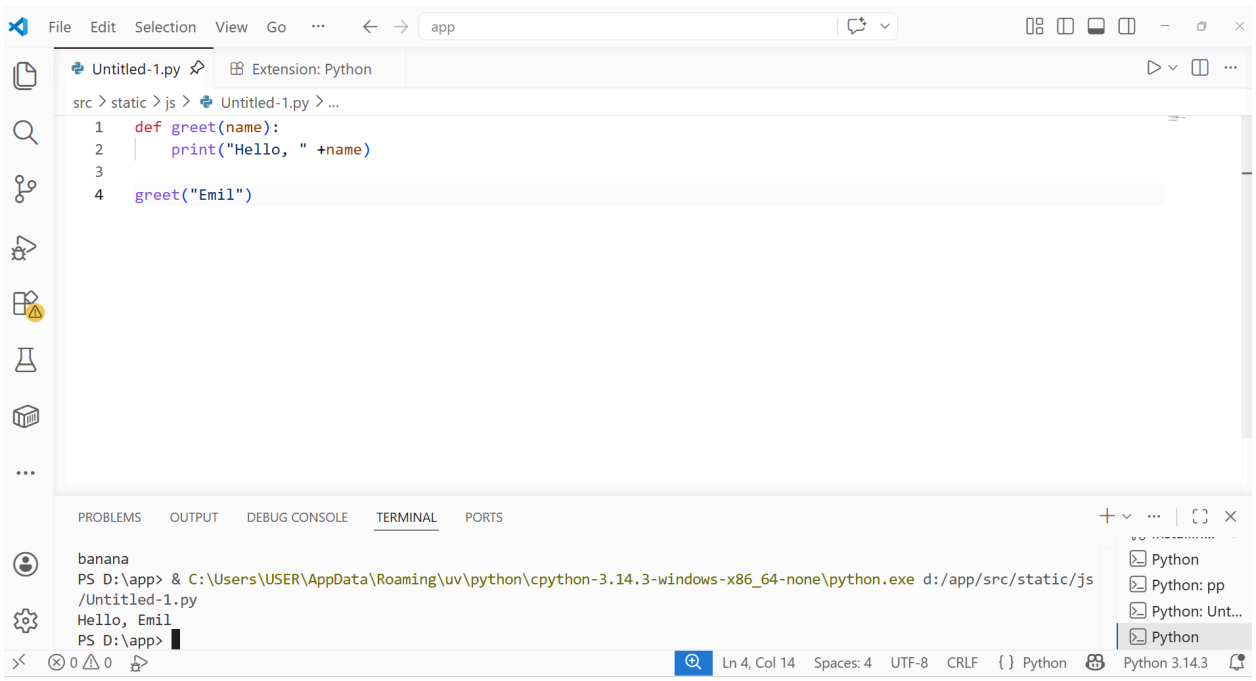


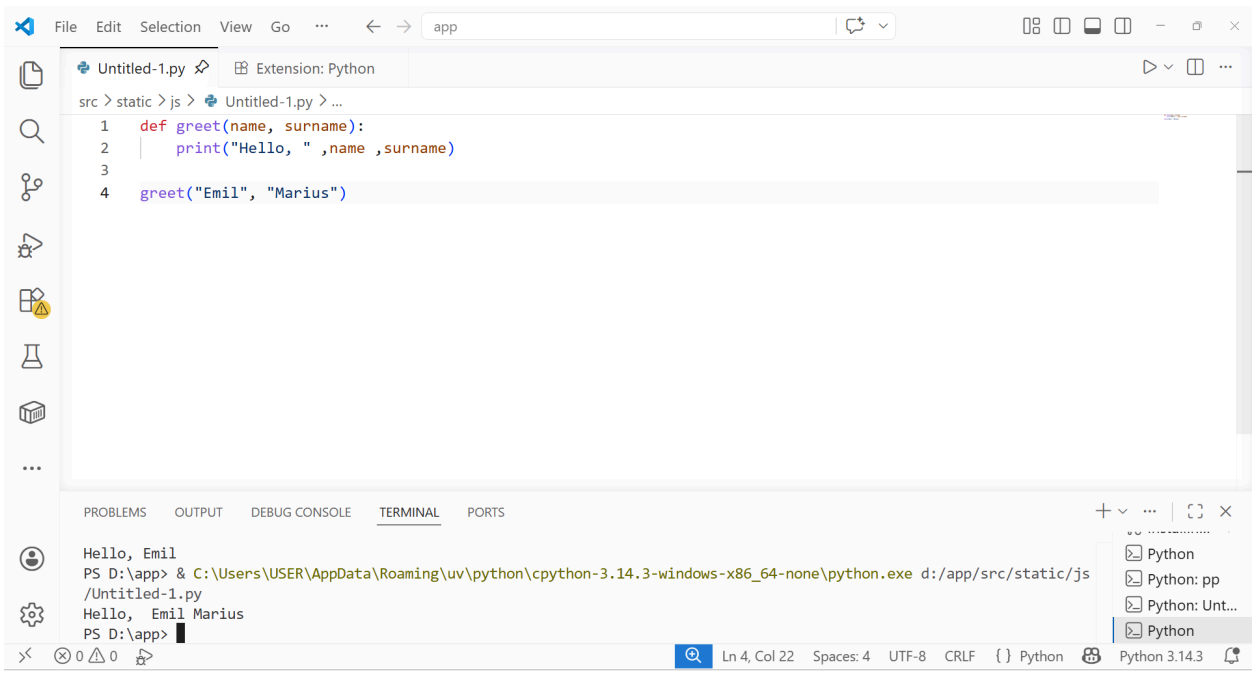
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

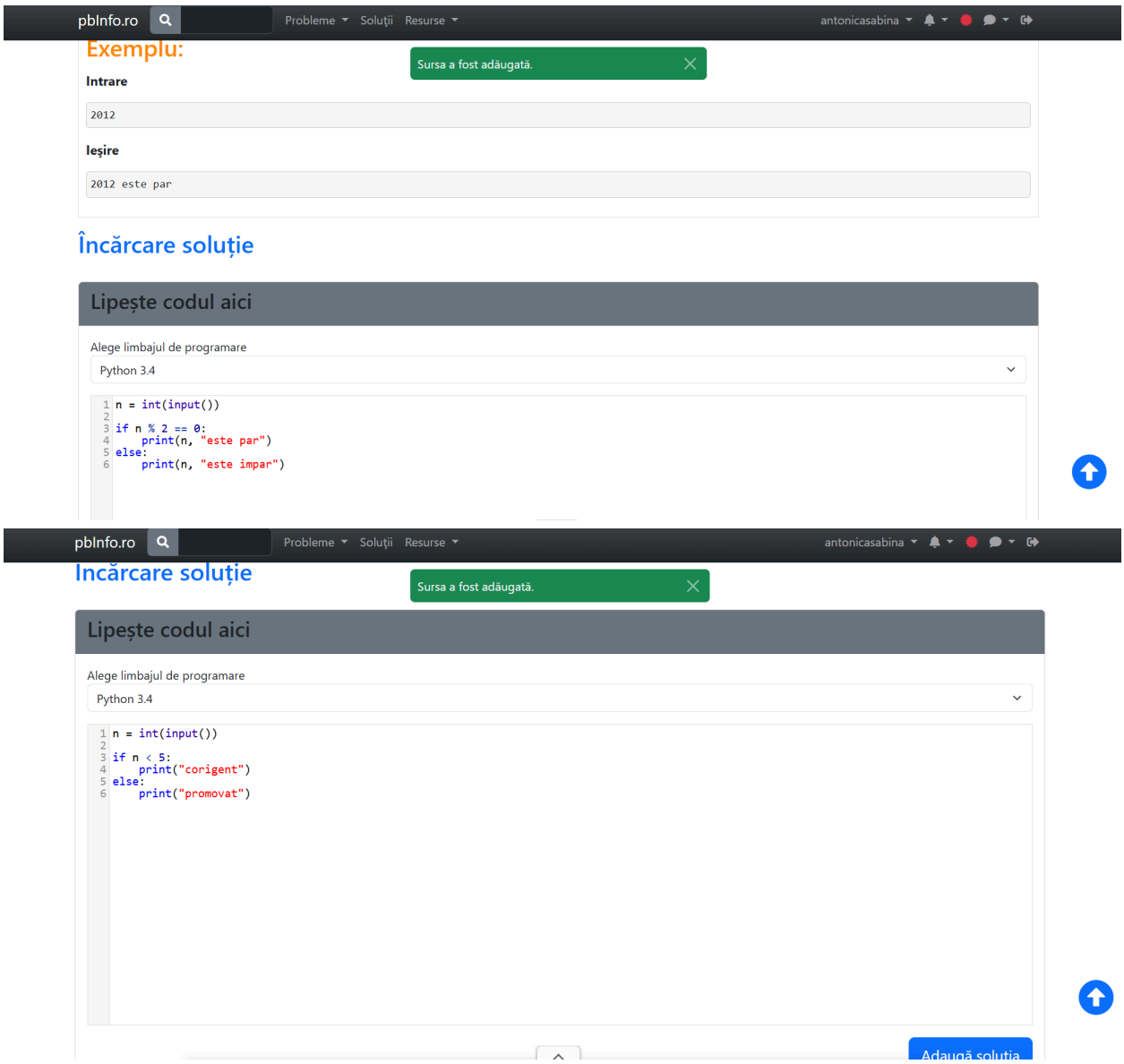




DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

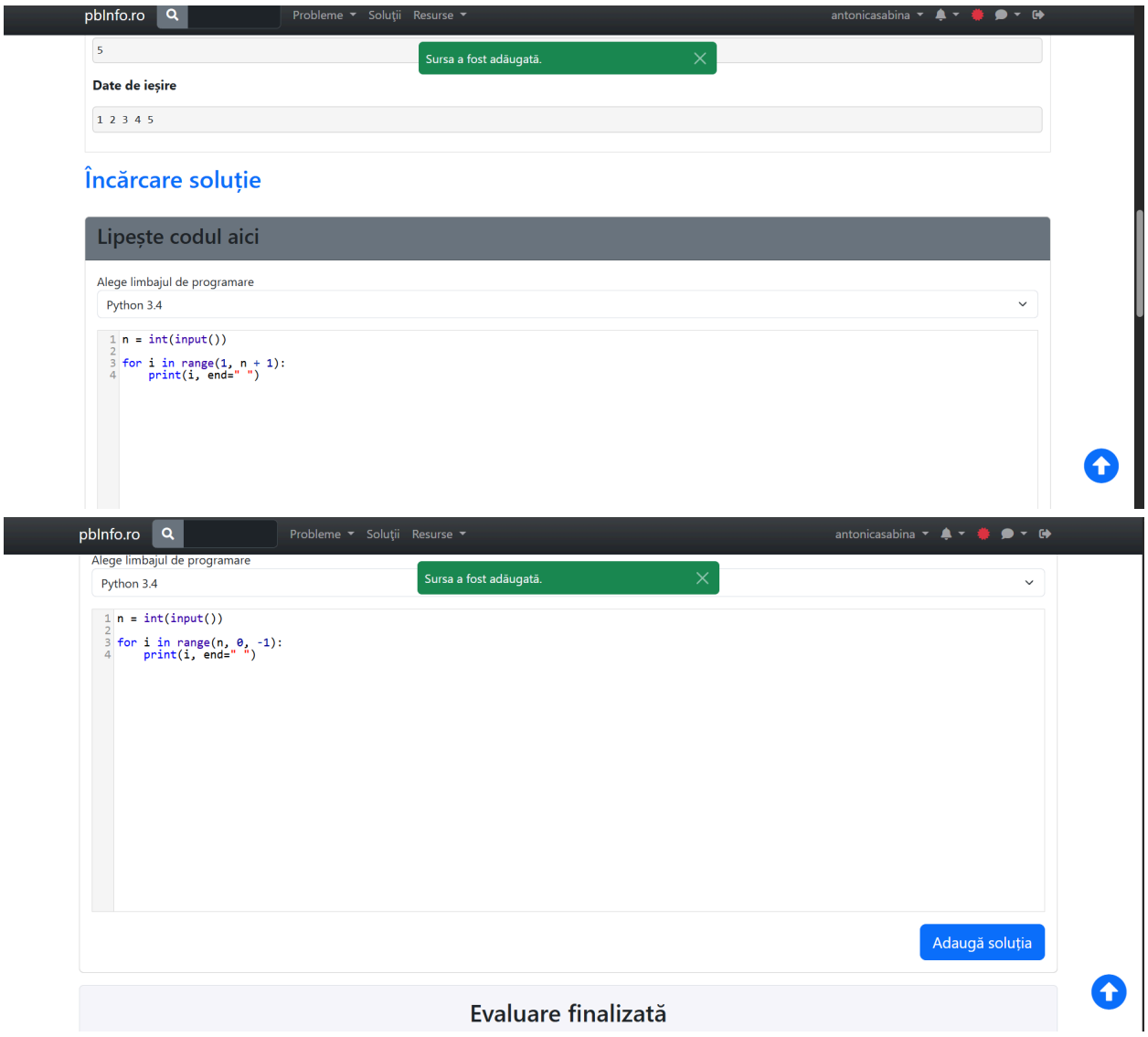
Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union
Erasmus+
2025-1-RO01-KA121-VET-000319082

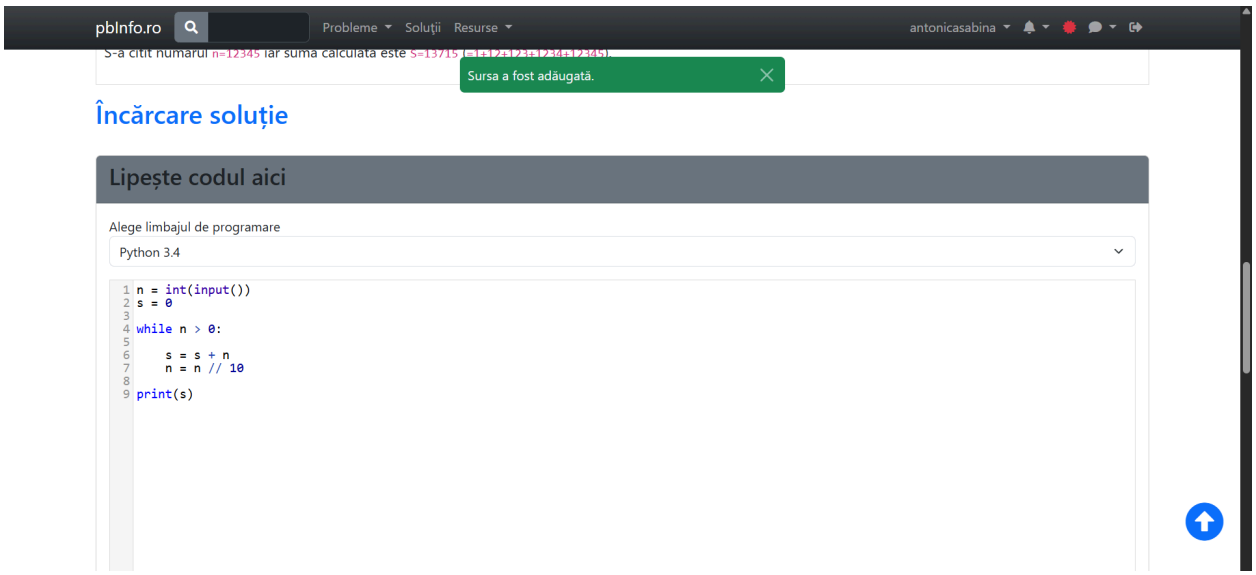


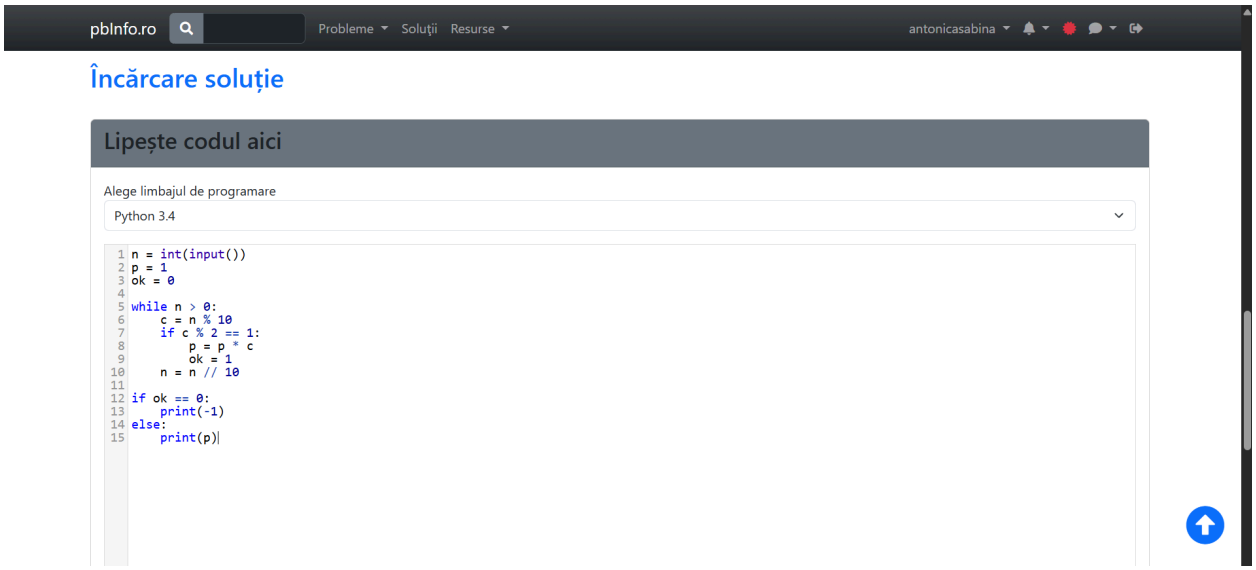
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



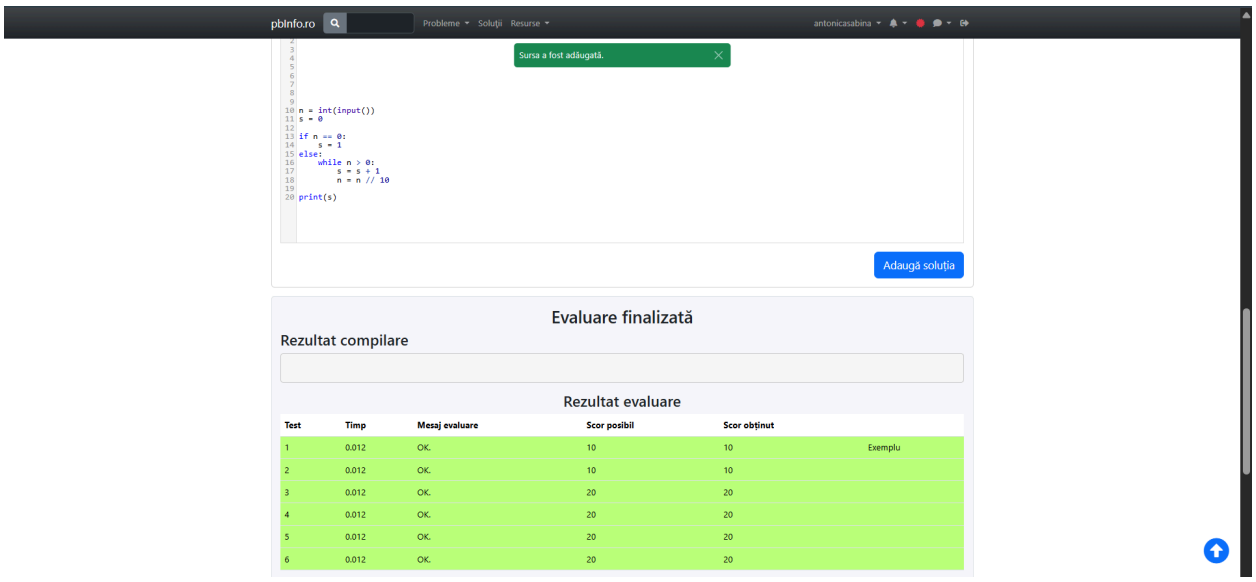


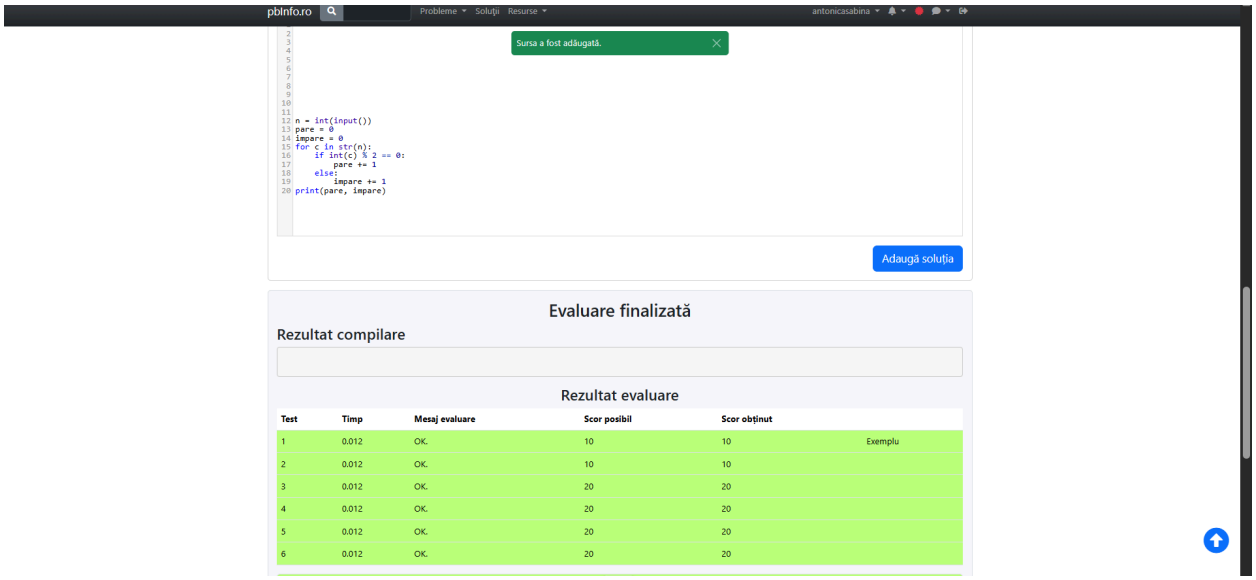
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



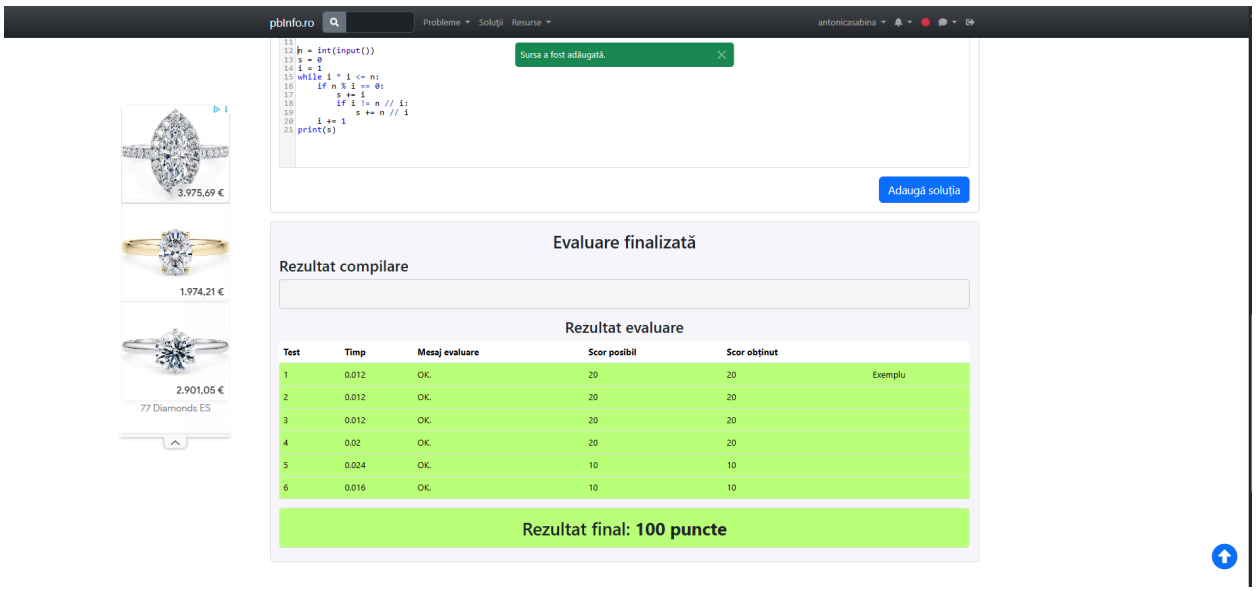


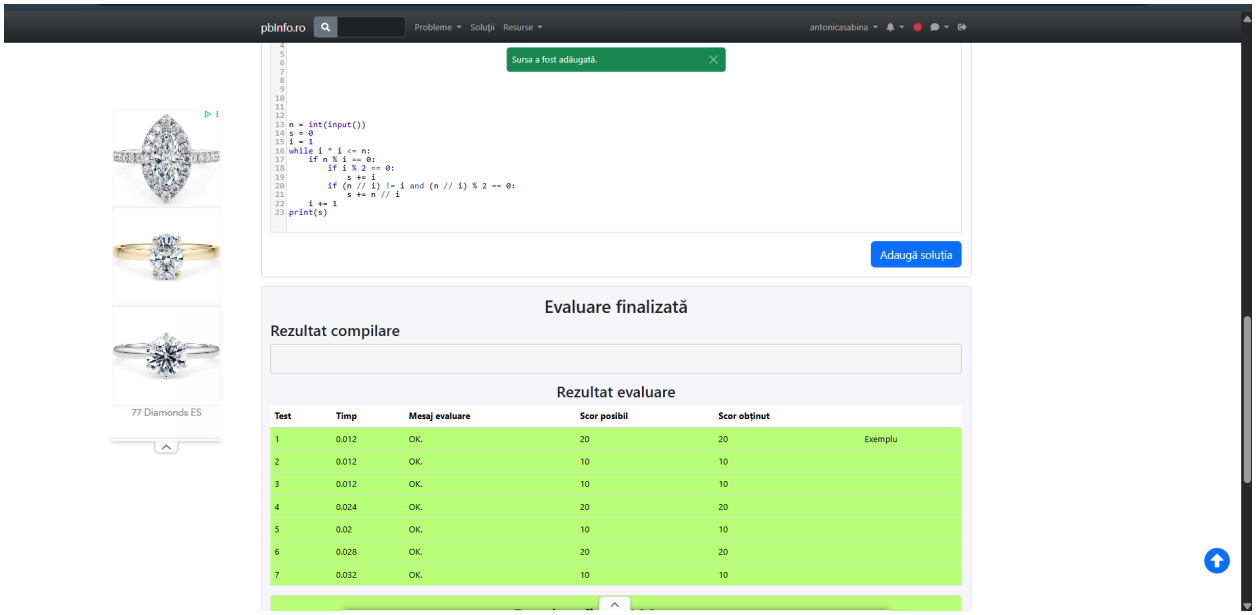
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



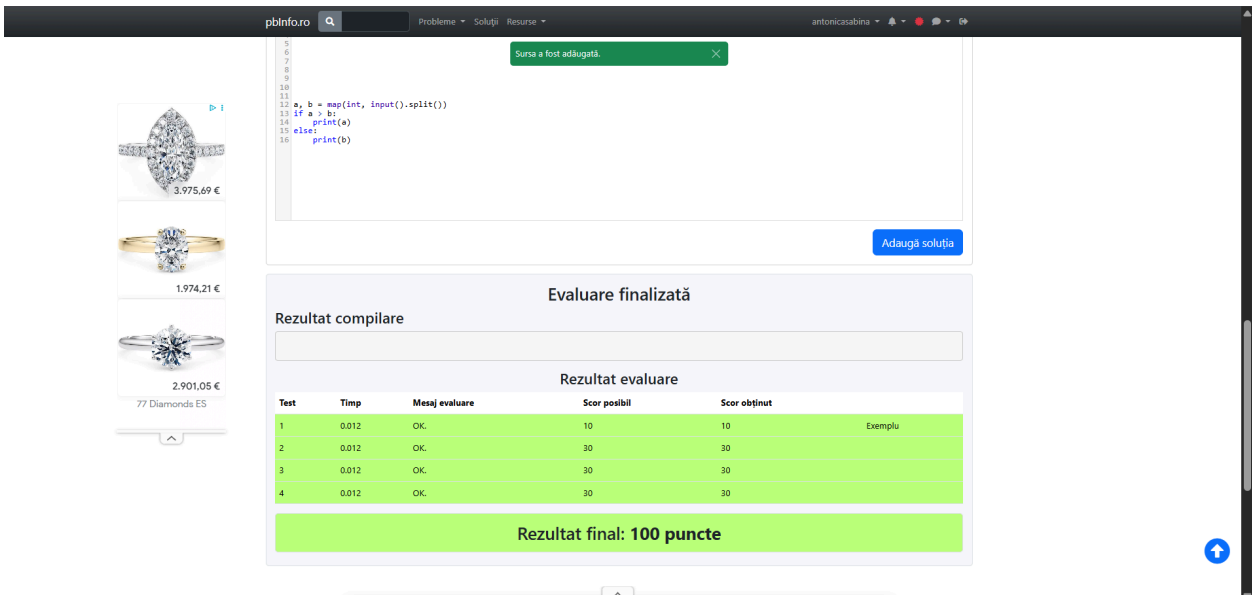


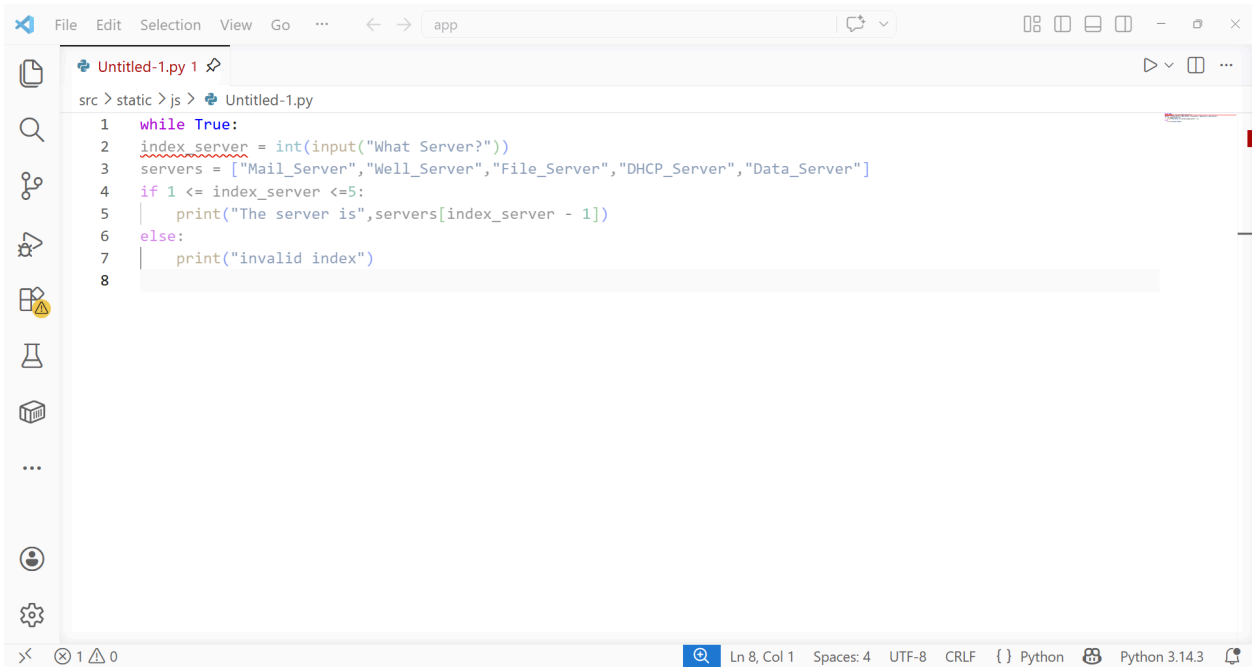
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



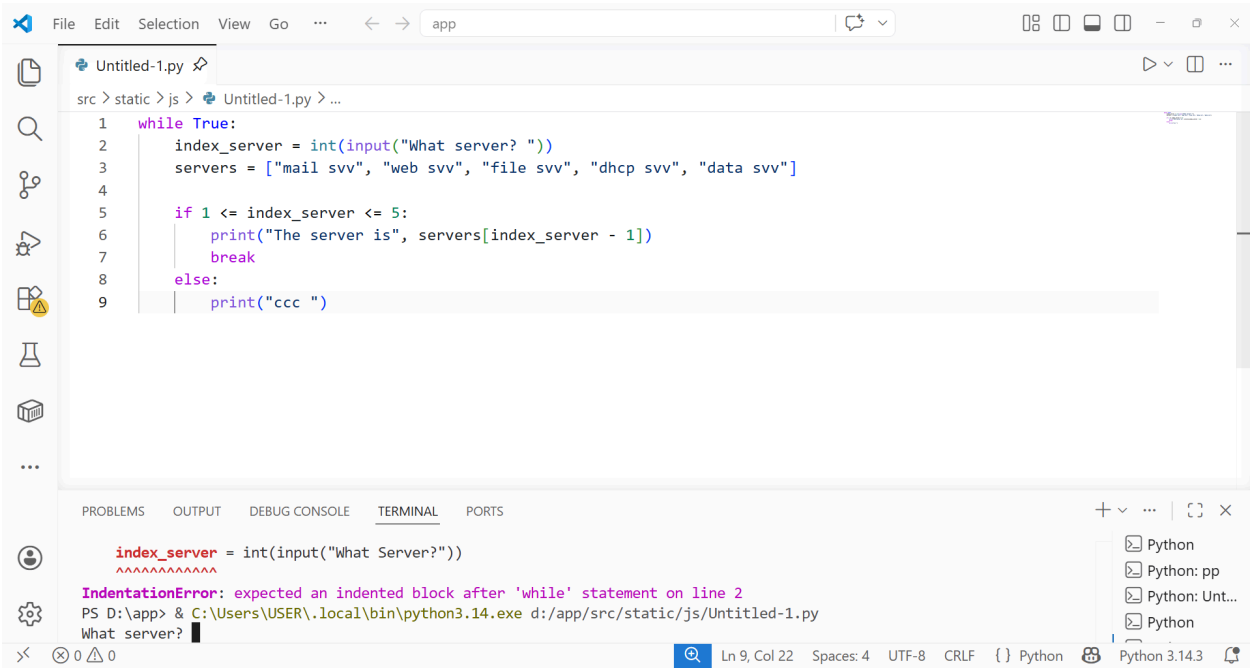


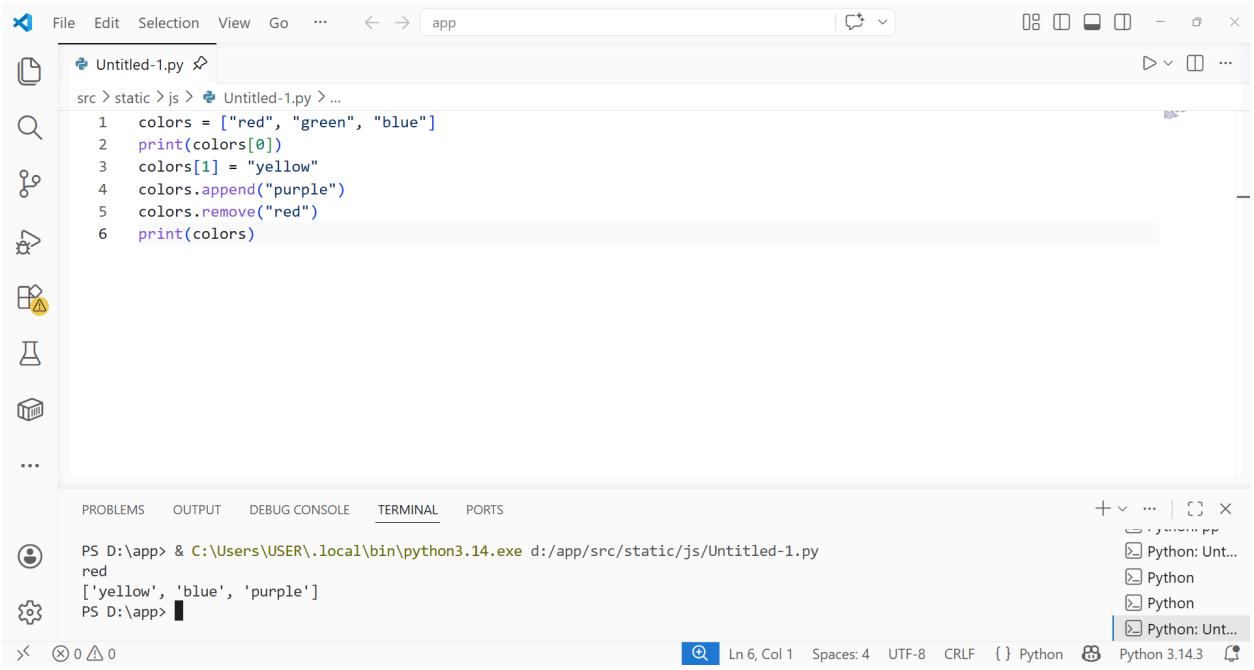
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



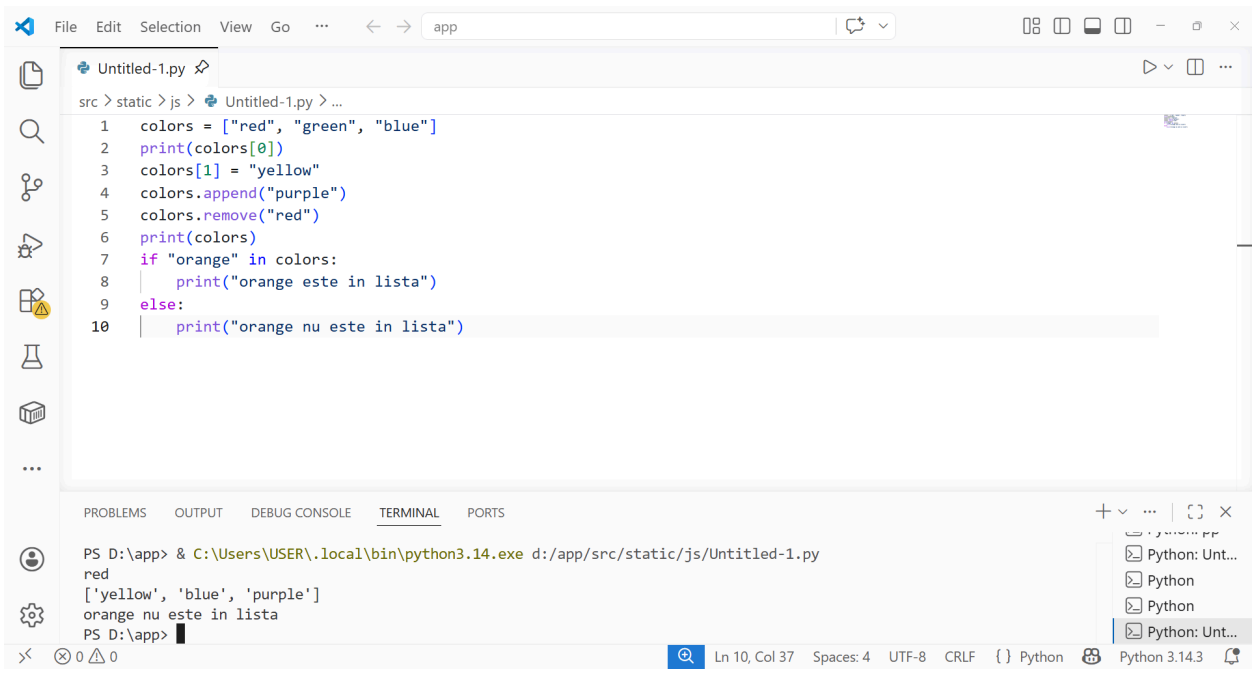


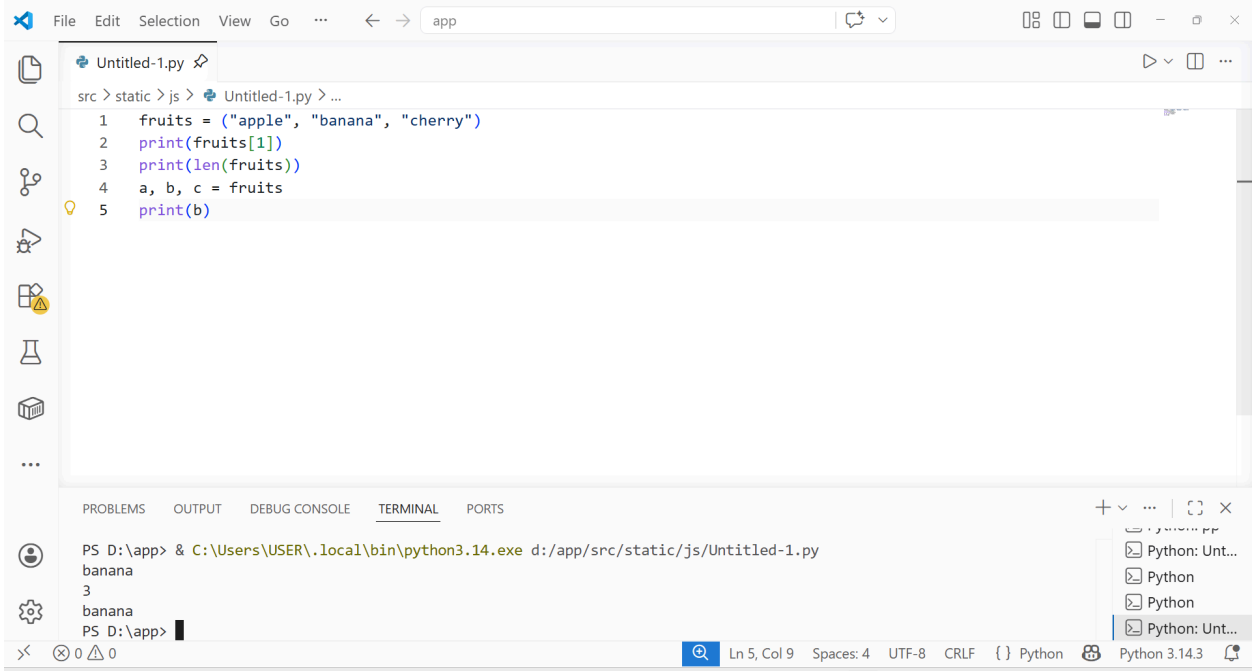
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



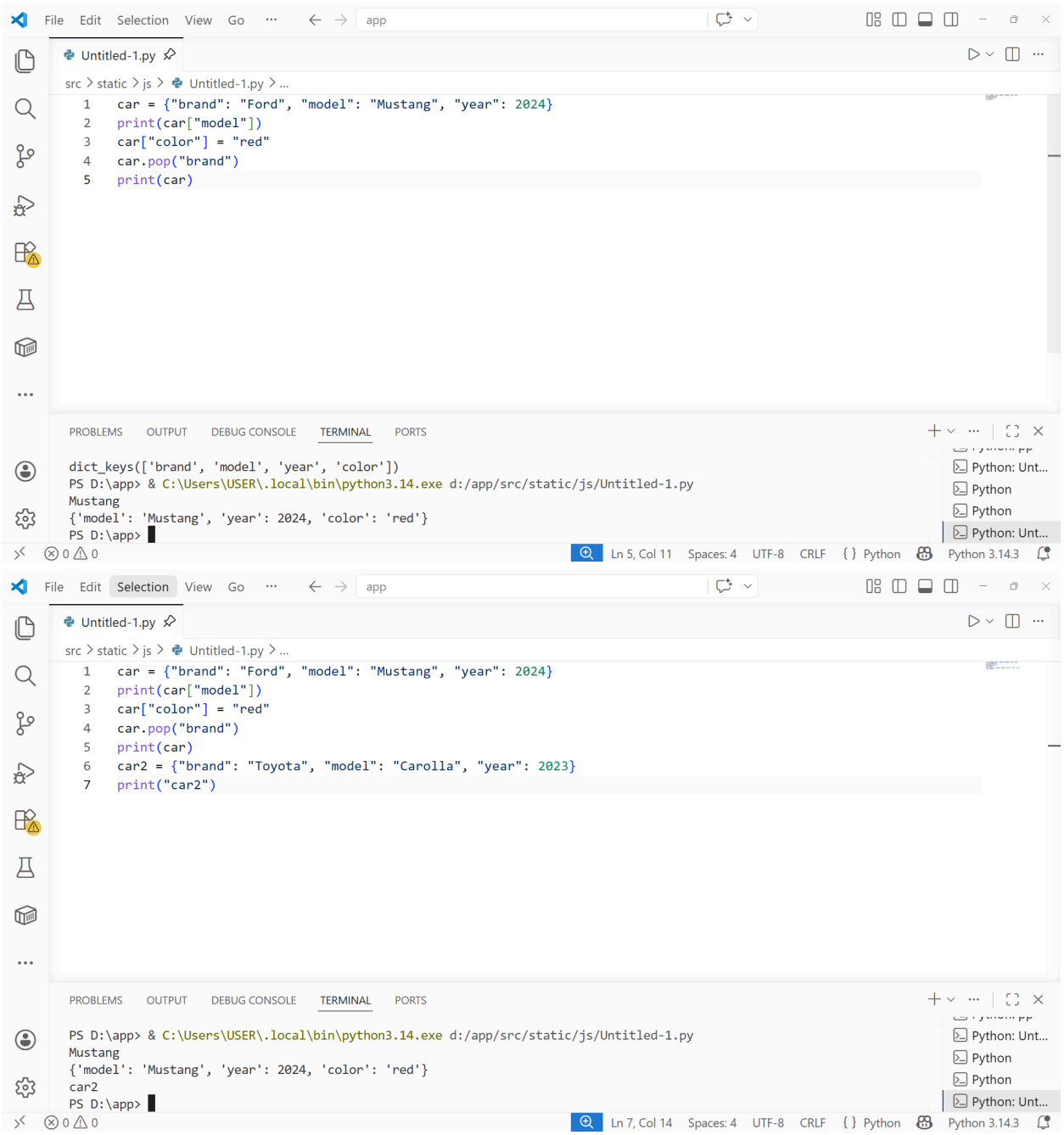


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

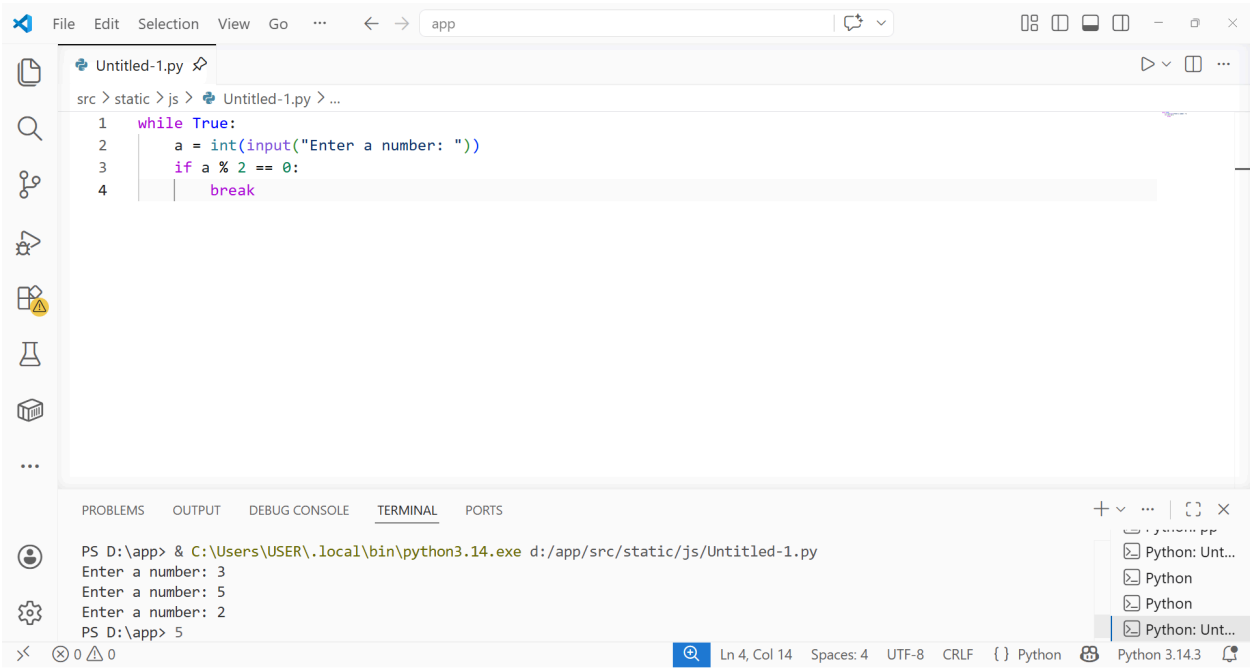


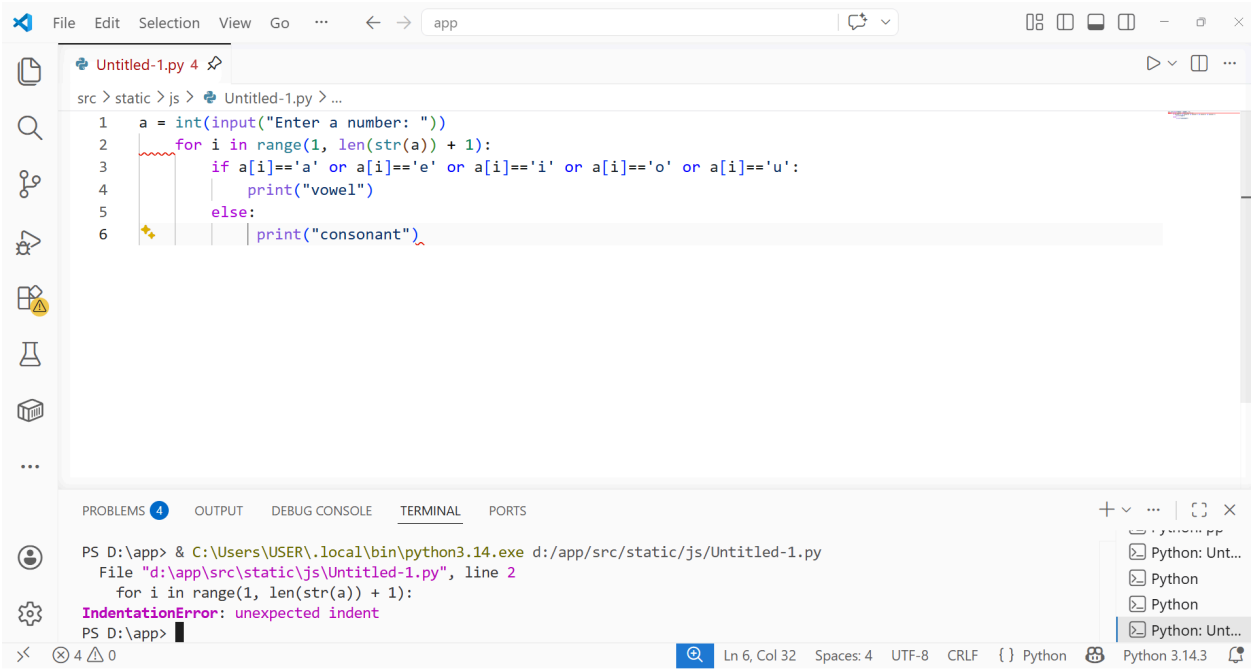
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



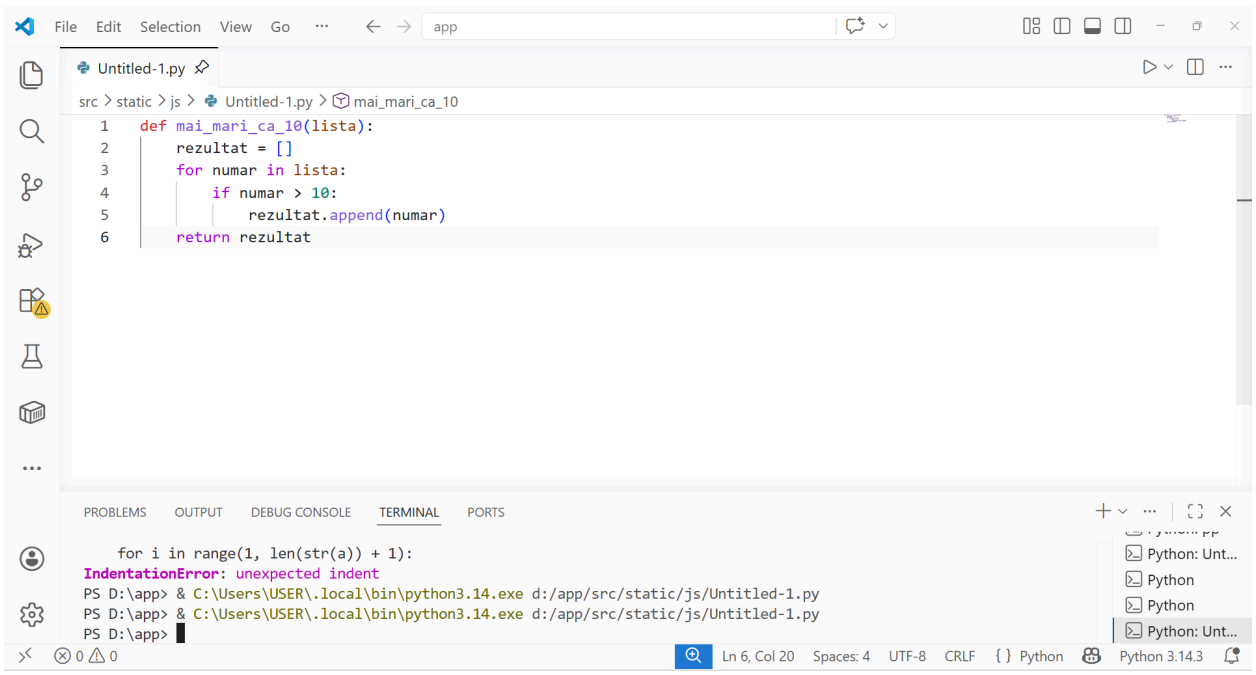


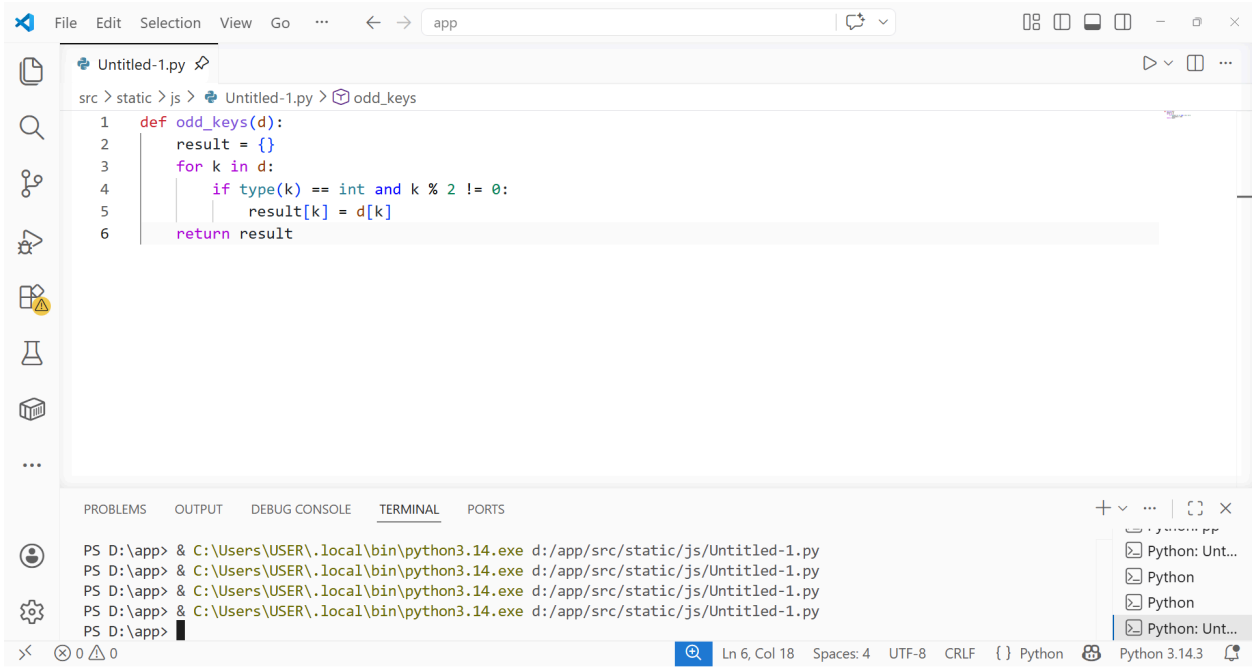
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



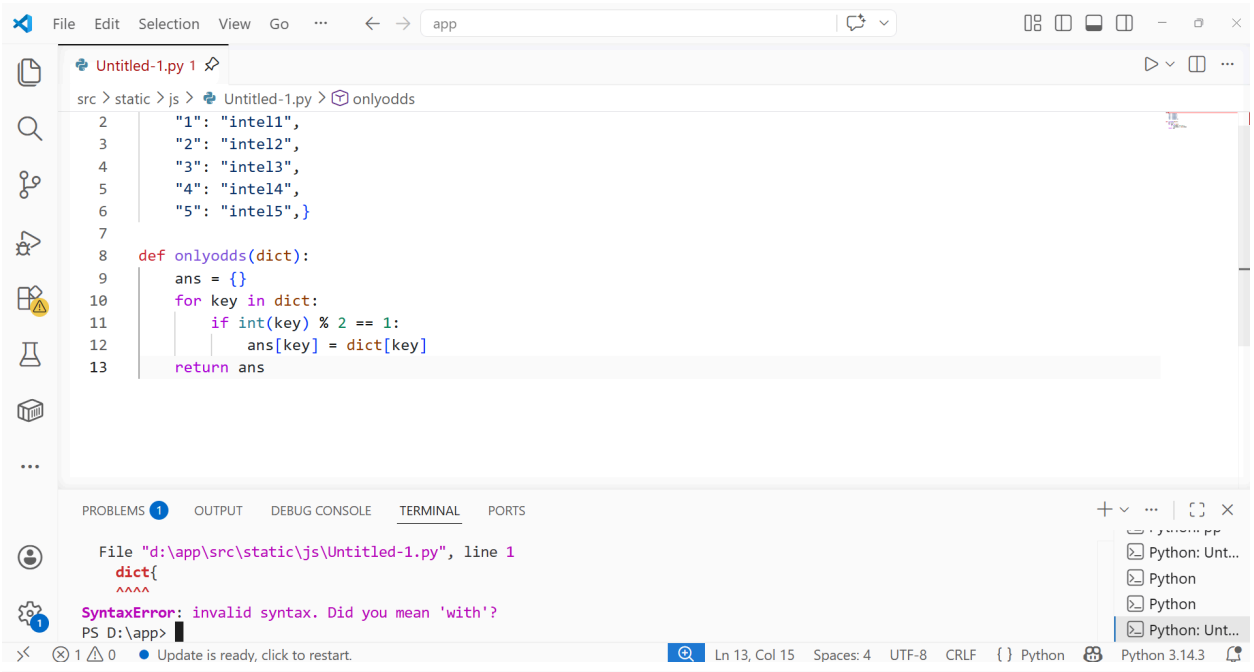


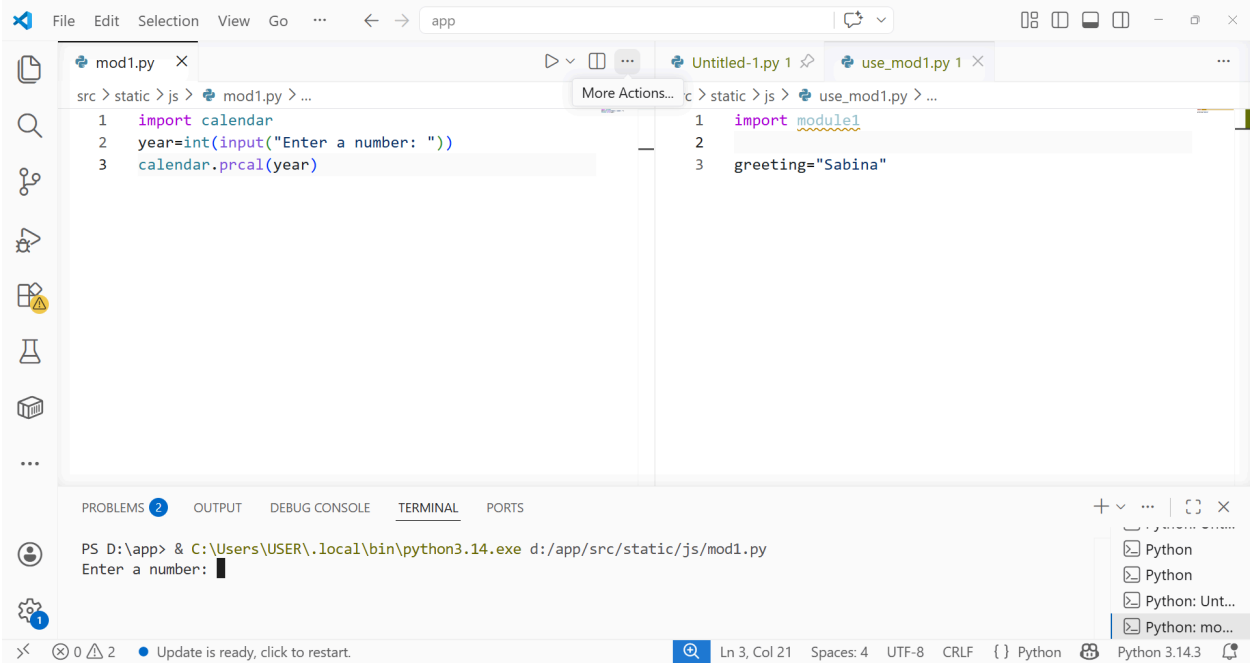
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



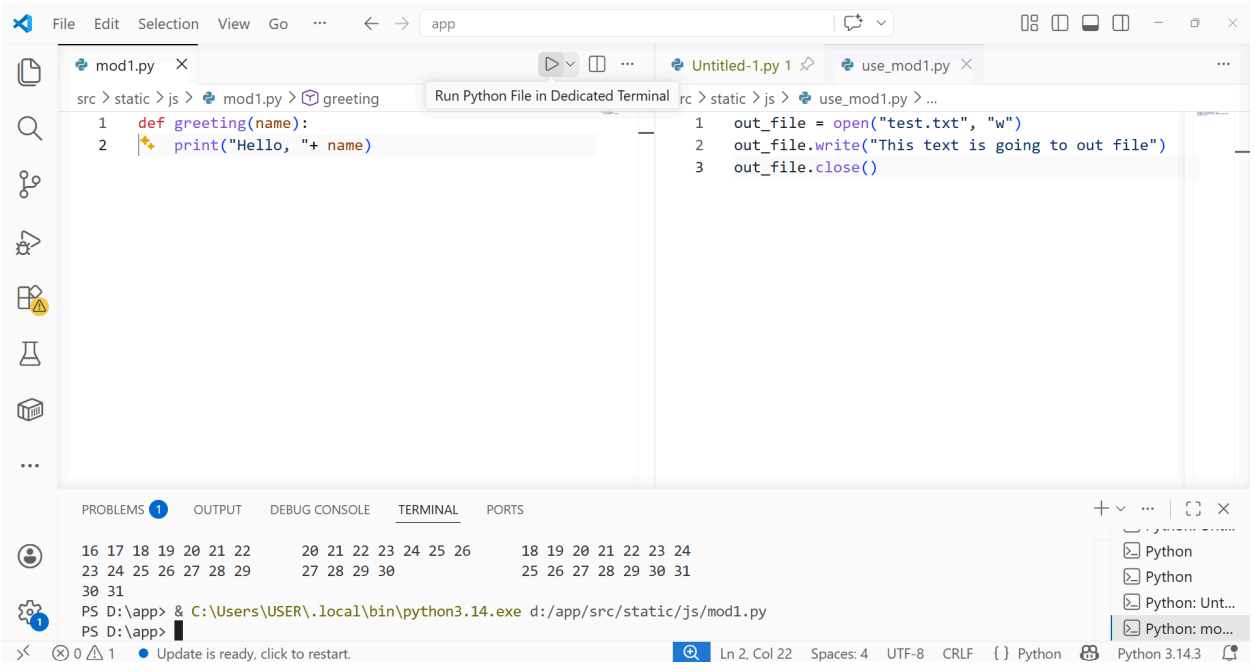


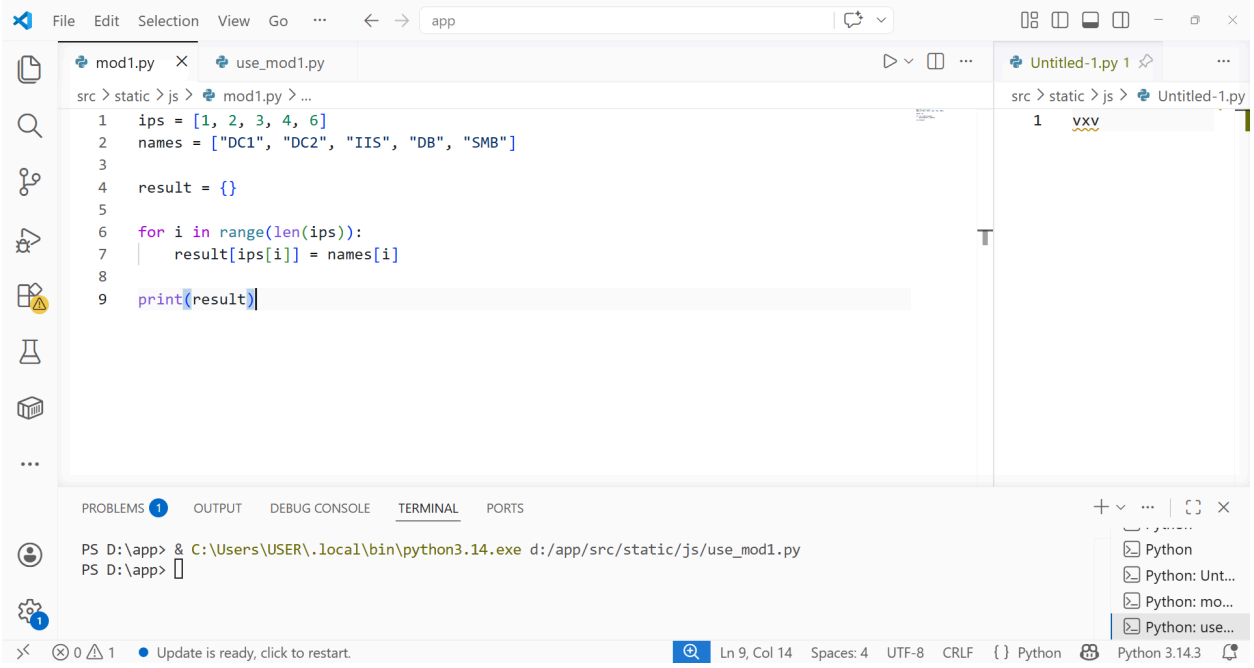
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



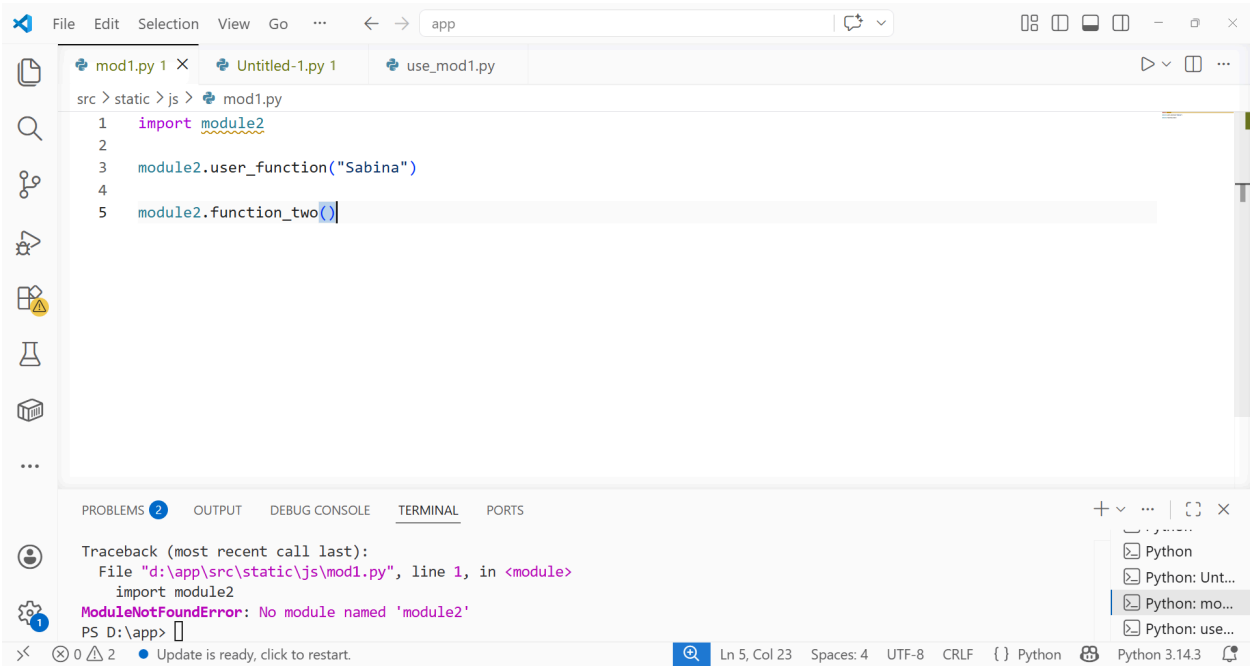


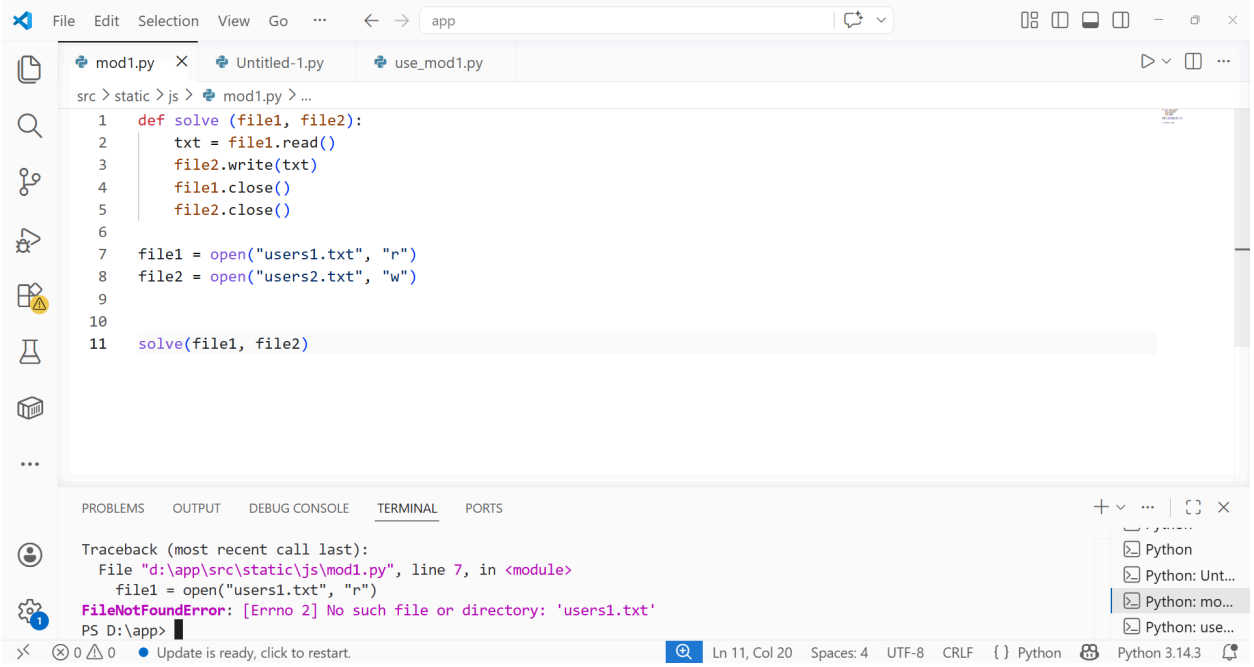
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

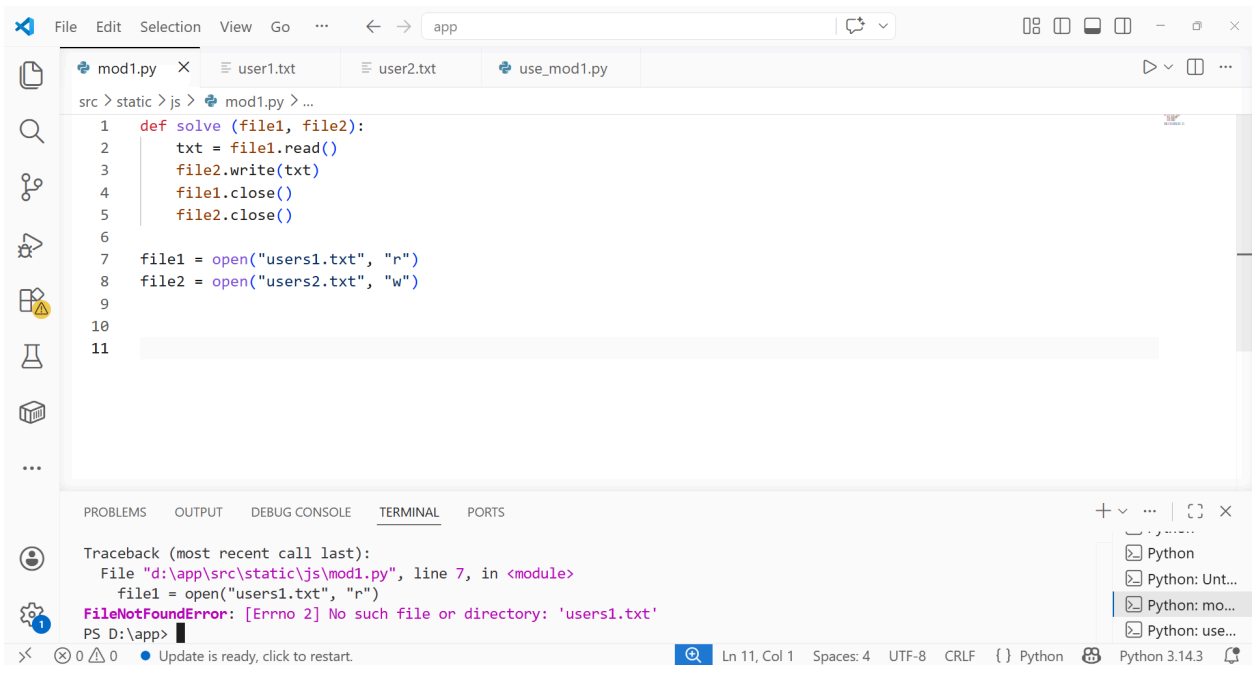
2025-1-RO01-KA121-VET-000319082

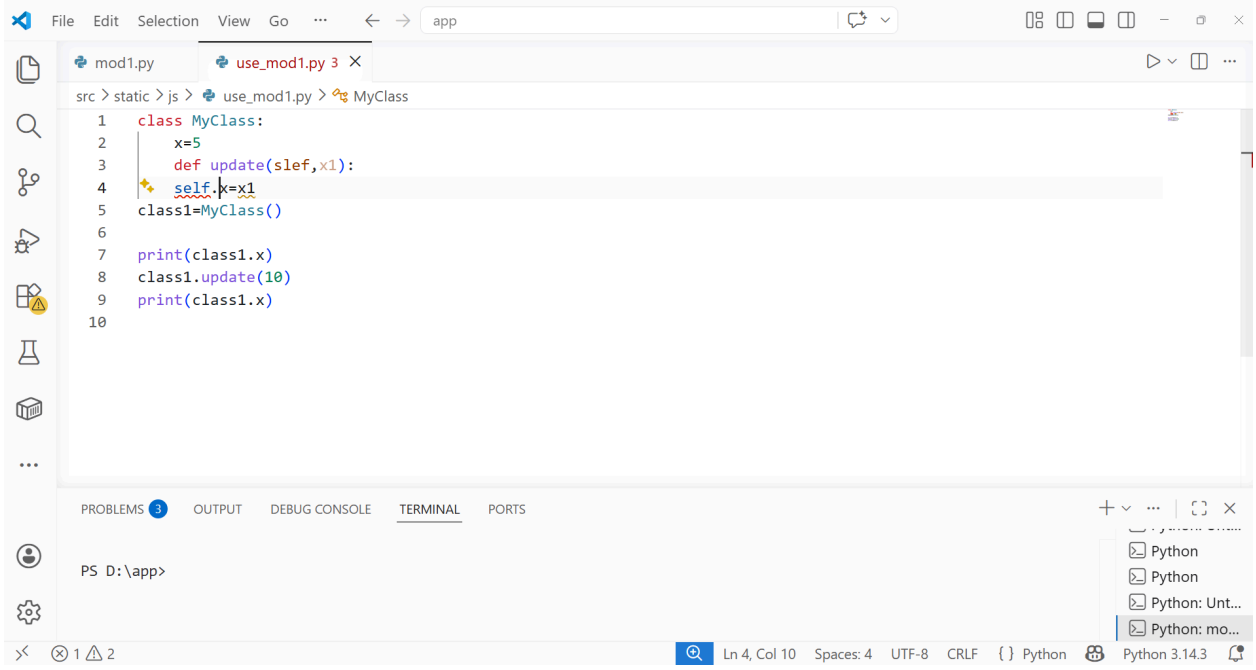




DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union
Erasmus+
2025-1-RO01-KA121-VET-000319082



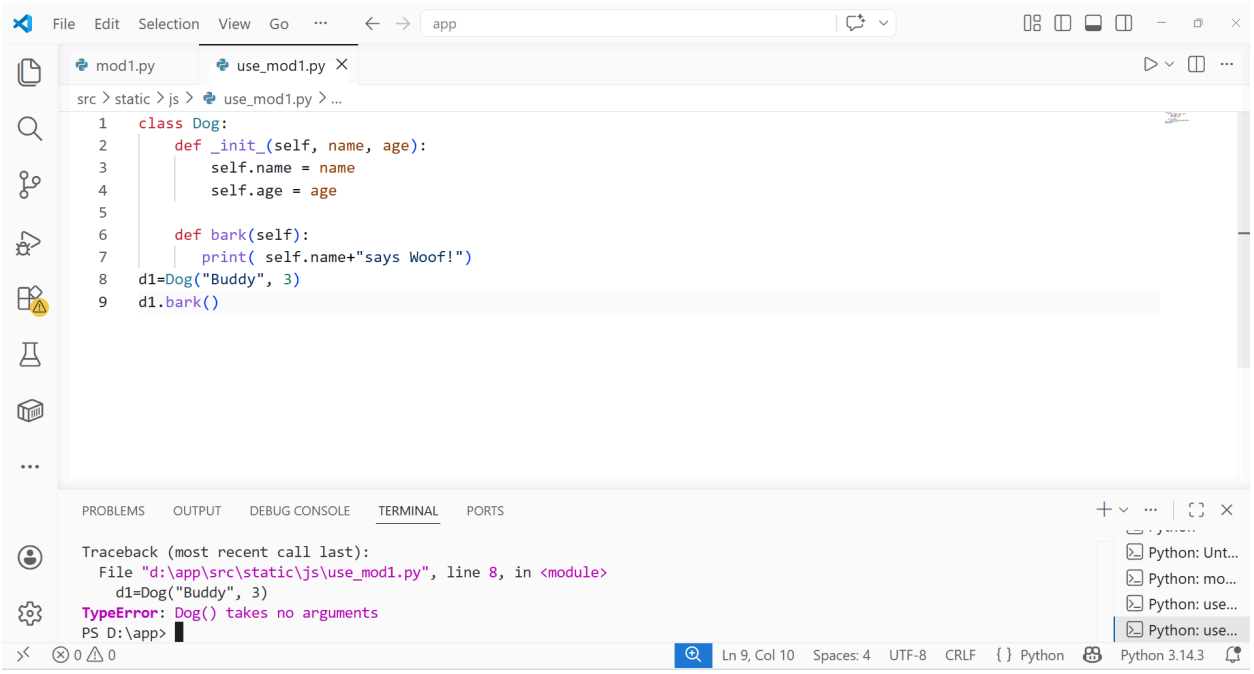


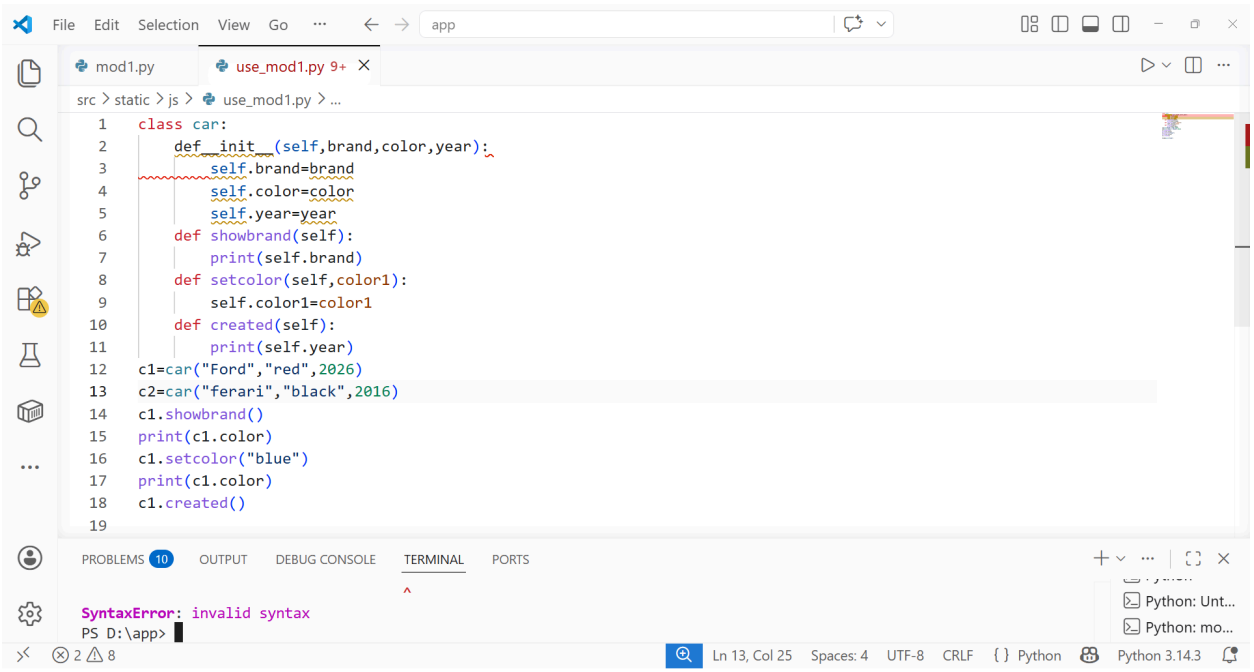
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

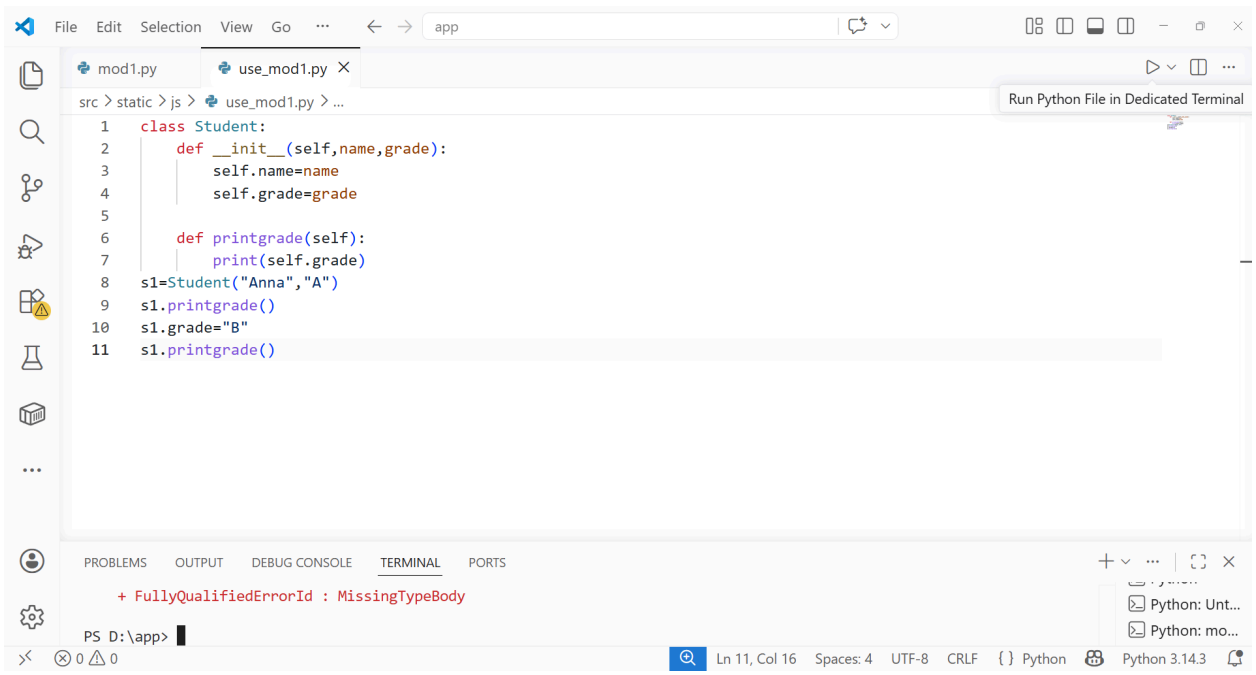


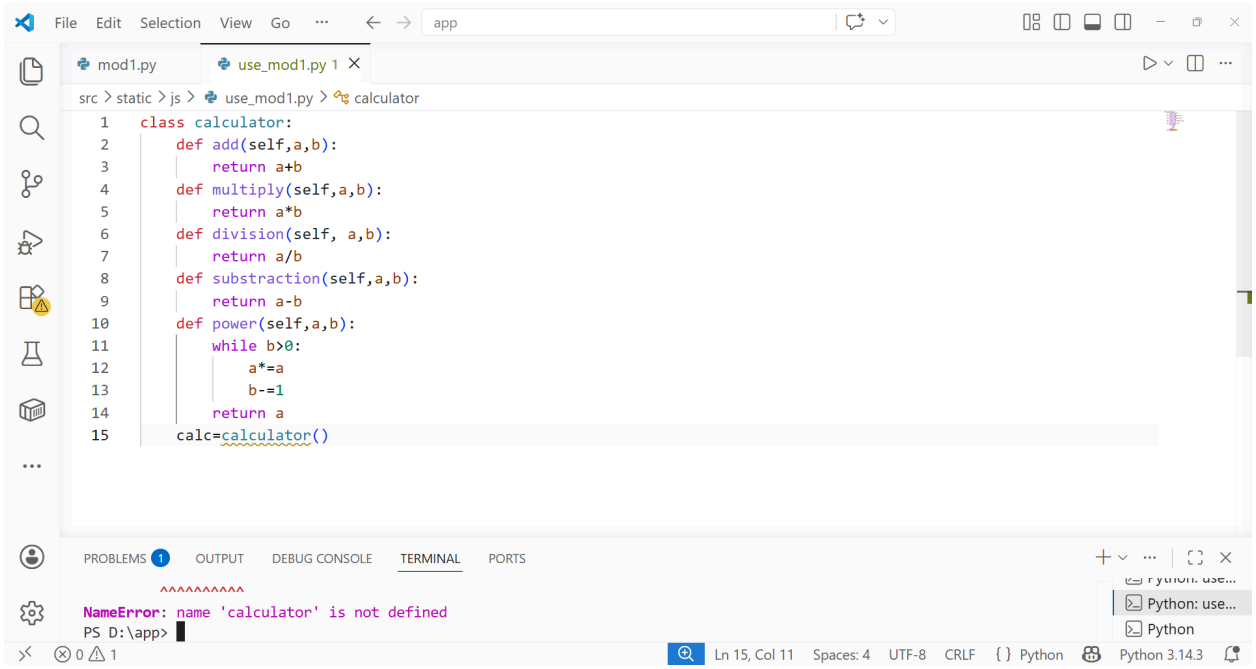


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



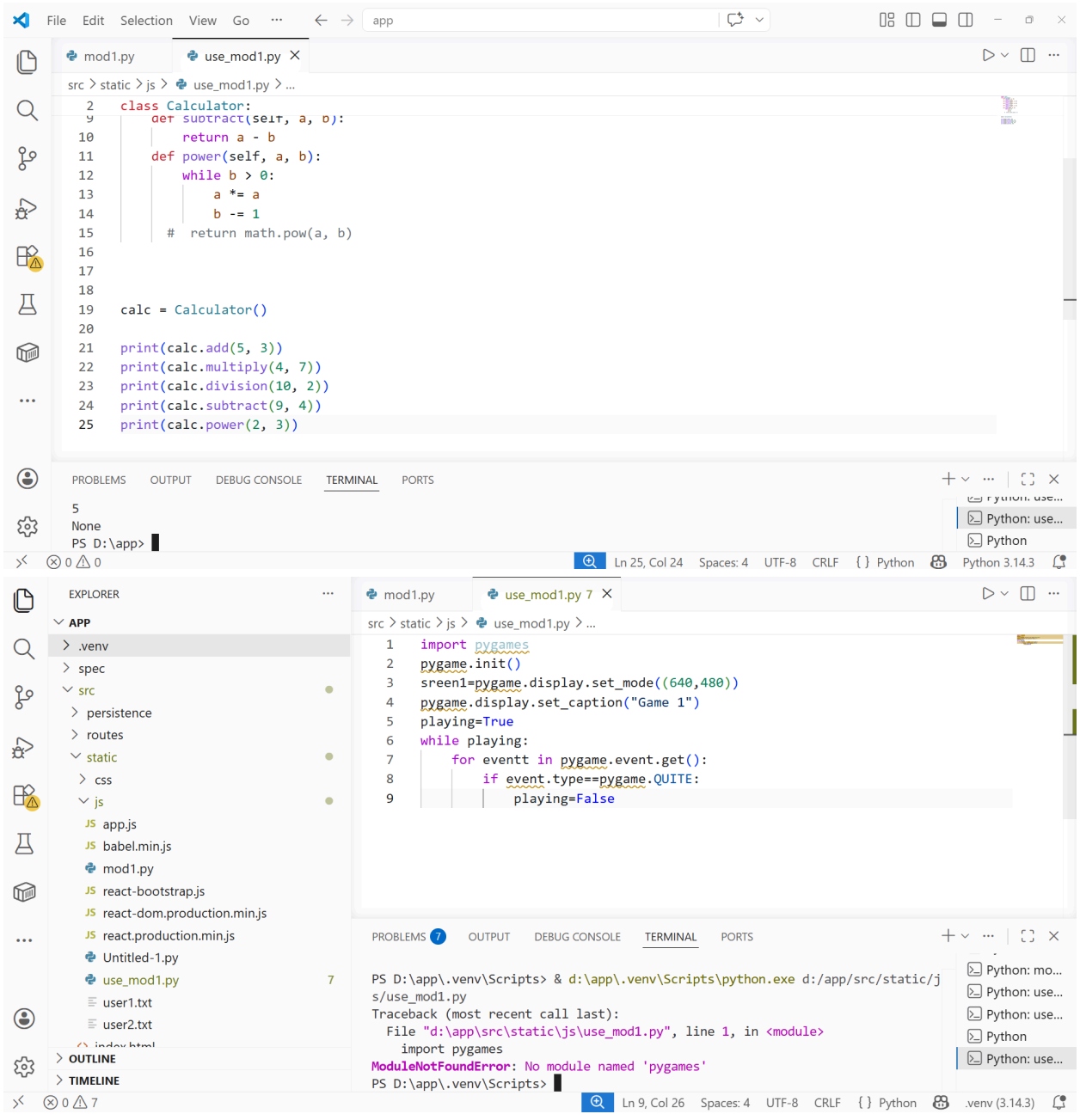


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

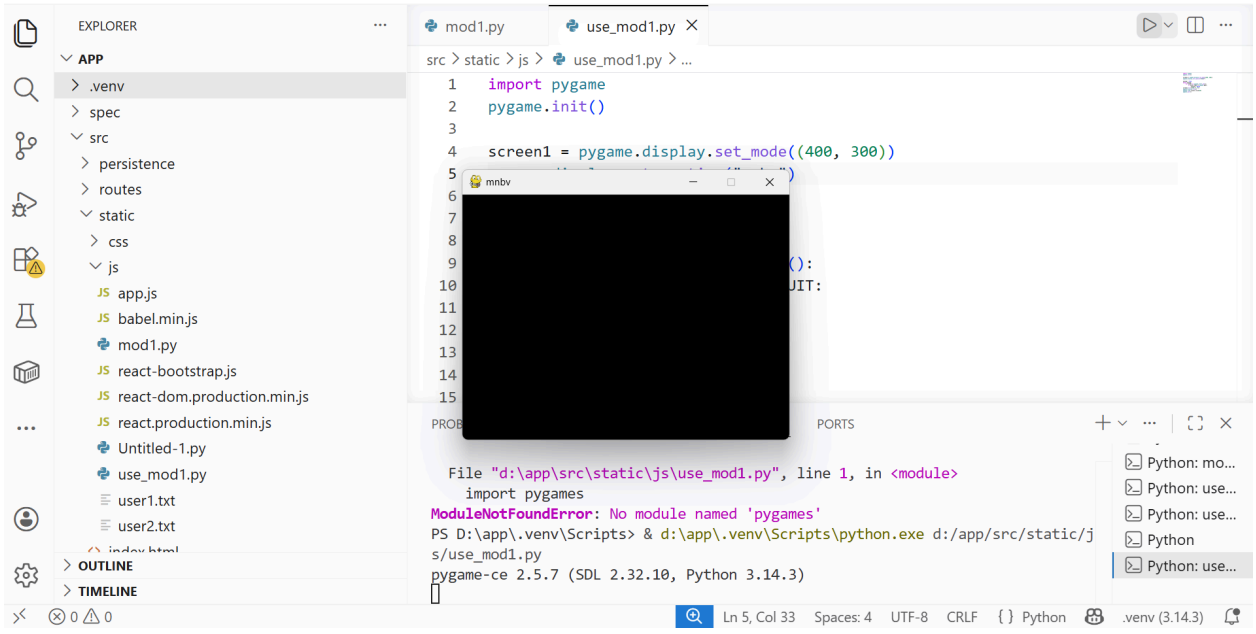


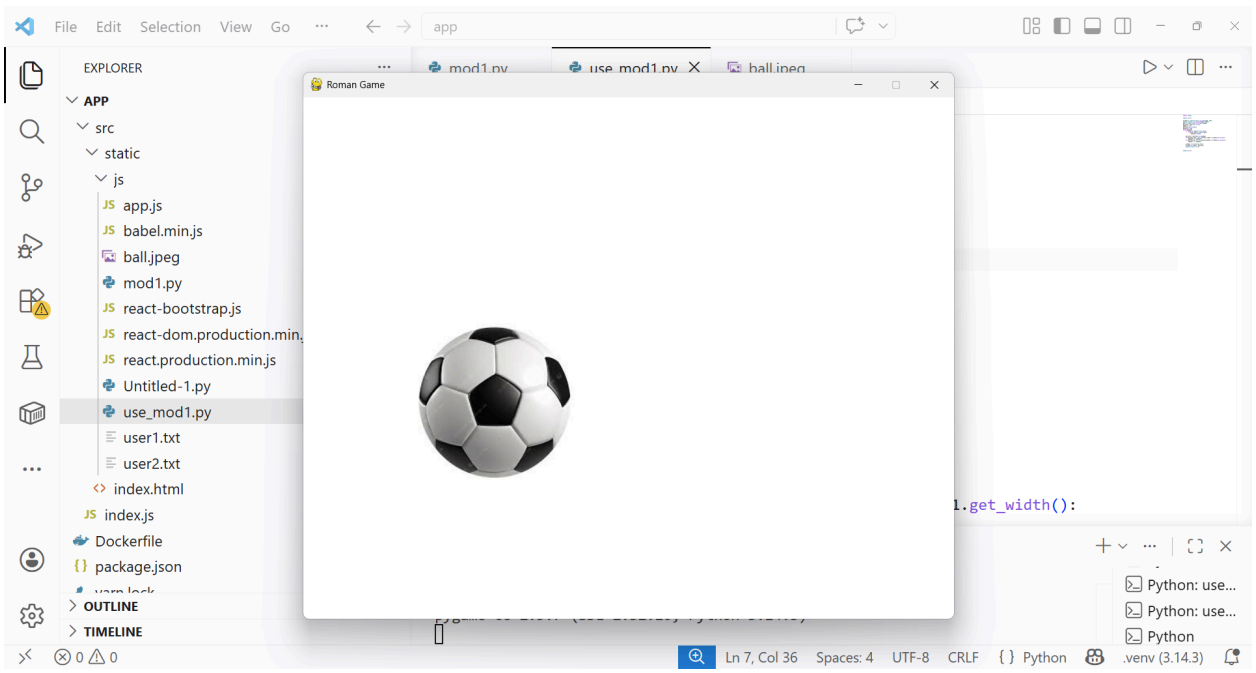
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

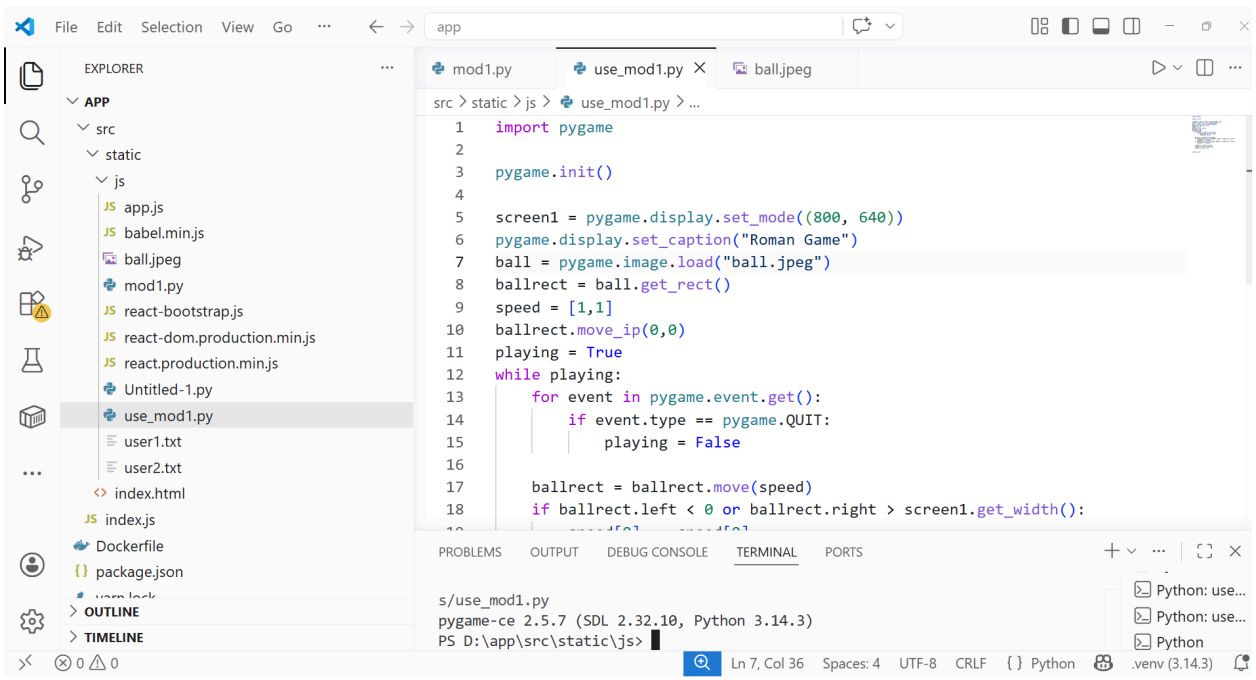


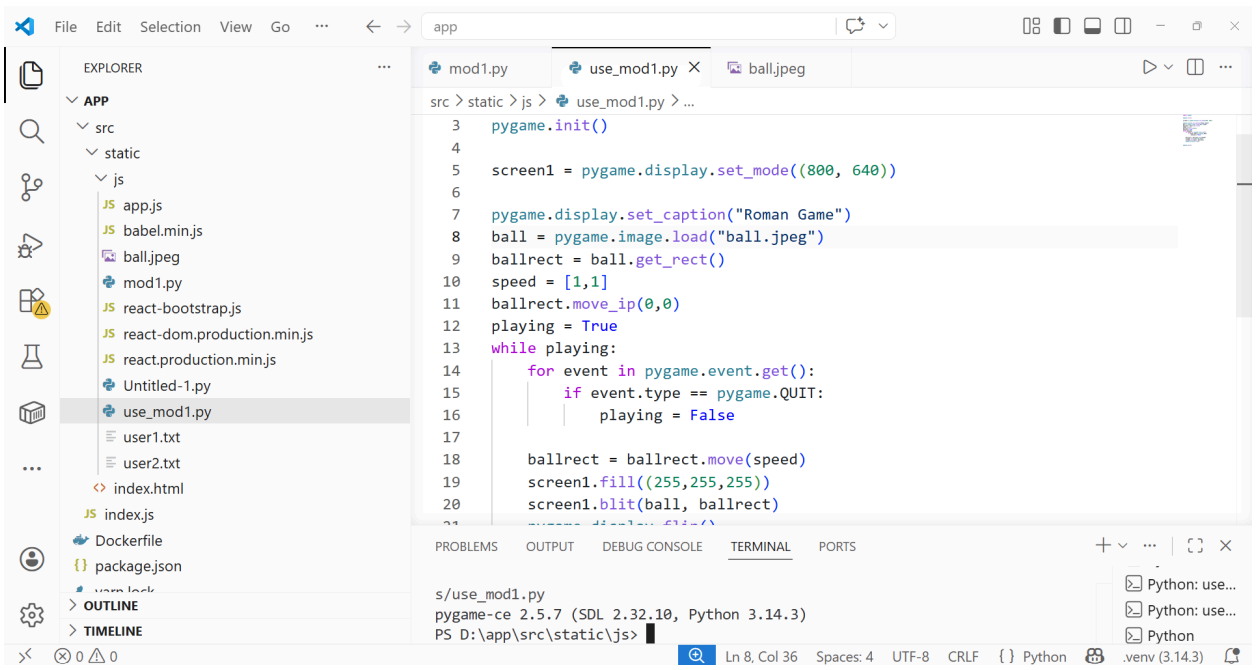


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082

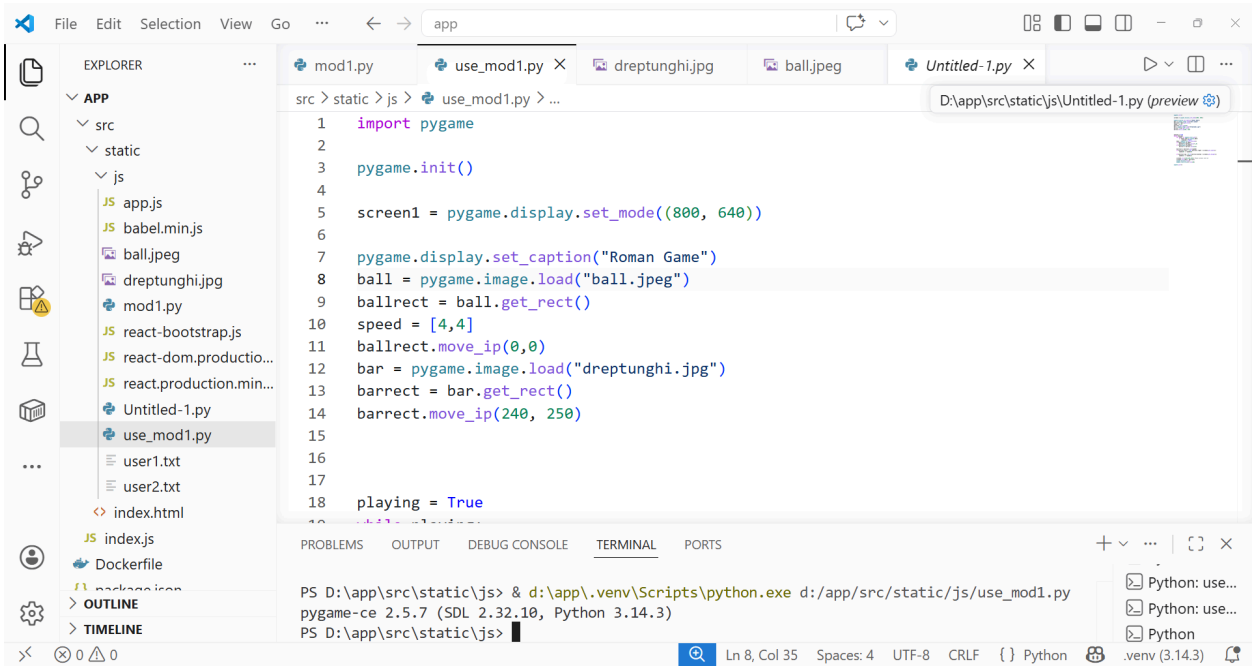




DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.