2025-1-RO01-KA121-VET-000319082

4IT Erasmus+Project, 2025-1-RO01-KA121-VET-000319082

Beneficiary: "Gheorghe Vranceanu" National College, Bacau

Sending organization: "Gheorghe Vranceanu" National College, Bacau

MOBILITY PORTFOLIO

Valencia, Spain

Mobility period 24.10.2025- 06.11.2025

Practice period: 25.10.2025-05.11.2025

RECEIVING COMPANY: COMPACSERVER S.L.

Practice tutor: Joel Gómez Padial

Participant: Rusu Ioan-Alexandru

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Sectiunea 1:



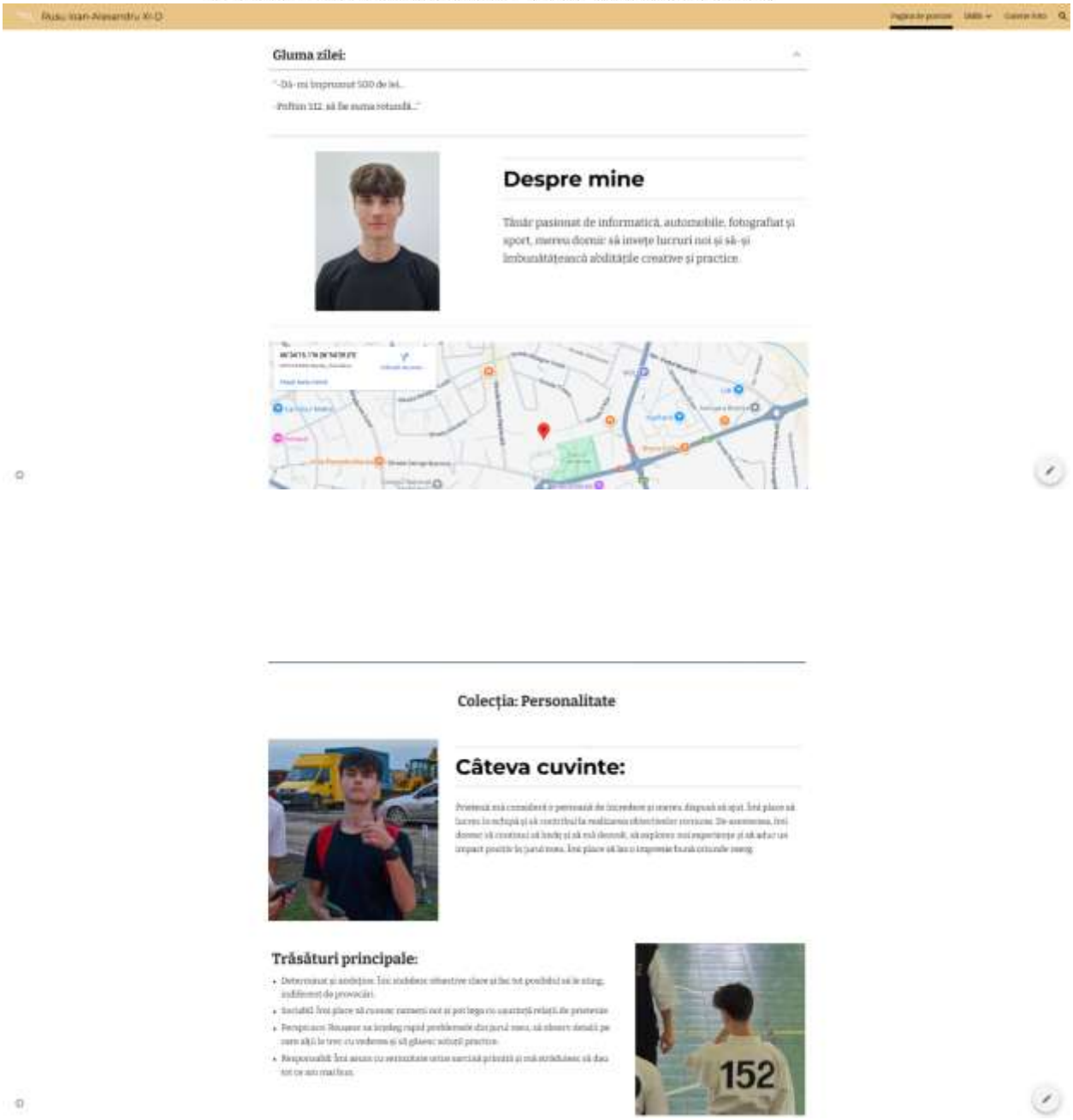


DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082





DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Pregătire culturală:

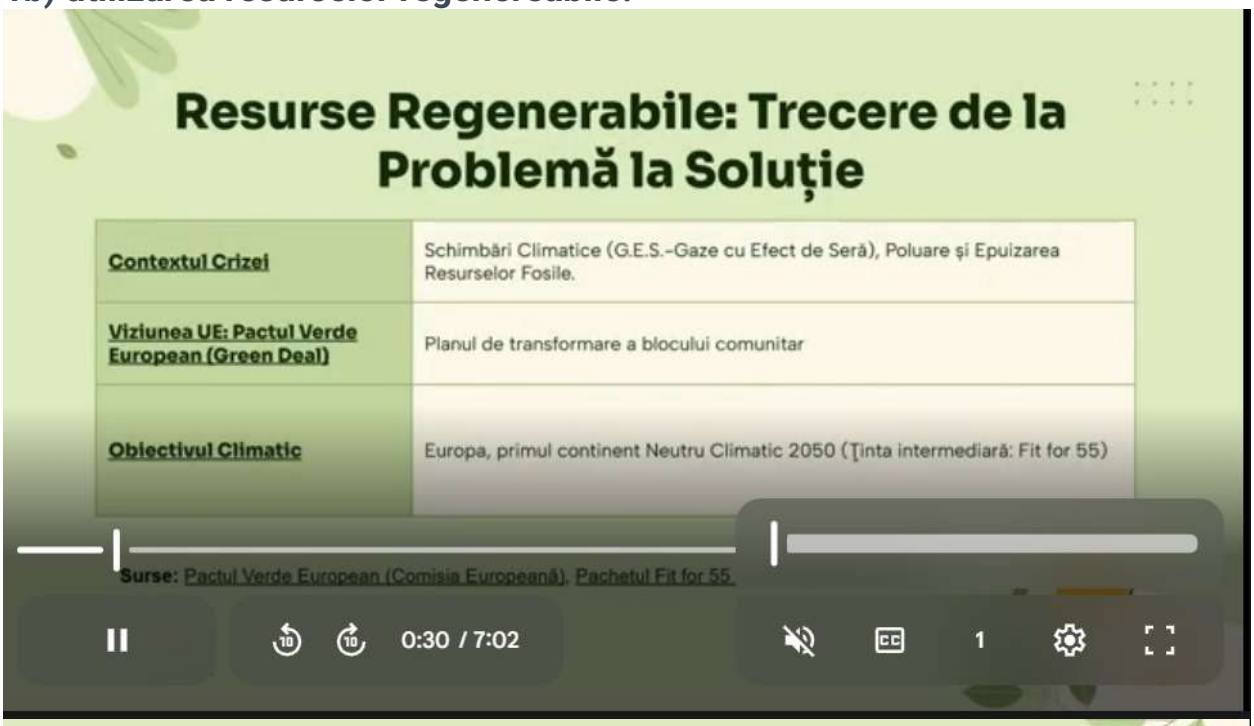
1)Comportament sustenabil și protecția mediului:

a) Reducerea deșeurilor:



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

1b) utilizarea resurselor regenereabile:





2)Competențe cheie Europene:

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082

Definiție:

Aceste competențe reprezintă capacitatea de a relaționa pozitiv cu ceilalți și de a participa activ și responsabil în societate.

Exemple din viața de zi cu zi:

- Ajuți un coleg cu o problemă fără să ți se ceară.
- Participi la o campanie de strângere de fonduri sau ecologizare.
- Respecți regulile unei comunități (ex: școală, familie, oraș).



De ce sunt importante?

Competențele sociale si civice sunt esențiale pentru contribuirea la o societate democratică, bazată pe respect, toleranță și cooperare.

Definiție:

Această competență reprezintă capacitatea de a transforma ideile în acțiuni, prin creativitate, planificare și asumarea responsabilității.

Exemple din viața de zi cu zi:

- Îți propui să organizezi un eveniment (ex: serbare, activitate de clasă).
- Vinzi limonadă sau obiecte lucrate manual pentru o cauză caritabilă.
- Creezi un mini-proiect sau vlog despre un subiect care te pasionează.



De ce sunt importante?

Această competență este importantă deoarece Îți dezvoltă încrederea în tine, curajul de a încerca lucruri noi și capacitatea de a rezolva probleme.

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

3)Valencia - prezentare generală:

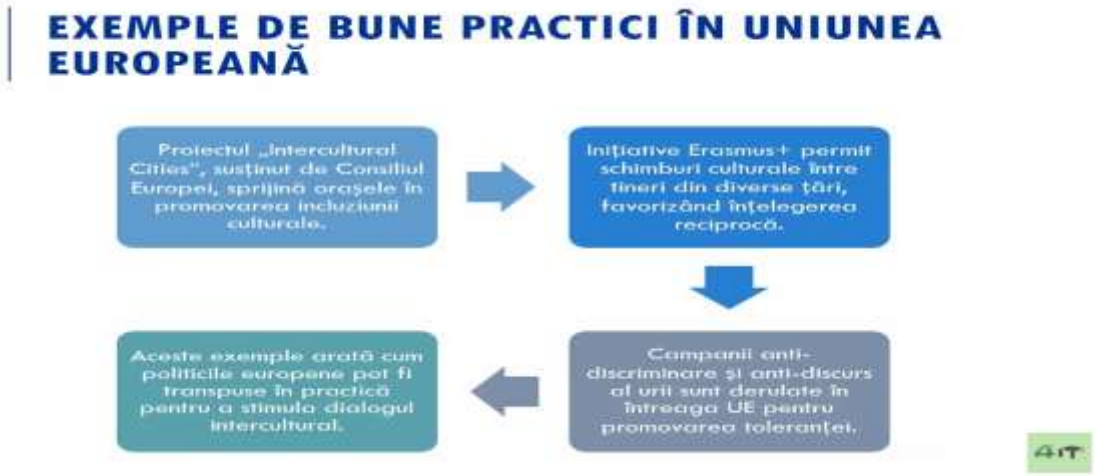




4)Diversitatea Culturală și Combaterea Discriminării:

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



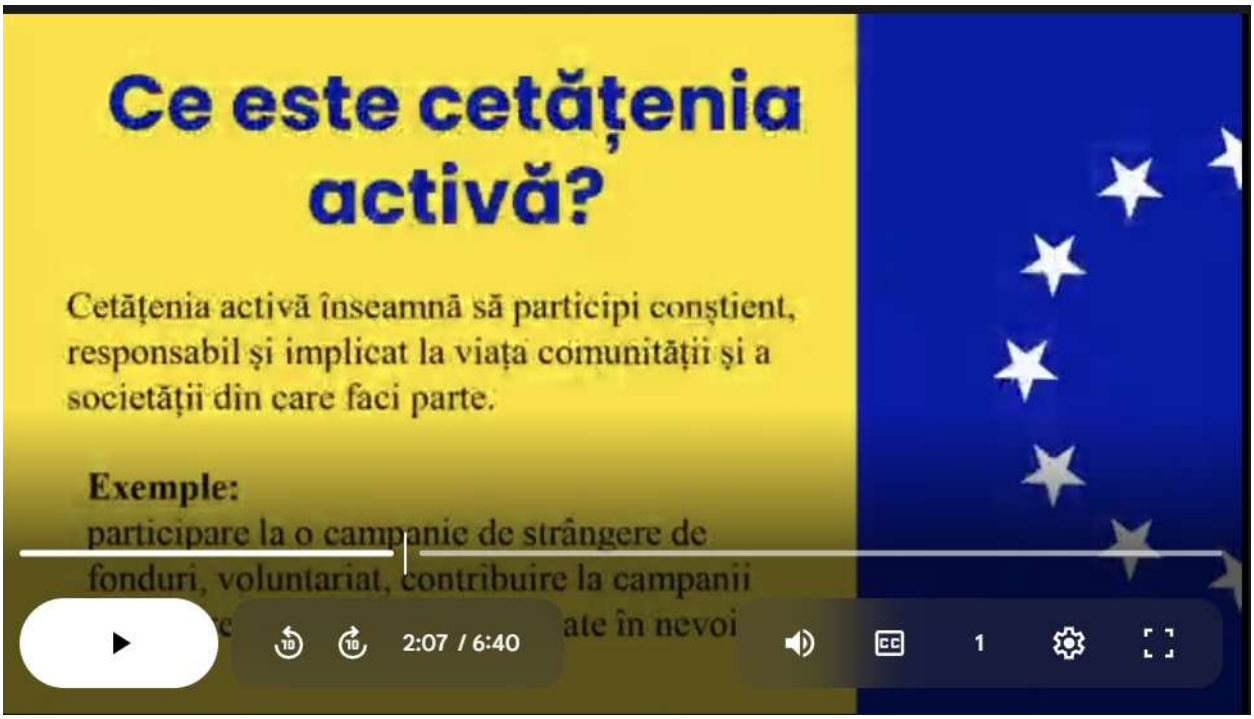


5)Valori europene, cetatenie activa si implicare democratica:

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082





6)Dezvoltare durabila si antreprenoriat: economia circulara:

DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

2025-1-RO01-KA121-VET-000319082



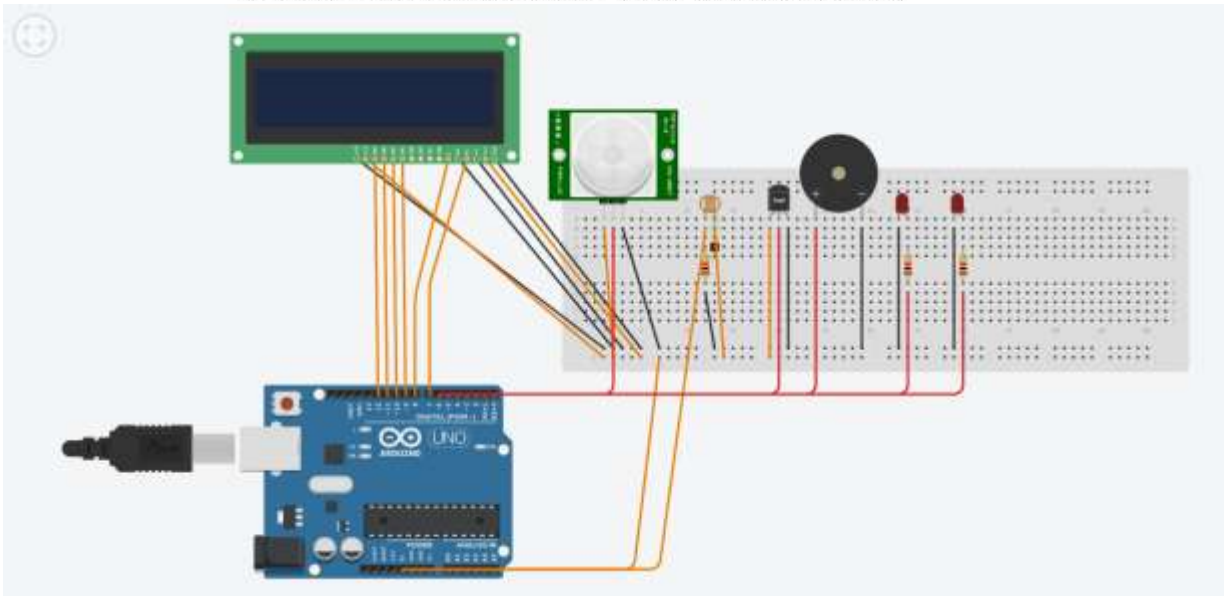
Sectiunea 2:Home station Controle

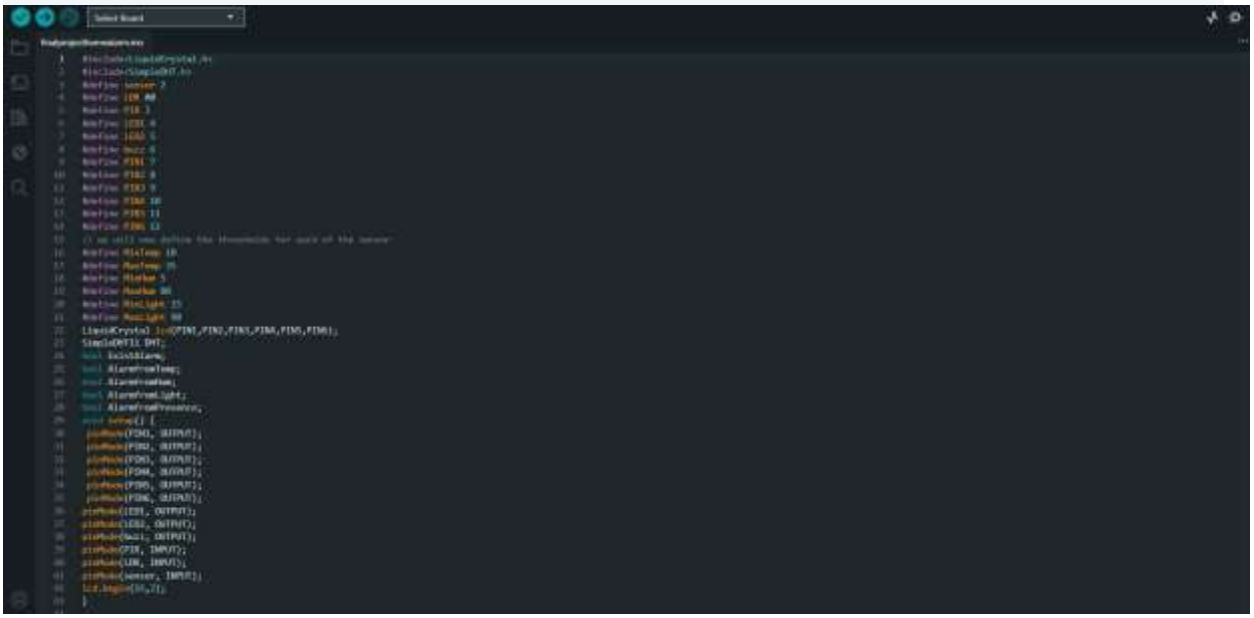
DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

Erasmus+

2025-1-RO01-KA121-VET-000319082

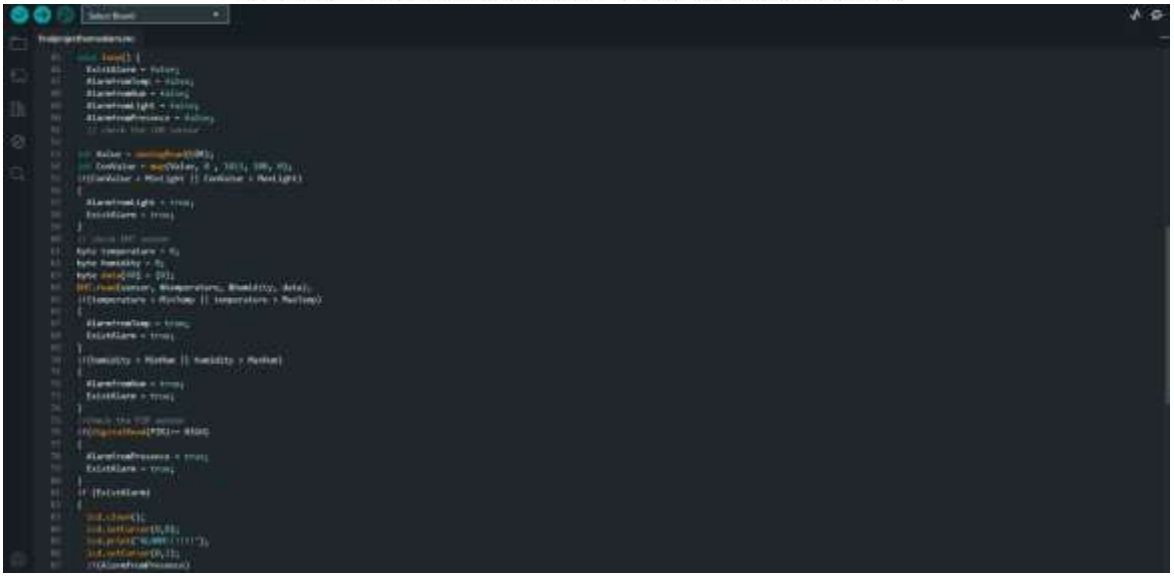




DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the Erasmus+ Programme of the European Union

2025-1-RO01-KA121-VET-000319082





DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.