

4IT Erasmus+Project 2024-1-RO01-KA121-VET-000214264

Beneficiary Colegiul National Gheorghe Vranceanu, Bacau, Romania

Sending organization: Colegiul National „Gheorghe Vranceanu”

Bacau, Romania

MOBILITY PORTFOLIO

Granada, Spain

Mobility period:

GRANADA, SPAIN 13.04.2025-28.04.2025 practice period 14.04.2025-25.04.2025

Arcan Studios, Granada, Spain

Practice tutor: Juan Manuel Ferrer Martin

Participant: Vlad Eduard

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About ME



EΔΓ

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EΔΓ

I haven't worked a day in my life because everything I do, I do for the love of it.

I am the man with the piano. I don't play it, I carry it.





EΔΓ

Home Photo gallery About me





What motivates you to participate in this Erasmus+ project, and what personal qualities do you possess that would make you a valuable addition to the group?

I'm eager to participate in this Erasmus+ project to enhance my IT skills, broaden my cultural horizons, and strengthen my communication and collaboration abilities in an international setting. The Erasmus+ experience will provide me with the opportunity to learn from experts, build new friendships, and discover more about myself in a diverse environment.

I believe my adaptability, enthusiasm for learning, and experience working with diverse groups make me a valuable candidate. I am eager to contribute to the project's success and embrace the challenges and opportunities that this experience will offer.



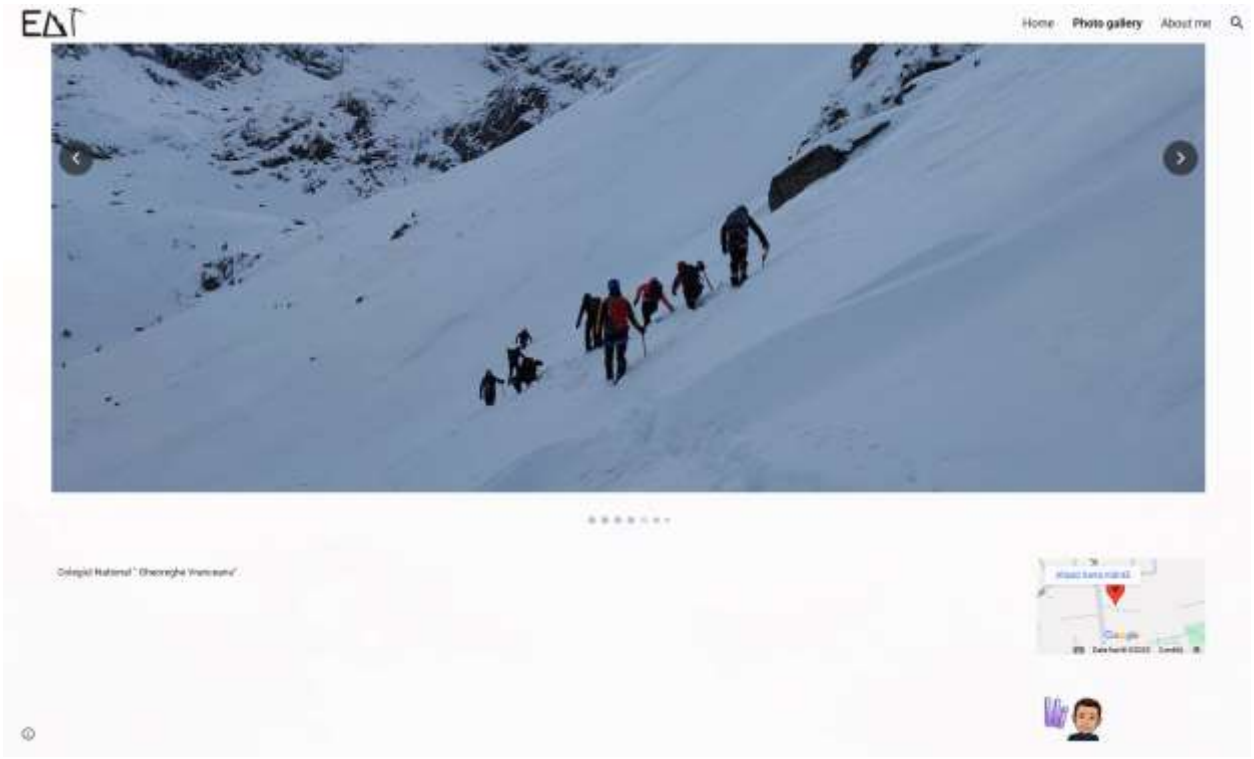




Photo gallery






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Photo gallery
About me



About me



I am a highly motivated and adventurous individual with a strong passion for the outdoors and a desire to explore my physical and mental limits. I thrive in challenging environments and enjoy activities like hiking, mountaineering, mountain biking, and skiing. I am drawn to experiences that push me outside my comfort zone and allow me to connect with nature.

I am a dedicated volunteer, committed to helping others experience the joy of outdoor activities, particularly those with disabilities. My experience with Door 2 Outdoor's "Egali pe spa" project and other initiatives has instilled in me the values of empathy, inclusivity, and adaptability. I am proud to have contributed to creating positive experiences for people of all abilities.

I am enthusiastic about learning and personal growth. I am particularly interested in developing my skills in the IT field and am eager to explore the diverse opportunities it

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I am enthusiastic about learning and personal growth. I am particularly interested in developing my skills in the IT field and am eager to explore the diverse opportunities it offers. I am drawn to Erasmus+ projects that combine my passion for technology with my love for the outdoors.

I value teamwork and collaboration and believe in the power of collective effort to achieve goals. I am a resourceful and solution-oriented individual with a "can-do" attitude. While I may occasionally struggle with procrastination, I am actively working on improving my time management and self-discipline.

Principles and Values

- **Inclusivity** - I believe everyone should have the opportunity to experience the outdoors and participate in activities regardless of their abilities.
- **Empathy** - I strive to understand and connect with others, particularly those facing challenges.
- **Personal Growth** - I am committed to continuous learning and self-improvement.
- **Resourcefulness** - I believe in finding creative solutions and making the most of available resources.
- **Teamwork** - I value collaboration and the power of collective effort.

Ups and Downs

My ups include my adventurous spirit, my dedication to helping others, and my enthusiasm for learning. I am proud of my ability to adapt to new situations and find creative solutions to challenges.

My downs include my occasional struggles with procrastination and my tendency to take on too much at once. However, I am committed to self-improvement and continuously working on these areas.

A Mountain Enthusiast's Passion



A Mountain Enthusiast's Passion



My heart races at the thought of conquering a challenging mountain peak, exploring hidden trails on a mountain bike, or carving fresh tracks through the snow. The thrill of the unknown and the beauty of nature have always drawn me to the mountains.

Camping is my way of connecting with nature on a deeper level. There's something truly special about sleeping under the stars, cooking over a campfire, and waking up to the sounds of the wilderness. It's a chance to disconnect from technology and appreciate the simple things in life.



Hiking and alpinism offer me a chance to escape the hustle and bustle of everyday life and immerse myself in the serenity of the wilderness. There's something truly magical about the feeling of accomplishment that comes with reaching a summit or completing a demanding hike.



Mountain biking is my adrenaline rush. The freedom and excitement of navigating challenging trails, jumping obstacles, and pushing my limits are exhilarating. It's a sport that requires both physical and mental agility, and I love the challenge of mastering new techniques.



Skiing, both on and off-piste, is a winter wonderland for me. The feeling of gliding down a snowy slope, the breathtaking views, and the camaraderie with fellow skiers make it an unforgettable experience. I find joy in the technical aspects of skiing, as well as the thrill of exploring backcountry terrain.

These outdoor pursuits are more than just hobbies; they are a way of life for me. They have shaped my character, taught me valuable lessons, and brought me countless unforgettable experiences.

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Colegiul Național "Gheorghe Vrancianu"





Valorile Europene, Cetățenia Activă și Implicarea Democratică

Introducere în valorile europene, cetățenia activă și importanța implicării democratice pentru tineri și societate.

Proiect făcut in cadrul Erasmus+ de Campanu Rares, Vlad Andrei, Vlad Eduard



De Ce Este Importantă Tema?

Societate Echitabilă

Valorile europene fundamentează o societate echitabilă.

Participare Civică

Cetățenia activă stimulează implicarea în viața publică.

Relevanta pentru tineri

Erasmus+ oferă mobilitate și cooperare internațională.

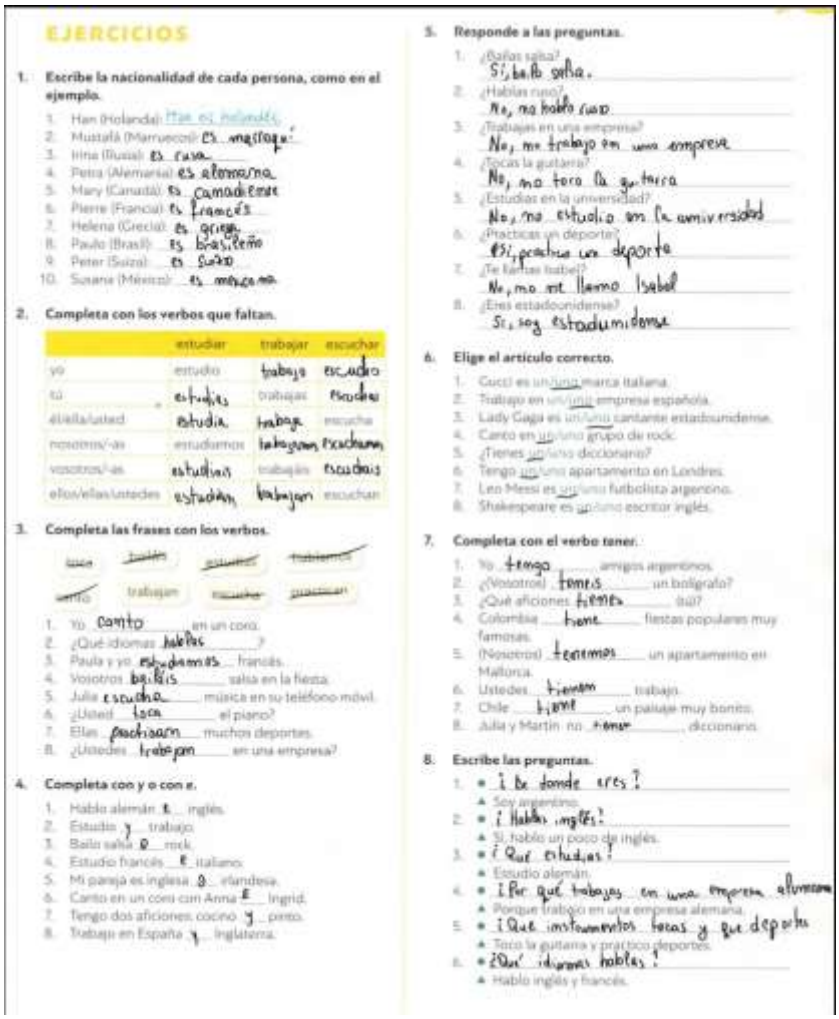
Beneficiile cetăţeniei active

Creșterea unității sociale și a încrederii între cetățeni și a acestora în sprijinul comunității;

Îmbunătățirea calității deciziei publice prin participare și consiliere

Legătura cu valorile europene (responsabilitate, solidaritate, respect reciproc, etc.)

Crearea unui mediu de viață mai bun pentru toți cetățenii, comunitatea funcționând ca *„un tot unitar"*



EJERCICIOS

1. Escribe la nacionalidad de cada persona, como en el ejemplo.

1. Han (Holanda): Él es holandés.
2. Mustafá (Marruecos): Es marroquí.
3. Irina (Rusia): Es rusa.
4. Petra (Alemania): Es alemana.
5. Mary (Canadá): Es canadiense.
6. Pierre (Francia): Es francés.
7. Helena (Grecia): Es griega.
8. Paulo (Brasil): Es brasileño.
9. Peter (Suiza): Es suizo.
10. Susana (México): Es mexicana.

2. Completa con los verbos que faltan.

	estudiar	trabajar	escuchar
yo	estudio	trabajo	escucho
tú	estudias	trabajas	escuchas
él/ella/usted	estudia	trabaja	escucha
nosotros/-as	estudiamos	trabajamos	escuchamos
vosotros/-as	estudiáis	trabajáis	escucháis
ellos/ellas/ustedes	estudian	trabajan	escuchan

3. Completa las frases con los verbos.

canto · hablas · estudiamos · tocas · bailáis · escucha · trabajan · practicas

1. Yo canto en un coro.
2. ¿Qué idiomas hablas?
3. Paula y yo estudiamos francés.
4. Vosotros bailáis salsa en la fiesta.
5. Julia escucha música en su teléfono móvil.
6. ¿Usted toca el piano?
7. Ellas practicaron muchos deportes.
8. ¿Ustedes trabajan en una empresa?

4. Completa con y o con e.

1. Hablo alemán e inglés.
2. Estudio y trabajo.
3. Bailo salsa o rock.
4. Estudio francés e italiano.
5. Mi pareja es inglesa y irlandesa.
6. Canto en un coro con Anna e Ingrid.
7. Tengo dos aficiones: cocino y pinto.
8. Trabajo en España y Inglaterra.

5. Responde a las preguntas.

1. ¿Bailas salsa?
   Sí, bailo salsa.
2. ¿Hablas ruso?
   No, no hablo ruso.
3. ¿Trabajas en una empresa?
   No, no trabajo en una empresa.
4. ¿Tocas la guitarra?
   No, no toco la guitarra.
5. ¿Estudias en la universidad?
   No, no estudio en la universidad.
6. ¿Practicas un deporte?
   Sí, practico un deporte.
7. ¿Te llamas Isabel?
   No, no me llamo Isabel.
8. ¿Eres estadounidense?
   Sí, soy estadounidense.

6. Elige el artículo correcto.

1. Gucci es un/una marca italiana.
2. Trabajo en un/una empresa española.
3. Lady Gaga es un/una cantante estadounidense.
4. Canto en un/una grupo de rock.
5. ¿Tienes un/una diccionario?
6. Tengo un/una apartamento en Londres.
7. Leo Messi es un/una futbolista argentino.
8. Shakespeare es un/una escritor inglés.

7. Completa con el verbo tener.

1. Yo tengo amigos argentinos.
2. ¿Vosotros) tenéis un bolígrafo?
3. ¿Qué aficiones tienes tú?
4. Colombia tiene fiestas populares muy famosas.
5. (Nosotros) tenemos un apartamento en Mallorca.
6. Ustedes tienen trabajo.
7. Chile tiene un paisaje muy bonito.
8. Julia y Martín no tienen diccionario.

8. Escribe las preguntas.

1. ● ¿De dónde eres?
   ▲ Soy argentino.
2. ● ¿Hablas inglés?
   ▲ Sí, hablo un poco de inglés.
3. ● ¿Qué estudias?
   ▲ Estudio alemán.
4. ● ¿Por qué trabajas en una empresa alemana?
   ▲ Porque trabajo en una empresa alemana.
5. ● ¿Qué instrumentos tocas y qué deportes
   ▲ Toco la guitarra y practico deportes.
6. ● ¿Qué idiomas hablas?
   ▲ Hablo inglés y francés.


ZOMBIE ROMANIA
START
QUIT


ZOMBIE ROMANIA
NOVICE
START GAME
BACK


ZOMBIE ROMANIA
WinterTown
SandBox


HP
100
KILLED
0


YOU DIE
DEFEAT
skill isue
Play Again
Quit


HP
100
30