

4IT Erasmus+Project 2024-1-RO01-KA121-VET-000214264
Beneficiary Colegiul National Gheorghe Vranceanu, Bacau, Romania

Sending organization: Colegiul National „Gheorghe Vranceanu" Bacau,

Romania

MOBILITY PORTFOLIO
Granada, Spain

Mobility period:
GRANADA, SPAIN 13.04.2025-28.04.2025 practice period 14.04.2025-25.04.2025

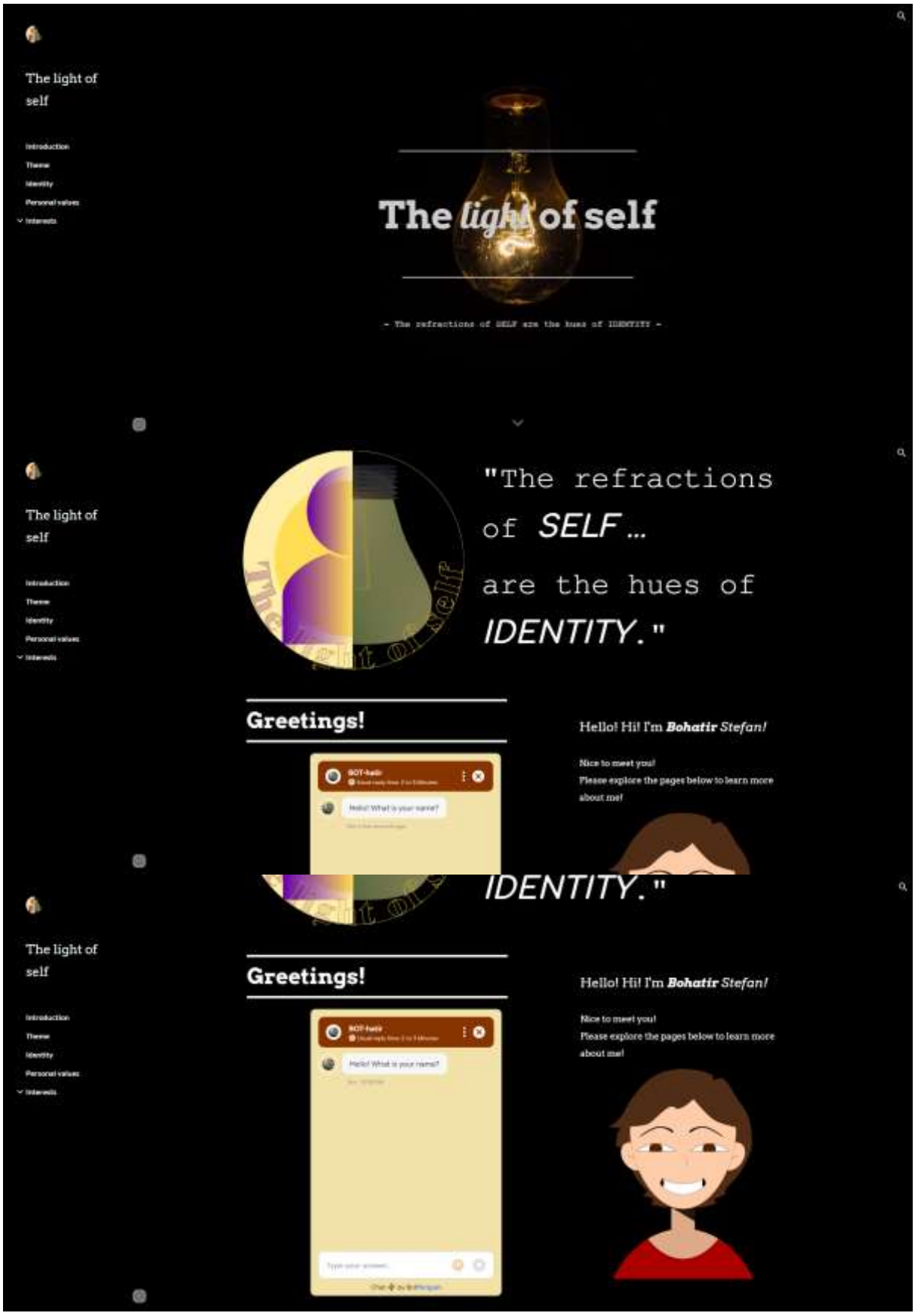
Arcan Studios, Granada, Spain

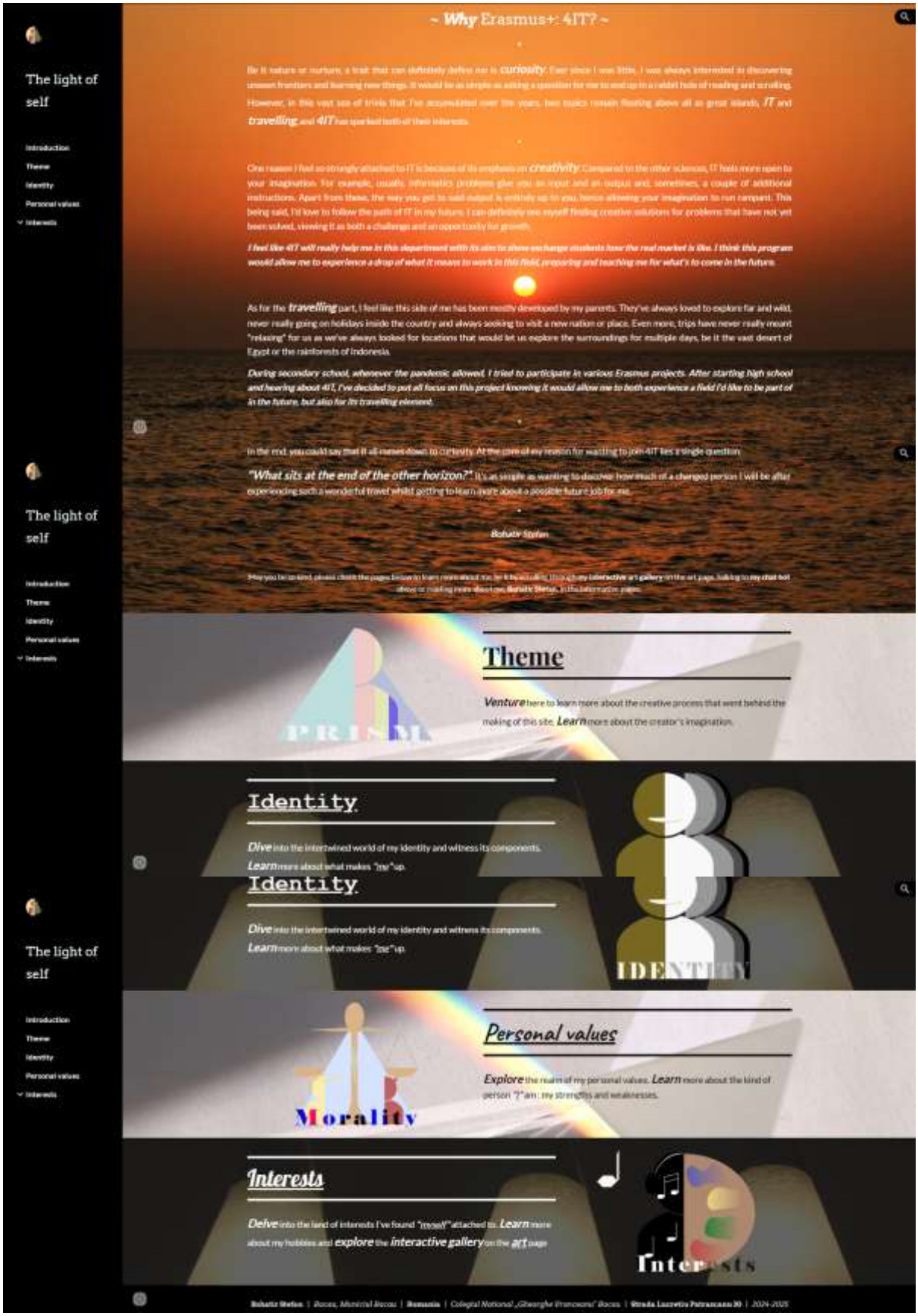
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Participant: Bohatir Ștefan

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The light of self -




The light of self
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~ Why Erasmus+: 4IT? ~
Be it nature or nurture, a trait that can definitely define me is curiosity. Ever since I was little, I was always interested in discovering unseen frontiers and learning new things. It would be as simple as asking a question for me to end up in a rabbit hole of reading and scrolling. However, in this vast sea of trivia that I've accumulated over the years, two topics remain floating above all as great islands, IT and travelling, and 4IT has sparked both of their interests.
One reason I feel so strongly attached to IT is because of its emphasis on creativity. Compared to the other sciences, IT feels more open to your imagination. For example, usually, informatics problems give you an input and an output and, sometimes, a couple of additional instructions. Apart from these, the way you get to said output is entirely up to you, hence allowing your imagination to run rampant. This being said, I'd love to follow the path of IT in my future. I can definitely see myself finding creative solutions for problems that have not yet been solved, viewing it as both a challenge and an opportunity for growth.
I feel like 4IT will really help me in this department with its aim to show exchange students how the real market is like. I think this program would allow me to experience a drop of what it means to work in this field, preparing and teaching me for what's to come in the future.
As for the travelling part, I feel like this side of me has been mostly developed by my parents. They've always loved to explore far and wild, never really going on holidays inside the country and always seeking to visit a new nation or place. Even more, trips have never really meant "relaxing" for us as we've always looked for locations that would let us explore the surroundings for multiple days, be it the vast desert of Egypt or the rainforests of Indonesia.
During secondary school, whenever the pandemic allowed, I tried to participate in various Erasmus projects. After starting high school and hearing about 4IT, I've decided to put all focus on this project knowing it would allow me to both experience a field I'd like to be part of in the future, but also for its travelling element.
In the end, you could say that it all comes down to curiosity. At the core of my reason for wanting to join 4IT lies a single question:
"What sits at the end of the other horizon?" It's as simple as wanting to discover how much of a changed person I will be after experiencing such a wonderful travel whilst getting to learn more about a possible future job for me.
Bohatir Stefan
May you be so kind, please, check the pages below to learn more about me, or if you're lazy, check out my interactive art gallery on the art page, talking to my chat bot above or reading more about me, Bohatir Stefan, in the informative pages.
Theme
Venture here to learn more about the creative process that went behind the making of this site, Learn more about the creator's imagination.
PRISM
Identity
Dive into the intertwined world of my identity and witness its components.
Learn more about what makes "me" up.
IDENTITY
Personal values
Explore the realm of my personal values. Learn more about the kind of person "I" am: my strengths and weaknesses.
Morality
Interests
Delve into the land of interests I've found "myself" attached to. Learn more about my hobbies and explore the interactive gallery on the art page.
Interests
Bohatir Stefan | Bocas, Municipiul Bocau | Romania | Colegiul National „Gheorghe Vrancioaia" Bocas | Strada Lacretia Patracanas 30 | 2024-2025

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[IDENTITY and LIGHT]

- The refractions of SELF are the hues of IDENTITY -

Light is a form of radiation that is visible to the human eye,
its most collective form being that of ***pure white rays***.
Though, if you pass it through a prism, you'll be able to observe
its ***bright colour*** split into ***countless shades***.

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In this sense, you could say that ***light*** and humans are kindred spirits. Over the years, humanity has evolved and outgrown one word long descriptions, now each person embodying ***multiple nuances of personality***.

Giving myself as an example, I encompass the identity of an amateur artist, a student, a Romanian child and so on. Intertwined in nature, each personality interacts with one another, allowing me to express myself as a whole by being artistic in class, learning about my history or representing culture through art. At a first glance, this entirety may come in ***a singular shade***, but by passing it through the ***filter of someone's mind*** you might notice all of its ***hues***.

Of course, this applies to people my age all around the world. Some may choose to embody ***one shade*** – dedicating their being to school or a craft, some may try to gather as ***many nuances*** as they can – balancing school, hobbies and interests. This, in turn, makes us all different from one another, allowing ourselves to discover new shades with each person we meet. Our interactions become like a ***prism***, separating their persona into its components, giving us the chance to understand them better and to discover new hues as we try to find new angles in which each person's light ***splits***.

At the end of the day, all it takes is a little interest and curiosity for us to notice all the ***different pigments*** surrounding us. Go meet the friend of a friend, let them introduce you to their acquaintances, familiarise yourself with their family and, in the end, ***you may notice the beautiful white glow of the entire world.***

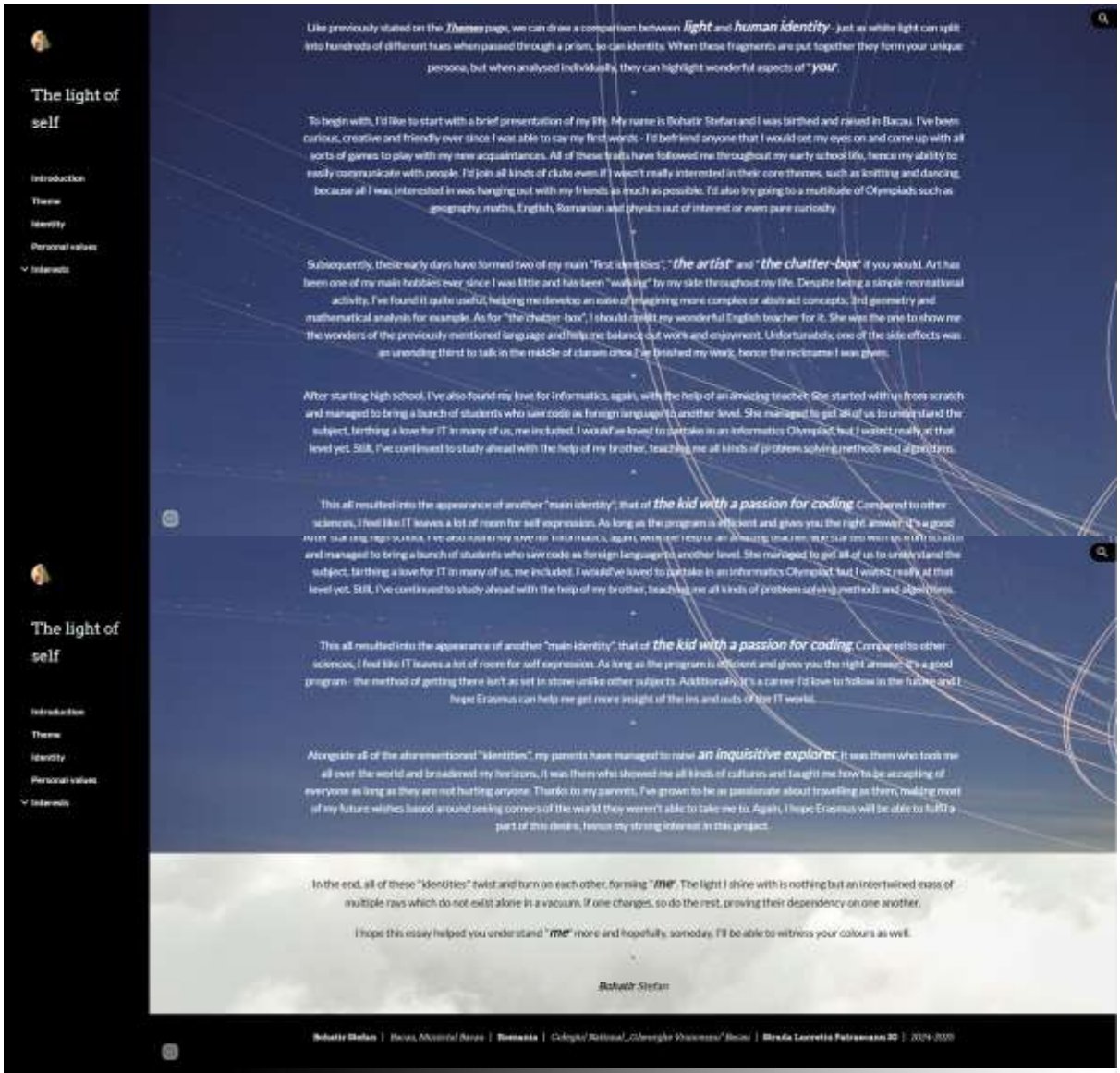
Raluca Stefan

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[Identity]

- The refractions of SELF are the hues of IDENTITY -


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Like previously stated on the Themes page, we can draw a comparison between light and human identity - just as white light can split into hundreds of different hues when passed through a prism, so can identity. When these fragments are put together they form your unique persona, but when analysed individually, they can highlight wonderful aspects of "you".
To begin with, I'd like to start with a brief presentation of my life. My name is Bohatir Stefan and I was birthed and raised in Bacau. I've been curious, creative and friendly ever since I was able to say my first words - I'd befriend anyone that I would set my eyes on and come up with all sorts of games to play with my new acquaintances. All of these traits have followed me throughout my early school life, hence my ability to easily communicate with people. I'd join all kinds of clubs even if I wasn't really interested in their core themes, such as knitting and dancing, because all I was interested in was hanging out with my friends as much as possible. I'd also try going to a multitude of Olympiads such as geography, maths, English, Romanian and physics out of interest or even pure curiosity.
Subsequently, these early days have formed two of my main "first identities", "the artist" and "the chatter-box" if you would. Art has been one of my main hobbies ever since I was little and has been "walking" by my side throughout my life. Despite being a simple recreational activity, I've found it quite useful, helping me develop an ease of imagining more complex or abstract concepts, 3rd geometry and mathematical analysis for example. As for "the chatter-box", I should credit my wonderful English teacher for it. She was the one to show me the wonders of the previously mentioned language and help me balance out work and enjoyment. Unfortunately, one of the side effects was an unending thirst to talk in the middle of classes once I've finished my work, hence the nickname I was given.
After starting high school, I've also found my love for informatics, again, with the help of an amazing teacher. She started with us from scratch and managed to bring a bunch of students who saw code as foreign language to another level. She managed to get all of us to understand the subject, birthing a love for IT in many of us, me included. I would've loved to partake in an informatics Olympiad, but I wasn't really at that level yet. Still, I've continued to study ahead with the help of my brother, teaching me all kinds of problem solving methods and algorithms.
This all resulted into the appearance of another "main identity", that of the kid with a passion for coding. Compared to other sciences, I feel like IT leaves a lot of room for self expression. As long as the program is efficient and gives you the right answer, it's a good program - the method of getting there isn't as set in stone unlike other subjects. Additionally, it's a career I'd love to follow in the future and I hope Erasmus can help me get more insight of the ins and outs of the IT world.
Alongside all of the aforementioned "identities", my parents have managed to raise an inquisitive explorer, it was them who took me all over the world and broadened my horizons, it was them who showed me all kinds of cultures and taught me how to be accepting of everyone as long as they are not hurting anyone. Thanks to my parents, I've grown to be so passionate about travelling as them, making most of my future wishes based around seeing corners of the world they weren't able to take me to. Again, I hope Erasmus will be able to fulfil a part of this desire, hence my strong interest in this project.
In the end, all of these "identities" twist and turn on each other, forming "me". The light I shine with is nothing but an intertwined mass of multiple rays which do not exist alone in a vacuum. If one changes, so do the rest, proving their dependency on one another.
I hope this essay helped you understand "me" more and hopefully, someday, I'll be able to witness your colours as well.
Bohatir Stefan
Bohatir Stefan | Bacau, Municipiul Bacau | Romania | Colegiul National „Ghe

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[Personal values]

Similar to how different personas can be different hues of light when someone's identity is passed through a hypothetical prism, colour values could be interpreted as the personal values standing at their core.

These values do not come in black and white, but from a vast spectrum of greys, some closer to purity, others closer to the dark.

As for myself, some personal values that stand at the root of my actions, goals, ideals and ideologies are:

- Authenticity and honesty;

  Although I don't condemn lying, for it can be justified in some cases, what I do not like is lying to yourself. Such thing will only make you miserable and trying to avoid the truth will only blossom into self-hatred. That's why I try to stay as true to myself as I can. In the end, you'll find the right people who will love you no matter the circumstances, allowing both groups to be truly happy.

- Achievement, challenge, determination and recognition;

  One thing I truly love is pushing myself to a greater milestone. Seeing the results and being recognised for something nobody, even myself, expected is an amazing feeling. Although I can't say this applies to all fields, for I can be somewhat lazy at times with topics I'm not interested in and, as such, doing the bare minimum, these traits can be easily observed when it comes to things I love such as art (always trying to improve things such as anatomy, perspective and art style) and IT (always trying to find the most efficient program for a problem).

- Community and friendship;

  In my opinion, friendship and community are both things that you should surround yourselves with. It is always a good idea to have people around you to keep you grounded in reality on your journey to success.

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- Creativity, knowledge and curiosity;

  Curiosity, knowledge and creativity are all sides of the same coin for me. Knowledge stems from curiosity, which stems from creativity, which stems from knowledge; you can't have one without the other. I value all three in others and myself and I strive to always seek knowledge and ask questions about the world.

  Though, people do tent to underestimate how important creativity and curiosity are in day to day life. Let's take one of my life experiences as example: last year's national young entrepreneur contest, "Arena Urului". The contest was split into two parts, the document part and the presentation part. My friend and I worked tirelessly on the document part, landing on the 9th place. On the latter part, we've put our artistic minds to work and made an impressive presentation with all kinds of drawings and animations. This, in turn, managed to get us all the way up to the second place, getting almost all points available in the second part.

  This pretty much sums it all up: knowledge can only get you so far, but creativity and curiosity will lead to innovation, rising a decent project from 9th to 2nd place with just 20 points. But we couldn't make our creativity shine without knowledge, showing how all three are needed for becoming a greater version of yourself.

- Happiness, humor, optimism and openness;

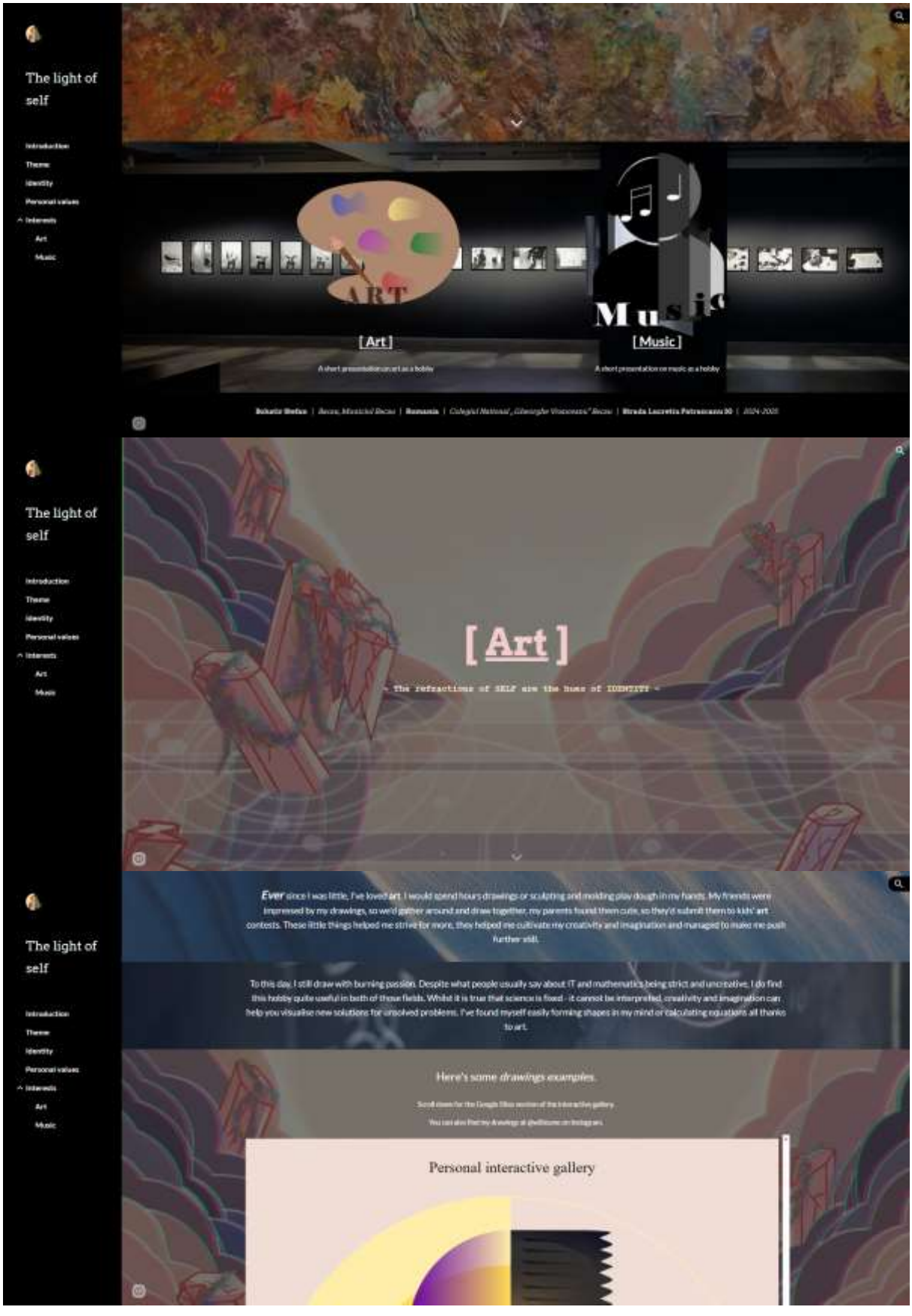
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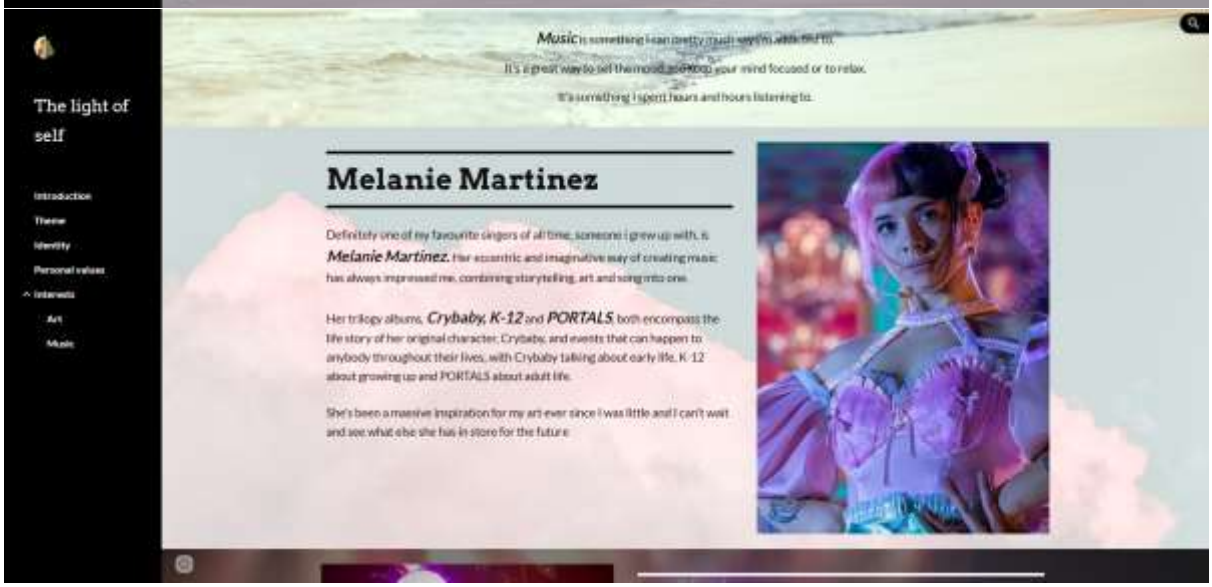
- The reflections of SELF are the hues of IDENTITY -

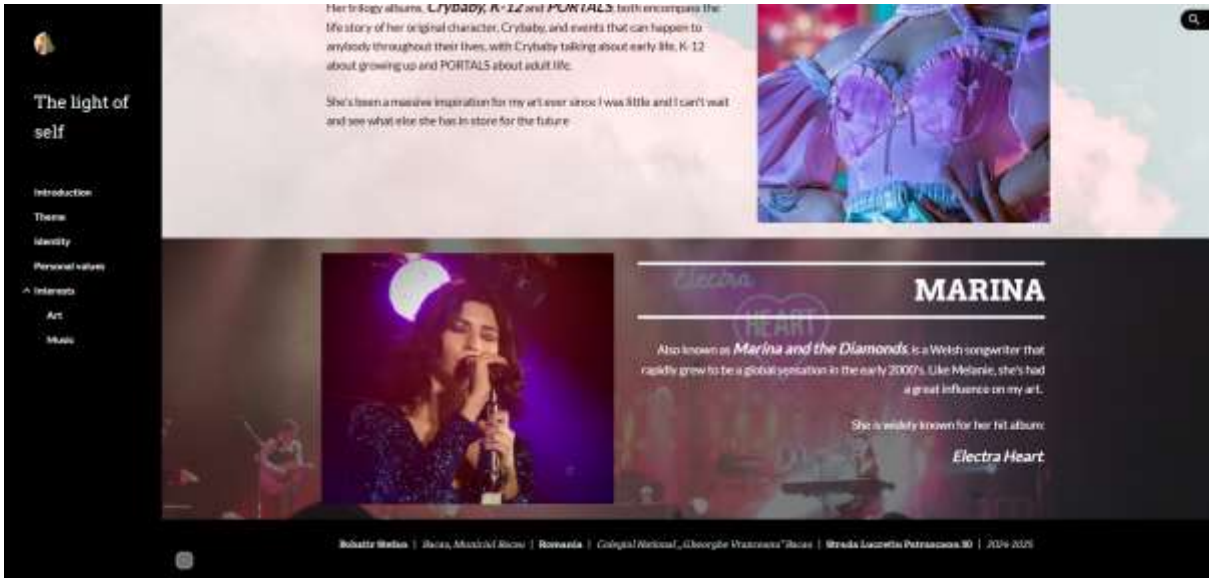
Over the years, other than IT and travelling, I've found myself interested in mostly two things: *art* and *music*. These have influenced the way I live and perceive the world, helping me get a broader understanding of my surroundings. If you may, please explore the pages listed below.


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A short presentation on art as a hobby
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A short presentation on music as a hobby
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Ever since I was little, I've loved art. I would spend hours drawings or sculpting and molding play dough in my hands. My friends were impressed by my drawings, so we'd gather around and draw together, my parents found them cute, so they'd submit them to kids' art contests. These little things helped me strive for more, they helped me cultivate my creativity and imagination and managed to make me push further still.
To this day, I still draw with burning passion. Despite what people usually say about IT and mathematics being strict and uncreative, I do find this hobby quite useful in both of those fields. Whilst it is true that science is fixed - it cannot be interpreted, creativity and imagination can help you visualise new solutions for unsolved problems. I've found myself easily forming shapes in my mind or calculating equations all thanks to art.
Here's some drawings examples.
Personal interactive gallery


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[Music]


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Music is something I can pretty much say this about it.
It's a great way to set the mood, get your mind focused or to relax.
It's something I spent hours and hours listening to.
Melanie Martinez
Definitely one of my favourite singers of all time, someone i grew up with, is Melanie Martinez. Her eccentric and imaginative way of creating music has always impressed me, combining storytelling, art and song into one.
Her trilogy albums, Crybaby, K-12 and PORTALS both encompass the life story of her original character, Crybaby, and events that can happen to anybody throughout their lives, with Crybaby talking about early life, K-12 about growing up and PORTALS about adult life.
She's been a massive inspiration for my art ever since I was little and I can't wait and see what else she has in store for the future.


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MARINA
Also known as Marina and the Diamonds, is a Welsh songwriter that rapidly grew to be a global sensation in the early 2000's. Like Melanie, she's had a great influence on my art.
She is widely known for her hit album:
Electra Heart

Temele realizate in programul de pragatire din tara

EJERCICIOS

1. Escribe la nacionalidad de cada persona, como en el ejemplo.

1. Han (Holanda): Han es holandés
2. Mustafá (Marruecos): es marroquí
3. Irina (Rusia): es rusa
4. Petra (Alemania): es alemana
5. Mary (Canadá): es canadiense
6. Pierre (Francia): es francés
7. Helena (Grecia): es griega
8. Paulo (Brasil): es brasileño
9. Peter (Suiza): es suiza
10. Susana (México): es mexicana

2. Completa con los verbos que faltan.

	estudiar	trabajar	escuchar
yo	estudio	trabajo	escucho
tú	estudias	trabajas	escuchas
él/ella/usted	estudia	trabaja	escucha
nosotros/-as	estudiamos	trabajamos	escuchamos
vosotros/-as	estudiáis	trabajáis	escucháis
ellos/ellas/ustedes	estudian	trabajan	escuchan

3. Completa las frases con los verbos.

6 toca · 4 bailáis · 2 estudias · 3 hablamos · 1 canto · 7 trabajan · 5 escucha · 8 practican

1. Yo _____ en un coro.
2. ¿Qué idiomas _____?
3. Paula y yo _____ francés.
4. Vosotros _____ salsa en la fiesta.
5. Julia _____ música en su teléfono móvil.
6. ¿Usted _____ el piano?
7. Ellas _____ muchos deportes.
8. ¿Ustedes _____ en una empresa?

4. Completa con y o con e.

1. Hablo alemán e inglés.
2. Estudio y trabajo.
3. Bailo salsa y rock.
4. Estudio francés y italiano.
5. Mi pareja es inglesa e irlandesa.
6. Canto en un coro con Anna e Ingrid.
7. Tengo dos aficiones: cocino y pinto.
8. Trabajo en España e Inglaterra.

5. Responde a las preguntas.

1. ¿Bailas salsa?
   Sí, bailo salsa
2. ¿Hablas ruso?
   No, no hablo ruso
3. ¿Trabajas en una empresa?
   No, no trabajo en una empresa
4. ¿Tocas la guitarra?
   Sí, toco la guitarra
5. ¿Estudias en la universidad?
   No, no estudio en la universidad
6. ¿Practicas un deporte?
   Sí, practico un deporte
7. ¿Te llamas Isabel?
   No, no me llamo Isabel
8. ¿Eres estadounidense?
   No

6. Elige el artículo correcto.

1. Gucci es una/un marca italiana.
2. Trabajo en una/un empresa española.
3. Lady Gaga es una/un cantante estadounidense.
4. Canto en un/una grupo de rock.
5. ¿Tienes un/una diccionario?
6. Tengo un/una apartamento en Londres.
7. Leo Messi es un/una futbolista argentino.
8. Shakespeare es un/una escritor inglés.

7. Completa con el verbo tener.

1. Yo tengo amigos argentinos.
2. ¿(Vosotros) tenéis un bolígrafo?
3. ¿Qué aficiones tienes (tú)?
4. Colombia tiene fiestas populares muy famosas.
5. (Nosotros) tenemos un apartamento en Mallorca.
6. Ustedes tienen trabajo.
7. Chile tiene un paisaje muy bonito.
8. Julia y Martín no tienen diccionario.

8. Escribe las preguntas.

1. • ¿De donde eres?
   ▲ Soy argentino.
2. • ¿Hablas inglés?
   ▲ Sí, hablo un poco de inglés.
3. • ¿Que idioma estudias?
   ▲ Estudio alemán.
4. • ¿
   ▲ Porque trabajo en una empresa alemana.
5. • ¿Que aficiones tienes?
   ▲ Toco la guitarra y practico deportes.
6. • ¿Que idiomas hablas?
   ▲ Hablo inglés y francés.

EJERCICIOS

1. Escribe el femenino de las siguientes profesiones.

1. informático: informática
2. economista: economista
3. enfermero: enfermera
4. cocinero: cocinera
5. recepcionista: recepcionista
6. estudiante: estudiante
7. profesor: profesora
8. fotógrafo: fotógrafa
9. policía: policía
10. traductor: traductora
11. periodista: periodista
12. empleado de banco: empleada de banco

2. Completa con *este, esta, estos o estas*.

1. • esta es María, una compañera de clase.
   ▲ ¡Hola! ¿Qué tal?
2. • estos son Carlos y Ana, unos amigos.
   ▲ ¡Encantada!
3. • este es el señor López.
   ▲ Encantado. ¿Cómo está usted?
4. • estas son Lourdes y Marta, unas compañeras de trabajo.
   ▲ ¡Hola!

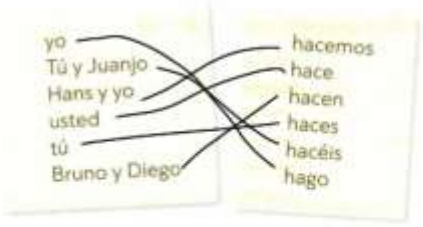
3. Completa la tabla con los verbos en *-er* que faltan.

	comer	vender
yo	como	vendo
tú	comes	vendes
él/ella/usted	come	vende
nosotros/-as	comemos	vendemos
vosotros/-as	coméis	vendéis
ellos/ellas/ustedes	comen	venden

4. Completa la tabla con los verbos en *-ir* que faltan.

	abrir	vivir
yo	abro	vivo
tú	abres	vives
él/ella/usted	abre	vive
nosotros/-as	abrimos	vivimos
vosotros/-as	abrís	vivís
ellos/ellas/ustedes	abren	viven

5. Relaciona.



6. Completa las preguntas con el verbo *estar*.

1. ¿Cómo está usted?
2. ¿Cómo estáis (vosotros)?
3. ¿Cómo está Martina?
4. ¿Cómo están (ustedes)?
5. ¿Cómo estás (tú)?
6. ¿Cómo están tus amigos?

7. Elige la opción correcta.

1. Alberto, ¿qué profesión haces/tienes?
2. Trabaja y/pero vive en Madrid.
3. ¿Cómo está/estás usted?
4. Miguel no trabaja, está/hace en paro.
5. Es mexicano, porque/pero no habla español.
6. Trabajo a/en un hospital.
7. ¿Qué hacen/hacéis vosotros en el trabajo?
8. Mis compañeros y yo aprendemos/aprendo mucho en clase.

8. Responde *yo también* o *yo no*.

1. • Trabajo en un hotel.
   ▲ yo no
2. • Bajo mucho por trabajo.
   ▲ yo también
3. • Estudio español.
   ▲ yo también
4. • Vivo en España.
   ▲ yo no
5. • Soy francés.
   ▲ yo no
6. • Estoy en paro.
   ▲ yo no

9. Completa con *y, pero* o *también*.

1. Bárbara habla inglés y francés.
2. No toco el piano, pero toco la guitarra.
3. • Andrés estudia italiano.
   ▲ ¡Yo también estudio italiano!
4. Mi casa es pequeña, pero es muy bonita.
5. Estudio inglés y chino.
6. Trabajo en estudio.
7. No soy español, pero vivo en Madrid.
8. Sam estudia diseño y yo también

Tutorial - Dezvoltare durabila si antreprenoriat: economia circulara





Introducere

Context global,
explicarea termenilor,
relevanță







Dezvoltare durabila, sustenabilitate

- **Dezvoltarea durabilă**
  Reprezintă un model de creştere care echilibrează economia, mediul şi societatea.
- **Sustenabilitatea**
  Reprezintă folosirea responsabilă a resurselor pentru a proteja mediul, economia şi societatea.





RELEVANȚA PENTRU PROIECTUL ERASMUS+ 4IT

Tehnologie pentru sustenabilitate – utilizarea digitalizării și AI pentru reducerea deșeurilor.

Antreprenoriat verde – dezvoltarea de startup-uri bazate pe economia circulară.

Educație și competențe verzi – informarea tinerilor cu privire la sustenabilitate.

Colaborare internațională – schimb de bune practici pentru o economie mai verde.




Antreprenoriatul
sustenabil
Jucării din
materiale reciclate


OSB
din materiale
reciclate


Reciclarea
hainelor
new
old


Magazin zero-waste
CHOOSE TO REUSE
Canva


REDUCE
RECYCLE
REUSE
Afaceri de
ÎNCHIRIAT

Magazine *Second Hand*





Branduri
de imbracaminte eco-friendly

Achizitionarea de haine de la branduri care folosesc materiale organice si reciclate pentru confectionarea lor pentru a combate fenomenul risipitor de *fast fashion*

PROIECT-PILOT DE IMPLEMENTARE A UNEI AFACERI ÎN ȘCOALĂ



Schimb de bunuri

- lunar, am putea organiza un târg în care elevii ar putea face schimb de obiecte pe care nu le mai folosesc, nu le mai vor, nu le mai poartă, dar care sunt in stare bună, astfel putem să le prelungim viața obiectelor cumpărate printr-o metodă distractivă, care promovează sustenabilitatea, refolosirea.





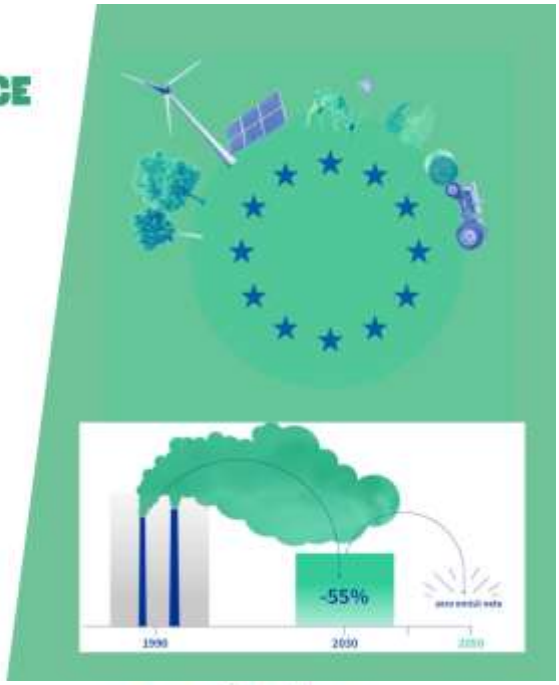
Biciclete de împrumutat

- Sunt aproximativ 1000 de oameni în liceu. Dacă toată lumea ar vinde la târg obiecte în valoare de 10 lei, am avea aproximativ 10 000 de lei cu care am putea cumpăra 20 de biciclete pe care le pot folosi elevii si profesorii
- Astfel, am încuraja elevii să folosească metode de transport sustenabile, făcând în același timp și mișcare



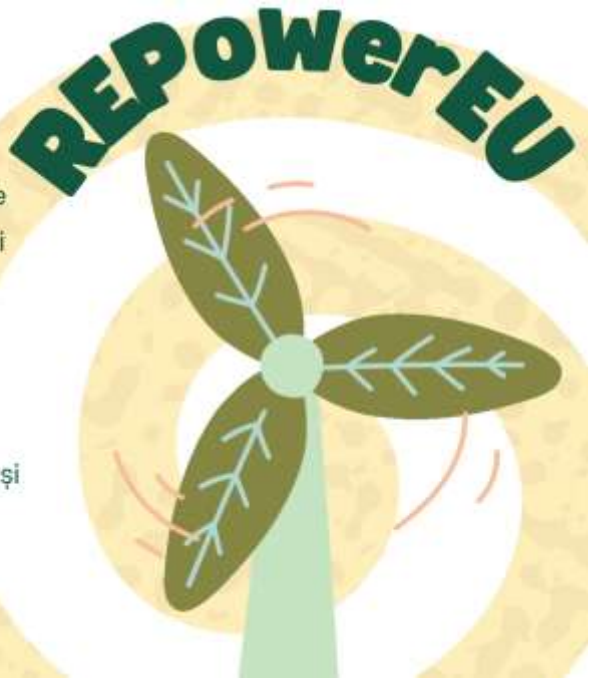


ANALIZA UNOR POLITICI ECOLOGICE DE SUCCES DIN EUROPA



GreenDeal(Pactul Verde European)

- lansat în 2019
- un set de inițiative și politici al Comisia Europeane
- scop final- **neutralitate climatică** până în **2050**
- alte obiective cheie vizează **economia circulară, industria curată, un mediu mai sănătos, o agricultură mai sustenabilă, justiția climatică și echitatea**



- proiect lansat în mai, 2022
- scop- eliminarea treptată a importurilor de combustibili fosili din Rusia, de a economisi energia, de diversificare a aprovizionării acesteia, produce de energie curată.
- a produs pentru prima dată mai multă energie solară și eoliană decât din gaz
- a asigurat accesul la o energie accesibilă și sigură, iar instalațiile de energie regenerabilă au crescut rapid



Nicolae Drîmboi cu ECOșosete



- Brand 100% românesc
- Fondat în 2019
- Propune o linie de șosete eco, fără cusătură la vârf, din bumbac reciclat, produsă 100% în România, a cărei fabricație economisește apă, energie electrică, nu folosește pesticide, nu afectează terenurile arabile și eliberează mai puțin C02 în atmosferă.





Svetlana Nițoreanu cu o afacere de succes cu alun ecologic



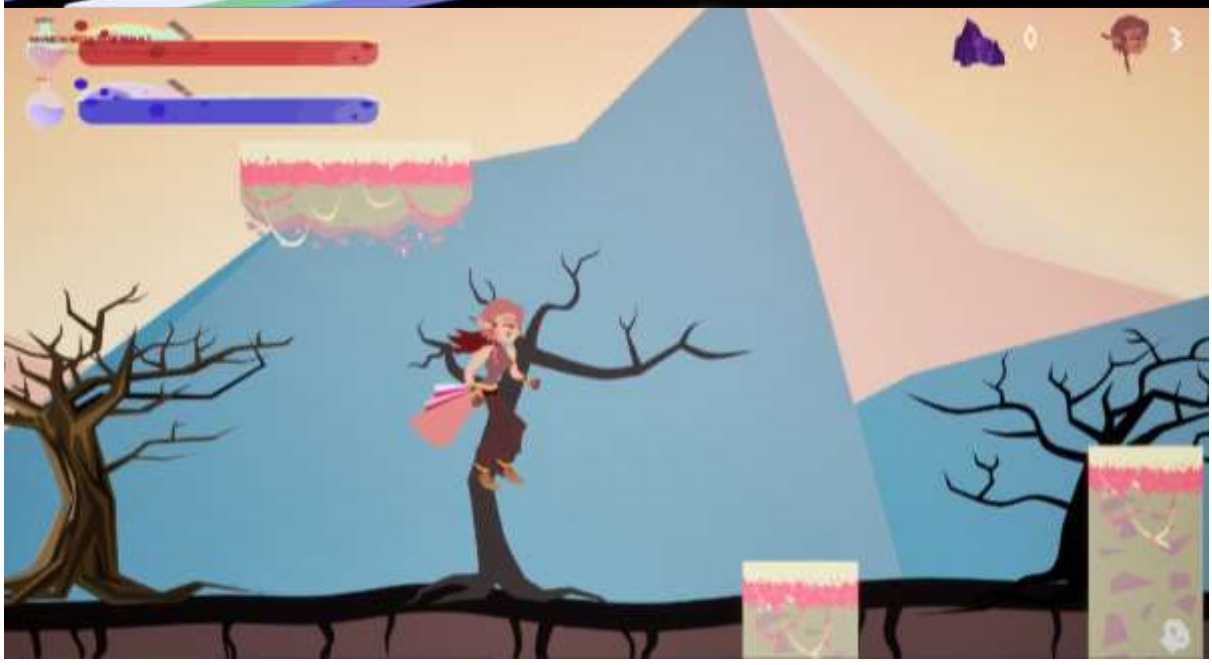
- Brand 100% românesc
- Fondat în 2015
- Propune producerea și promovarea alunelor ecologice, cultivându-le pe o plantație certificată ecologic în Republica Moldova.
- Centrată pe cultivarea alunelor folosind metode ecologice, fără pesticide sau chimicale.

Concluzia



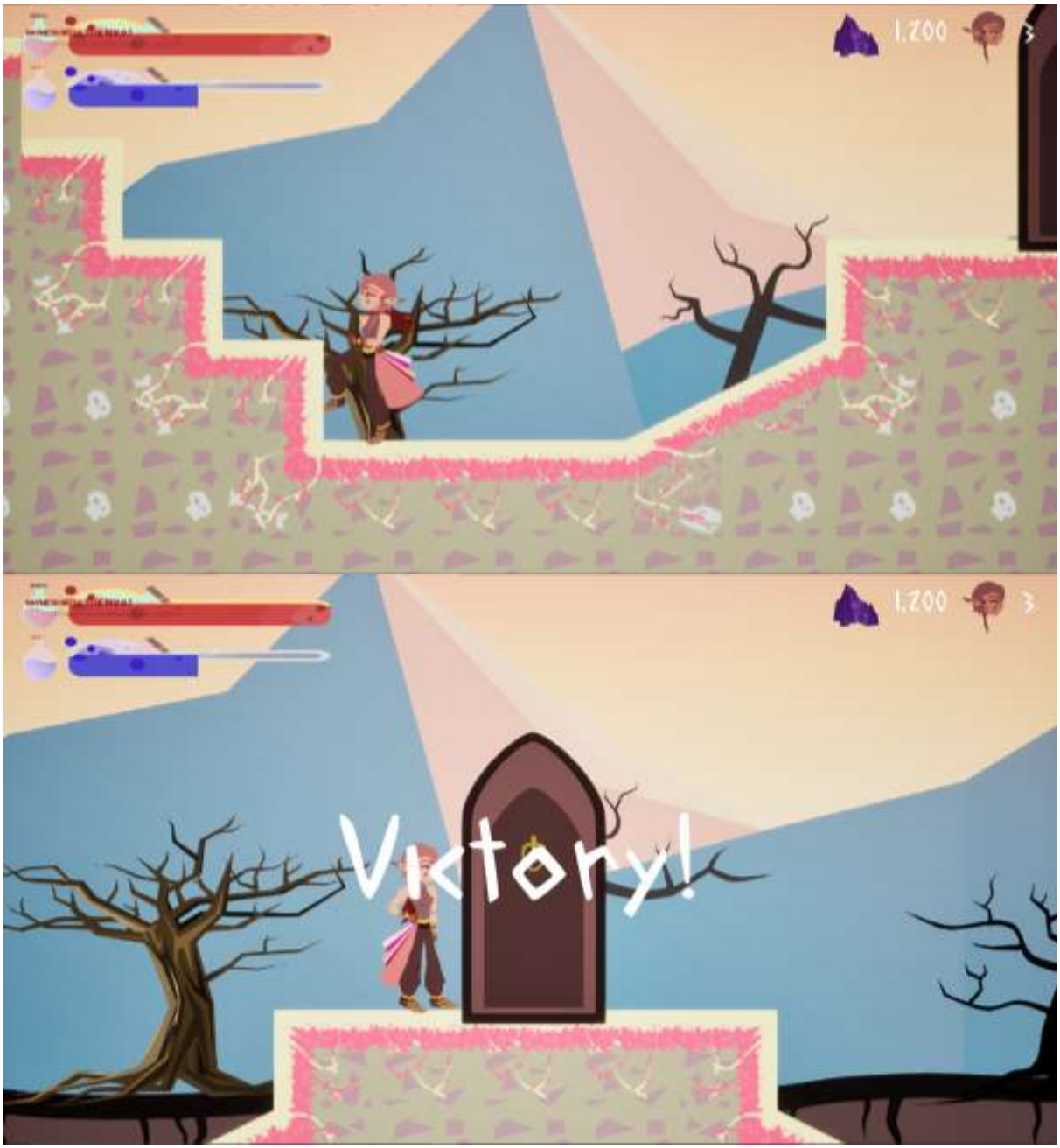
Of Ashen Wood (joc)






500
600
3


600
3
600
3


1,200
1,200
Victory!


Game Over